

# WORLD NUMEROLOGY



## Diamond Spirit Guide

TESTHAFEEZ TESTHAFEEZ TESTHAFEEZ  
[hafeezahamed.com](http://hafeezahamed.com)

By Master Numerologist Hans Decoz | [worldnumerology.com](http://worldnumerology.com)

## **WHAT THE DIAMOND CHART REVEALS**

The Diamond Spirit Guide is one of the oldest number-based methods of divination and perhaps the most powerful tool numerology has to offer. It reveals the chain of cause and effect that connects your physical and non-physical planes. It tells us how your experiences, choices, and priorities in the physical world affect your internal/spiritual growth, and how, in return, this affects the quality of your life on the physical plane.

An incomplete, rudimentary version of the Diamond was brought back from obscurity by the late Kevin Quinn Avery and later completed and re-birthed by Hans Decoz.

Each Diamond pattern consists of four numbers. The first is called the Challenge. Your Challenge is a lesson or test that, once learned, will benefit you for the rest of your life.

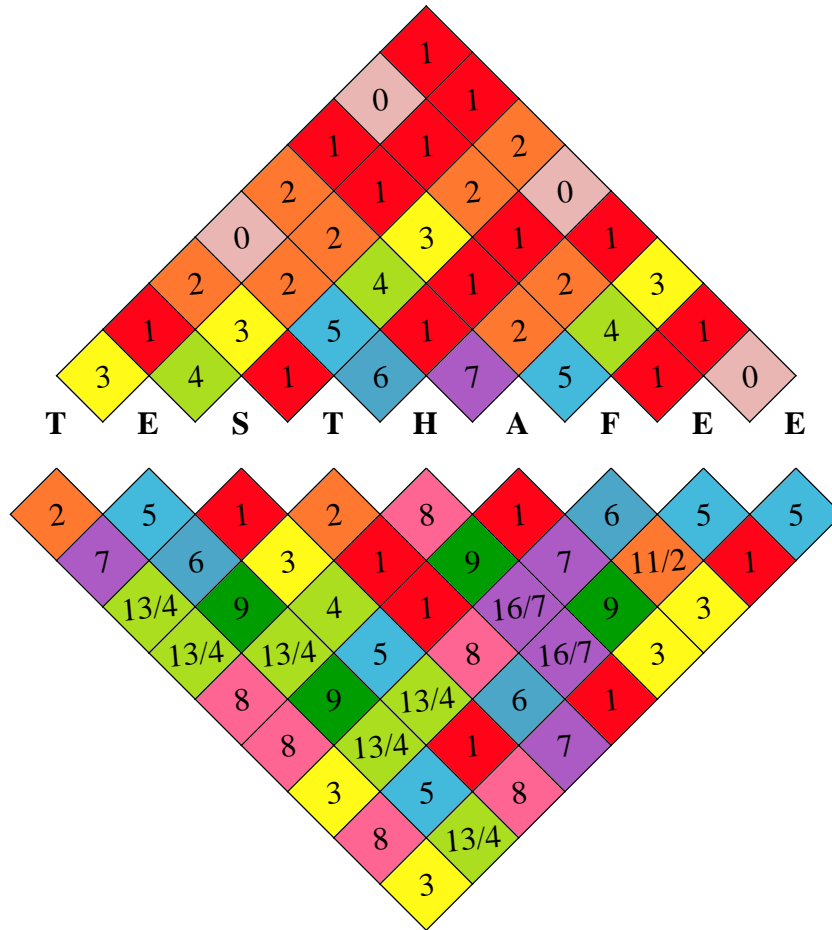
The second number is the Root or Cause and explains the underlying reason that lesson has emerged. The third number, the Recommended Action (also called Action Key), gives advice on the best approach for a successful outcome. The final number - aptly named the Outcome - reveals what the likely result of your efforts will be, and how it might affect your future.

Except for ages 0 through 7 and 75 through 81 we experience two Diamonds per year from birthday to birthday. These two Diamonds overlap and are equally important; they fit together as if working on one helps us understand the other.

Although most Diamonds are in place only for one year, it's not uncommon for one or both Diamonds to repeat the following year. Often one number - usually the Challenge number - lasts for more than one year, while the other three numbers change. Finally, a number that is the Cause one year becomes the Action Key for the next. The Diamond's structure is complex but also logical and beautiful.

A word of advice: getting the most out of your Diamond requires some measure of self-reflection, not unlike the I Ching. I recommend that you read it more than once, then let it simmer. You may be surprised at the amount of insight you gain.

Your report covers two years/ages from birthday to birthday. To avoid distraction, you may want to postpone reading the Diamonds for the second year until a couple of months before your next birthday, or if you do read them, go back to the two for your current age and focus on those.



## THE FIRST DIAMOND

*The first number in your Diamond is of a decidedly spiritual/inner nature. It's offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature. It reveals the true purpose of your struggle on the physical plane from a broad vantage point.*

### **Your First Diamond Challenge for age 25 is 5**

The 5 Challenge centers around freedom and responsibility and is usually accompanied by changes in your lifestyle that include removing existing limitations and expanding your boundaries. You may start your own business, or move to another city, perhaps even another country. It is not uncommon for this lesson to appear just as you leave school, the military, or your parent's home. Whatever the circumstances, they are likely to bring new opportunities. However, there is another side to this challenge involving restraint, self-control, and responsibility. When you are free to make choices, you earn the right to take credit for your successes, but you must also take responsibility for your failures.

You are likely to change the way you view the larger questions of life, if not the very foundation of your religious beliefs. Regardless of your convictions, they evolve dramatically during this period.

The 5 lesson helps you become more centered and in control of your life because it frees you from intellectual, spiritual, and physical constraints.

## **YOUR FIRST DIAMOND CAUSE**

*The second number in your Diamond reflects the underlying cause of the challenge you face this year. It is the catalyst that sets things in motion, the root of the issues confronting you during this period.*

### **The Cause for your First Diamond is 1**

At the root of your challenge lies a problem that seems only marginally related - the issue of control. Consciously or unconsciously, it is likely you have been in a position of power and dominance for some time, affecting the lives of others.

There are many ways this could have transpired. Others may depend on you financially or emotionally, or you may depend on them; either situation ultimately creates the same imbalance. It may have come about unintentionally as changing circumstances created a pattern of dependence and control. Regardless, you likely have influence over the happiness and well being of others in a way that is less than ideal, creating an imbalance that needs to be resolved.

This situation has the potential to limit your freedom, your creativity, and your ability to make choices that could further your career and happiness.

## **THE RECOMMENDED ACTION FOR YOUR FIRST DIAMOND**

*The third number in the Diamond pattern suggests a possible course of action to resolve successfully the issues facing you during this period.*

### **The Recommended Action for this Diamond is 8**

TestHafeez, this Diamond suggests a need to draw from your own strength, muster your personal power, and present yourself with authority. It is a period to be decisive, take charge, and act on your gut instinct and common sense with as little hesitation as possible. This will allow others to feel your confidence, motivation, and directness as well. It is a time of opportunity, especially in the areas of finance, business, and career.

As you move forward with this challenge, it is just as important to maintain balance in your

personal life. Be aware of your inner needs and higher ideals, and don't sacrifice your dreams.

The 8 brings authority, power, confidence, and accountability, but it also seeks balance between the material and immaterial domains.

## **THE EXPECTED OUTCOME OF YOUR FIRST DIAMOND**

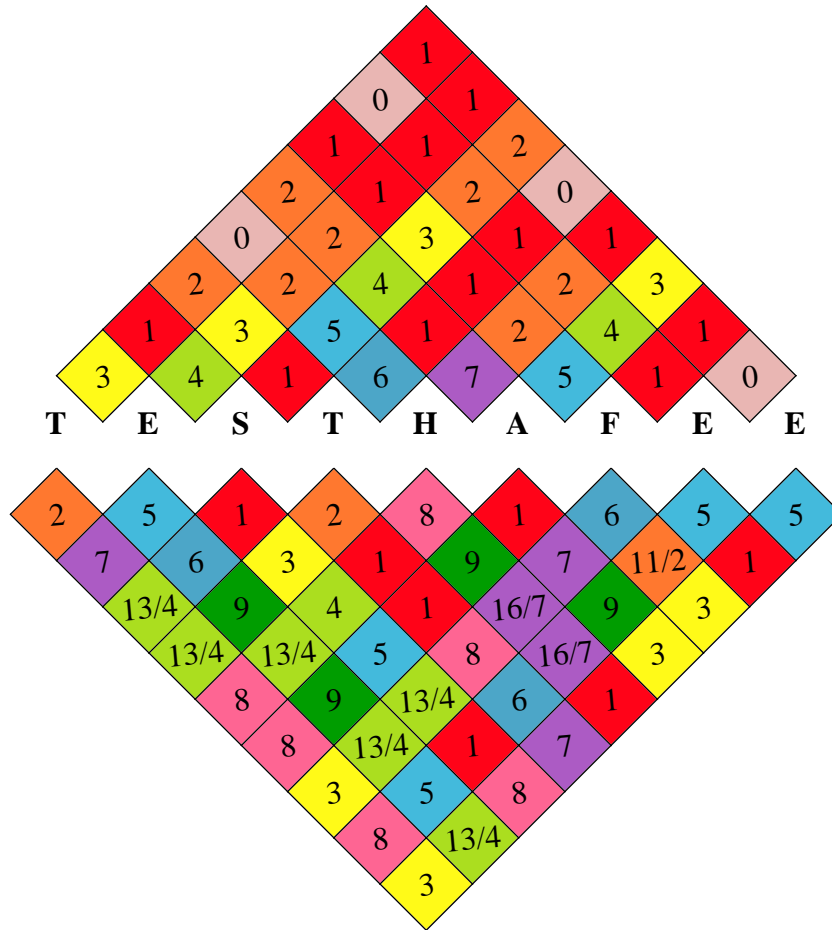
*The fourth number reveals potential changes in your personality and your environment as a result of your experience with the Diamond in place this year. Naturally, our effort and sincere desire to meet these challenges increases the possibility of a positive outcome*

### **What it means to have an expected Outcome of 4**

TestHafeez, a 4 in this position suggests that you exit this Diamond with a stronger foundation in your inner understanding as well as in the material world.

This diamond can inspire a more positive self-image, and help you feel more comfortable with the role you play in life. On the material plane, you should notice concrete and tangible improvements. This combination often sees improved financial circumstances and advancement in career or other practical areas of your life.

With effort we become more reliable and trustworthy; this, in turn, brings a sense of pride and strengthens our self-confidence. The 4 outcome suggests you have become more focused, have kept promises that may have been difficult to keep, and overcome temptations - all traits you can nurture to reach future goals.



## THE SECOND DIAMOND

*The first number in your second Diamond is again of a decidedly spiritual/inner nature, offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature.*

### **Your Second Diamond Challenge for age 25 is 2**

The lesson of this challenge concerns a perception you have of yourself. You either lack self-confidence and often feel inhibited or the opposite is true and you have an exaggerated sense of self-worth. Regardless of the expression, a 2 in this position points to an imbalance. If this feels true for you, your ability to relate to other people should shift once you have overcome this challenge.

As a thinking person, you are well acquainted with the rumblings of your mind. However, you may not always be aware that you are not your mind, but the entity "listening" to your mind. While this is probably not a new realization, recognizing it consistently provides clarity. It allows you to be skeptical of your ideas and thoughts, and receptive to possibilities that may be of more value.

This subtle yet powerful realization can make a difference in the way you view people who may not

share your views. It helps you separate the individual from their (evolving) ideas or convictions, making you less likely to judge them from a superficial perspective.

## **YOUR SECOND DIAMOND CAUSE**

*The second number in your Second Diamond reflects the underlying cause of a distinct challenge you will face this year. It is the catalyst that sets things in motion, the cause of the issues confronting you during this period.*

### **The Cause for your Second Diamond is 9**

You recently, over the last year or two, experienced several situations that upset your sense of justice and compassion. You may have witnessed - or been a part of - disturbingly unjust proceedings. You may be struggling with the question of whether you could have done something about it, and perhaps even feel guilt or regret that you held back when you might have helped. Whatever the circumstances, it is important that you find a way to set things right.

When the 9 is in the second place in a Diamond pattern, sacrifice is almost always an important part of rectifying or healing the concern.

## **THE RECOMMENDED ACTION FOR YOUR SECOND DIAMOND**

*The third number in the Second Diamond pattern suggests a possible course of action to resolve the issues facing you during this period.*

### **The Recommended Action for this Diamond is 4**

This is a period when effort, restraint, responsibility, and discipline are needed: put your nose to the grindstone, fulfill your obligations, don't procrastinate, and keep your eye on the goal. It's a time to be grounded and practical in all your endeavors. While this sounds like all work and no play, the upside is there should be no shortage of satisfaction and appreciation. With effort, you create more opportunities to reach your goal, and increase the likelihood of looking back on this period of your life with gratitude.

Not only does this effort result in tangible reward, you will grow as a stronger and more self-confident individual. Think of it as boot camp: difficult at times, but worth the effort.

The qualities required to successfully navigate this Diamond and upcoming opportunities are efficiency, focus, time management, and an eye for detail.

## THE EXPECTED OUTCOME OF YOUR SECOND DIAMOND

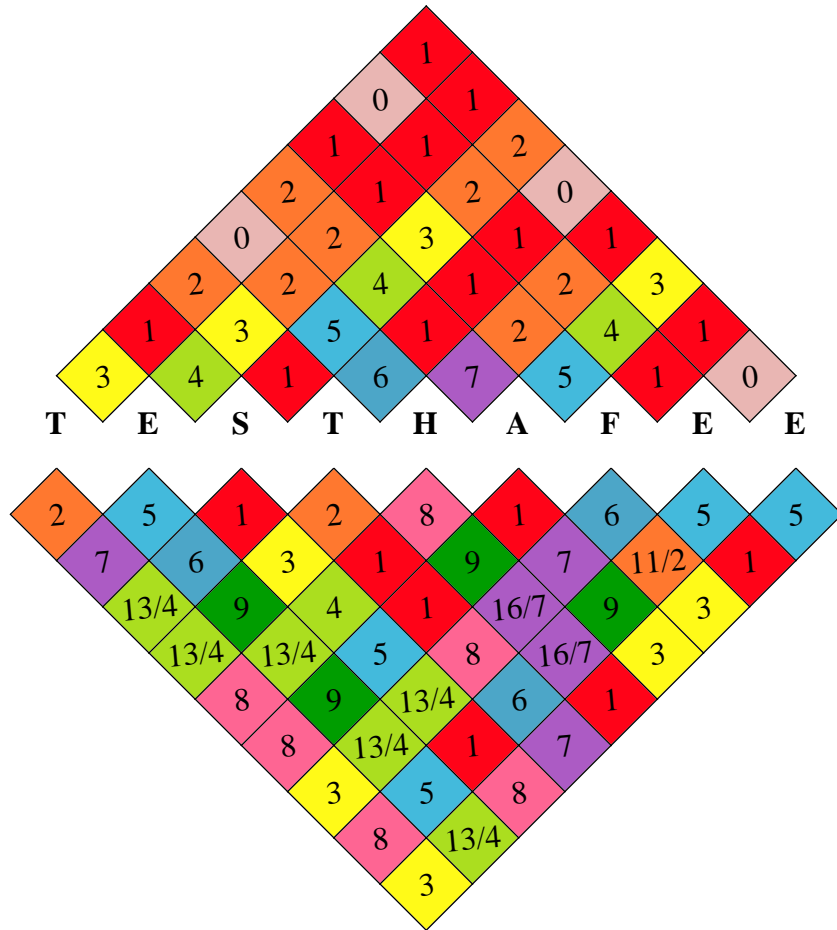
*The fourth number reveals potential changes in your personality and your environment as a result of your experience with the Second Diamond in place this year. Naturally, our effort and sincere desire to meet these challenges increases the possibility of a positive outcome.*

### **What it means to have an expected Outcome of 13/4**

TestHafeez, a 13/4 in this position suggests that you exit this Diamond with a stronger foundation in your inner understanding as well as in the material world.

This diamond can inspire a more positive self-image, and help you feel more comfortable with the role you play in life. On the material plane, you should notice concrete and tangible improvements. This combination often sees improved financial circumstances and advancement in career or other practical areas of your life.

With effort, we become more reliable and trustworthy; this, in turn, brings a sense of pride and strengthens our self-confidence. The 4 outcome suggests you have become more focused, have kept promises that may have been difficult to keep, and overcome temptations - all traits you can nurture to reach future goals.



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### **Your First Diamond Challenge for age 26 is 0**

A Challenge is one of the few calculations in a numerology chart that can produce a zero. Of the nine possible challenges, the zero challenge is perhaps the most important because it directly affects the well-being of humanity on a global scale. As if to emphasize this, it is also the most commonly found lesson and very likely to occur more than once during your lifetime (an average of three to six times).

Compassion, empathy, brotherhood/sisterhood, and unity lie at the foundation of your 0 Challenge. However, this challenge has less to do with emotionality than with an intellectual and basic recognition that every human being deserves your respect, your love, and perhaps at some point, your personal sacrifice. The potential growth and fundamental improvement inherent in this challenge has the potential to affect not only you, but also the global community.

You will likely experience more than your share of confrontation and turmoil. Events and circumstances require you to choose between opposing energies, such as love or hate, empathy or cruelty, sacrifice or apathy. You witness incidents of injustice and are challenged to choose between getting involved or walking away.

The zero challenge is about taking a stand and responding with courage, more than it is about good and evil. The choices you make during this period define you in countless ways.

The 0 challenge in a Diamond reflects the most primal struggle any man or woman can face. It makes this both difficult and easy; difficult because the easy way out can be tempting; easy because there is nothing subtle about the choices facing you.

## **YOUR FIRST DIAMOND CAUSE**

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### **The Cause for your First Diamond is 2**

This diamond aspect suggests the reason for the above challenge could lie in a mixture of misinformation, anger, or confusion. It is likely you feel mistreated (possibly in your work environment). You may have been the victim of gossip or false accusations. Although it feels personal, the reasons behind it may include biases that individuals, or society, hold against certain groups or types of people.

The issue may or may not have been caused by something you did in a concrete way. However, when a 2 appears in this position it usually means you are at least partly responsible for the image some people have of you. You may want to consider whether you are overly sensitive to certain issues or have been hiding part of yourself behind a facade.

Identifying the reason for the discord could be a big step on the way to resolution.

## **THE RECOMMENDED ACTION FOR YOUR FIRST DIAMOND**

*The third number in the Diamond pattern suggests a possible course of action to resolve successfully the issues facing you during this period.*

### **The Recommended Action for this Diamond is 5**

Think of this period as flying a kite, TestHafeez. You need to keep your feet on the ground while your focus and ambition are roaming, swirling and diving without restraint. Your mind should be as free as that kite but held firmly by a string controlled by (only) you.

We often allow people or situations, as well as ourselves, to limit our potential. Sometimes we work hard because we feel pressured by money concerns or living up to other people's expectations. Other times, we are drawn by a dream or personal goal. Although no less effort is required, there is a big difference in the way each impetus feels.

This diamond suggests it's time to let go of old concepts and ideas, in order to be elevated by your own dreams. Nurture your untapped potential by allowing new ideas to emerge, let go of past habits and worrying about what others may think.

Although it may not sound very practical, it may help to just watch the clouds go by, get out more, let go of old habits. There is no better way to get in touch with yourself and your dreams. Allowing your mind to wander and making room for the new are important aspects for recognizing and following your dreams.

Qualities that will help you navigate this Diamond and take advantage of approaching opportunities are flexibility, adaptability, having faith in yourself, and letting go of pointless restrictions.

## **THE EXPECTED OUTCOME OF YOUR FIRST DIAMOND**

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### **What it means to have an expected Outcome of 8**

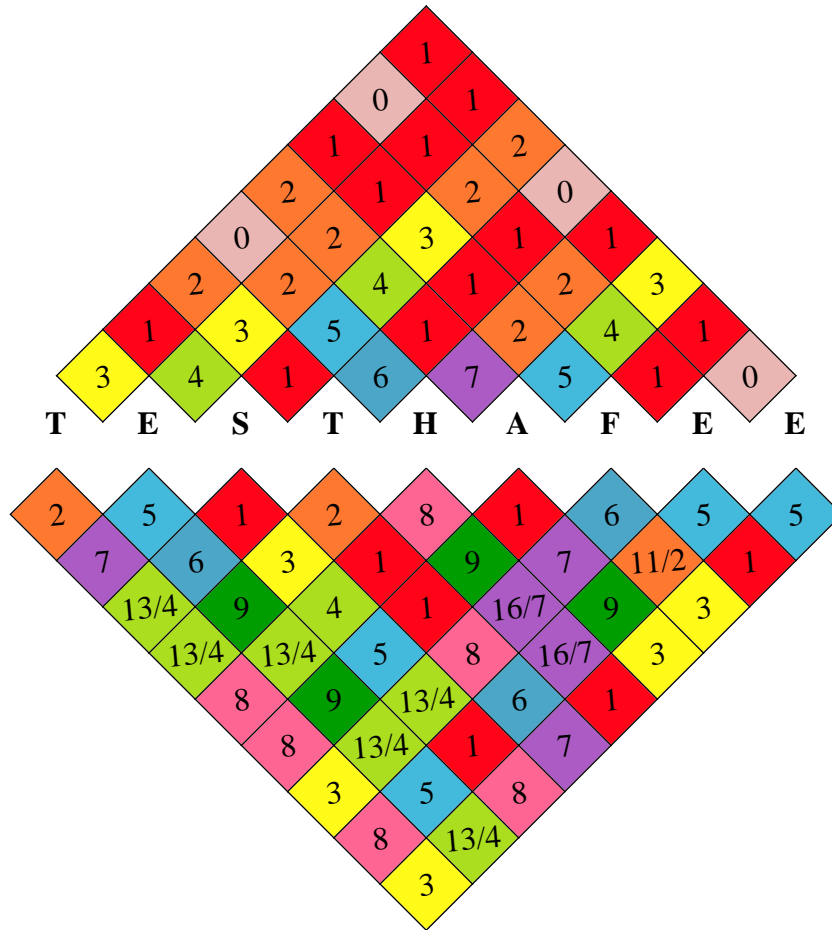
TestHafeez, of all possible outcomes, this is the one that is most clearly recognizable as either very positive or very negative. There is usually no middle ground.

The positive result is more common and often shows up as advancement in career, with potential for more authority and responsibility, even improved finances. There tends to be tangible and often surprisingly strong growth across the board: success, respect, and money. The positive traits of the 8 bring balance between the material and immaterial world, and influence ambition, generosity, leadership, visionary qualities, and strength.

The negative side of the 8 is just the opposite - and can result in a stagnated, declining career, or

financial difficulty. If you find yourself in diminished circumstances (compared to a few years ago) apply the suggestions offered by the third number in your Diamond, described above, and seek advice to reverse this negative trend.

Unlike other number combinations that speak more decisively about the outcome you will experience from this period; the 8 Diamond is less certain (although you most likely know the answer yourself).



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### **The Cause for your Second Diamond is 8**

Your root cause suggests you may have been feeling a little off balance, perhaps for as long as three or four years. You feel you missed opportunities - real or imagined - and doubt may have been gnawing away at you.

This combination can leave you feeling a little insecure about where you belong and what you should be doing, not unlike a rock climber suddenly experiencing fear of height halfway up the mountain. Nothing has changed; you are climbing with the same equipment, traversing a mountain like many you have climbed before, but your discomfort is real, nonetheless.

Insecurity and doubt have a positive side as well. They help you move forward more carefully and deliberately, thereby proving to be the very ingredients that can prevent you from taking a hard fall.

## **THE RECOMMENDED ACTION FOR YOUR SECOND DIAMOND**

*The third number in the Second Diamond pattern suggests a possible course of action to resolve the issues facing you during this period.*

### **The Recommended Action for this Diamond is 9**

TestHafeez, a 9 in this position asks you to devote extra time and attention to your heart, rather than your mind. During this period, you will attain the best results by being less practical and more idealistic. While this may seem a contradiction, it makes sense when viewed from a broader perspective.

Sometimes we set goals for ourselves hoping they will bring comfort and security, but our objectives are often limited by expectations or restrictions we have set for ourselves. This can obscure or curtail potential outcomes. There are times we aren't even aware that the destiny we desire isn't truly what we want, and once we reach our goal, we realize it doesn't measure up to

our expectation.

Allow your mind to wander and stay open to alternatives. Additionally, focusing more on higher ideals and less on yourself can expand your world and your possibilities.

Key ingredients for this period are idealism, selflessness, and humility.

## **THE EXPECTED OUTCOME OF YOUR SECOND DIAMOND**

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