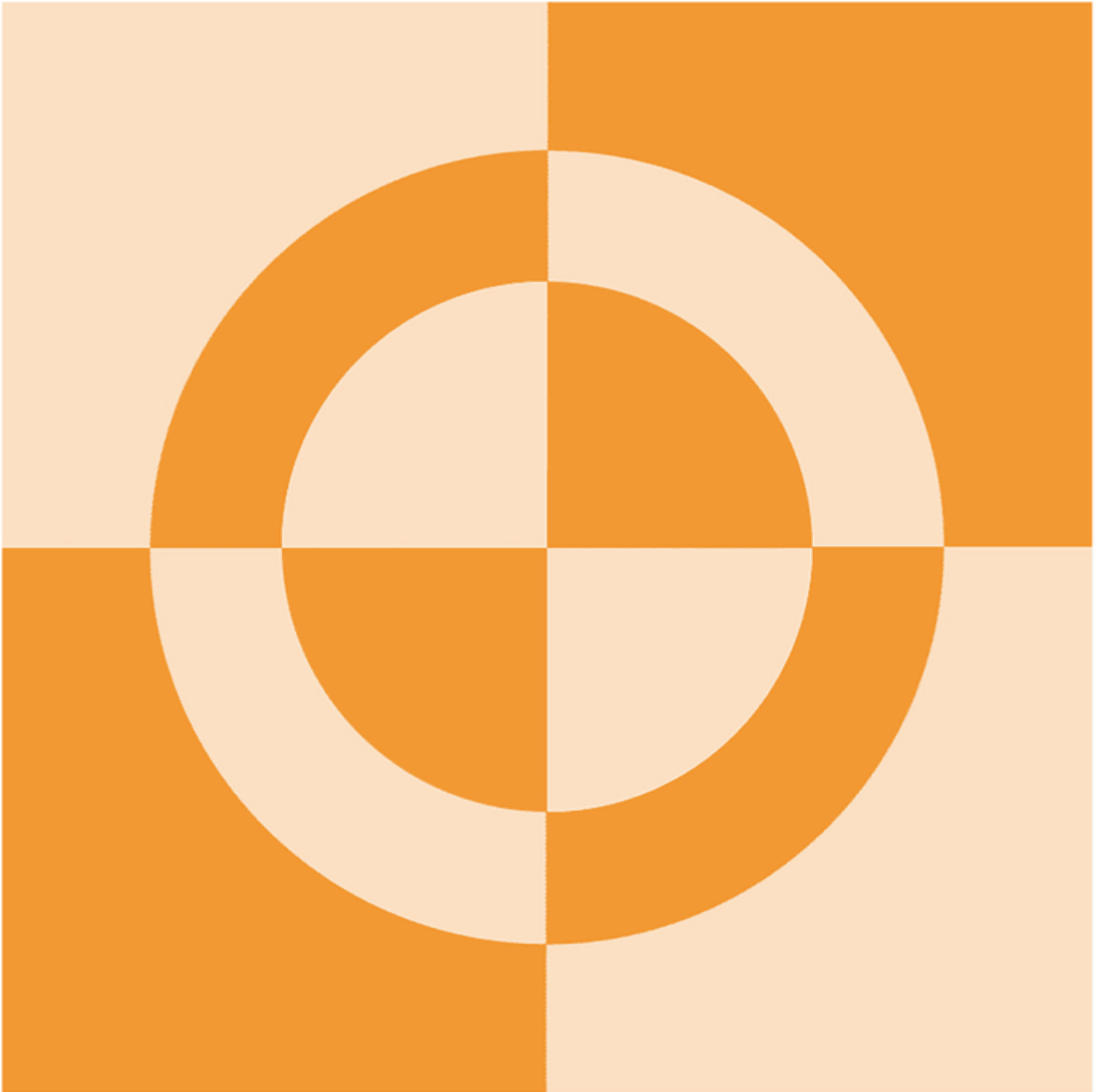


WORLD NUMEROLOGY



Personality Profile & Yearly Forecast

MICHAEL JOHNSON

By Master Numerologist Hans Decoz | worldnumerology.com



THE POWER AND LIMITATIONS OF NUMEROLOGY

Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.

To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.

A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages. You are unique, and so is your Profile.

I hope you enjoy your reading and will find it beneficial to your path of personal growth and insight.

YOUR PERSONALITY PROFILE AND YEARLY FORECAST

PART 1: ABOUT YOU

Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.

PART 2: YOUR PATH

Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

PART 3: YOUR PATH AND YOU

This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.

PART 4: SPECIFICS ABOUT YOU

Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.

PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.

PART 6: YOUR FUTURE

This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.

SUMMARY

Birth Name is Michael Johnson
Short Name is Michael Johnson
Birthdate is August-20-1990
Report start date is May-12-2026

Your Core Name Numbers

Your Expression is 38/11

Your Heart's Desire is 9

Your Personality is 11

Your Heart's Desire - Personality Bridge is 7

The Path You're On

Your Life Path is 11/2

Your Birthday is 20/2

Your Life Path - Birth Day Bridge is 0

Your First Challenge is 6

Your Second Challenge is 1

Your Third Challenge is 5

Your Fourth Challenge is 7

The Path And You

Your Life Path - Expression Bridge is 9

Your Maturity is 13/4

First Period Cycle is 8

Second Period Cycle is 2

Third Period Cycle is 1

First Pinnacle Cycle is 1

Second Pinnacle Cycle is 3

Third Pinnacle Cycle is 4

Fourth Pinnacle Cycle is 9

Specifics About You

Your Rational Thought is 8

Your Balance is 5

You have a Hidden Passion of 1,5

You have a Karmic Lesson of 2,7

Your Cornerstone is M

Your Subconscious Self is 7

Your Physical Plane Of Expression is 9

Your Mental Plane Of Expression is 31/4

Your Emotional Plane Of Expression is 22/4

Your Intuitive Plane Of Expression is 3

How Your Current Name Affects You

Your Minor Expression is 38/11

Your Minor Heart's Desire is 9

Your Minor Personality is 11

Your Future

Your Physical Transit for age 35 is M

Your Physical Transit for age 36 is I

Your Spiritual Transit for age 35 and 36 is O

Your Essence Cycle for age 35 is 1

Your Essence Cycle for age 36 is 6

Your Personal Year for 2026 is 2

Your Personal Year for 2027 is 3

your Duality for 2026 is 1 and 2

your Duality before your birth day in 2027 is 1 and 3

your Duality after your birth day in 2027 is 6 and 3

Your Monthly Cycles

Your Personal Month for May 5 2026 is 7

Your Personal Month for June 6 2026 is 8

Your Personal Month for July 7 2026 is 9

Your Personal Month for August 8 2026 is 1

Your Personal Month for September 9 2026 is 2

Your Personal Month for October 10 2026 is 3

Your Personal Month for November 11 2026 is 4

Your Personal Month for December 12 2026 is 5

Your Personal Month for January 1 2027 is 4

Your Personal Month for February 2 2027 is 5

Your Personal Month for March 3 2027 is 6

Your Personal Month for April 4 2027 is 7

Your Personal Month for May 5 2027 is 8

Your Yearly Cycles

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.

HOW YOUR NAME NUMBERS STACK UP

Michael, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name.

Your Core Name Numbers are 11, 9, 11

Michael, when the 2 appears twice among your three core numbers, as it does here (your 11 Expression is also a 2 ($11=1+1=2$), as is your Personality number), it carries the potential to have either an extremely positive or a very negative effect on your life.

The 2 is the most emotional of all numbers, and, as such, is more vulnerable to the surrounding environment, peer pressure, family circumstances, and childhood experiences. Your feelings of happiness and sadness are probably also more acute than many. The positive influence of an abundance of 11/2 energy is the natural ability to relate to others, and to accurately read and influence their mental and emotional states. Psychologists, counselors, politicians, and educators benefit from this sensitive, intuitive power. However, when the negative side of the 2 prevails, lying, gossip, petty crime, and a tendency to blame others, can be the result. It also tends to create intolerance toward other societies and cultures.

Fortunately, your 9 Heart's Desire number is a positive counter-balance, especially as it relates to the intolerance and lack of empathy typical in a negative 2. Tolerance, empathy, and global consciousness are some of the main characteristics of the 9. Nicknamed the Mother Teresa number, your 9 Heart's Desire helps you connect to people from all walks of life. However, there is another contradiction, because the 9 can also be aloof and distant, sometimes arrogant.

As your Heart's Desire, it is the number that reflects your deepest desires, your likes and dislikes, and the type of lifestyle that brings you happiness. A 9 in this position suggests you will be happiest in a career focused on the betterment of mankind. The idealism and passion of the 9, combined with the finely tuned, intuitive interpersonal skills of the 2 create the perfect mix for a career in politics, medicine, or education. Both numbers also have a strong creative streak, in the visual arts (the 9) and in music (the 2).

There are occasions in numerology when the difference between two numbers is just as important as the sum of their parts. Your 11/2 Expression and 11/2 Personality, next to a 9 Heart's Desire, creates a gap of 7 (9 minus 2). This gap becomes the Bridge number, which is precisely the role it plays. It suggests that the key to success in pretty much every aspect of your life hinges in large part on fulfilling the strong suits of the 7: studying, absorbing, analyzing, and most importantly, devoting time to self-examination and contemplation. Observe yourself as you observe others, be honest and objective in what you see, and you will enjoy the best your core numbers offer.

Now let's look at each of your core numbers individually.

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 38/11



- Most highly charged expression; a lightning rod for powerful ideas, intuitions, and psychic information
- A channel for higher vibrations; powerful presence without conscious awareness of it
- Must learn to control the flow of energy to achieve emotional and psychological peace
- Bridge between the unconscious and conscious; must harmonize the two
- Uncontrolled energy can cause emotional turmoil and nervous tension
- Enormously sensitive and aware; always sensed being different from others
- Difficult childhood due to extreme sensitivity; very shy and vulnerable
- Compensated through elaborate fantasy and daydreaming; still struggles to separate reality from fantasy
- Great reservoir of unexpressed emotion; very careful about sharing feelings and choosing friends
- Challenge is to develop earthy, grounded strength to balance sensitivity

- Highly emotional and dependent on relationships; mood tied to love life's fortunes
- Idealistic, impractical, and sometimes disorderly; expectations often unrealistic
- Decision-making blends logic, emotion, and intuition; hard to explain to rational others
- Needs a grounding vocation and discipline to be effective
- When balanced, one of the most unique and impressive of all; gifted with insight and illumination
- A natural teacher in whatever area entered

THE HEART'S DESIRE

The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 9



- Deepest desire is to serve humanity and advance the greater good
- Idealistic perfectionist; strives to make the world a utopia
- Fascinated by people from all walks of life; lifelong student of human nature
- Highly intuitive but naive; poor judge of character
- Craves fame and approval alongside desire to serve; not mutually exclusive
- Natural teacher, counselor, and healer; gifted mind and wisdom
- Drawn to the arts; acting, photography, and writing especially satisfying
- Dreams of making a big impact; genuine concern for others despite appearance of egotism
- Tends to overlook needs of those closest; must direct love more personally
- Emotional, sensitive, moody, and critical; high expectations of self and others
- Must learn to forgive when expectations are unmet
- Trap of arrogance cuts off from the people loved most; must stay humble
- Receives by giving; material success and spiritual satisfaction come through service
- Happiness depends on ability to serve and influence mankind

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 11



- Appears friendly, warm, and unthreatening; a safe harbor for others
- Neat and clean in appearance; should aim for more daring and exciting dress
- Clothing should be comfortable, soft, and flowing; avoid plain and understated
- Exercise important for appearance and projecting strength
- Sensitive to disharmony; becomes tense in conflict
- Childhood criticism left lingering vulnerability sensed by others
- Natural peacemaker; arguments leave you drained
- Must avoid becoming a blank tablet for others' projections
- Stronger than others perceive; bends but doesn't break
- Patient, understanding, and a wonderful listener; makes others feel important
- Fine sense of beauty and excellent taste; graceful movements
- Naturally attractive to the opposite sex; quiet passion sensed beneath the surface
- Uncanny intuition; often unrecognized or distrusted; a key challenge
- Master number qualities rarely fully mature until age 40
- Effects visible to others before 40 but often misunderstood
- Likely underestimated throughout life by self and others
- Must work on assertiveness and overcoming self-doubt

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer"

you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 7



This bridge can come only from a combination of either 8 and 1, or 9 and 2. This number urges you to spend more time and effort on spiritual matters, as either combination can cause a person to become too interested in material matters.

Excessive attachment to money, goods, and status quo can make you vulnerable to the temptations of the material world.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 11/2



The key word in your nature is peacemaker. Michael, you have the soul of an artist. You are extremely sensitive, perceptive, and a bit shy. These qualities are both your strengths and weaknesses, for while you possess enormous sensitivity to your feelings and those of others, that same sensitivity can cause you to hold back and repress your considerable talents. Sensitivity and perceptiveness are among your many fine qualities.

Because you intuitively know what people want, or feel, you can be extremely diplomatic and tactful. You are also patient and cooperative. You work well with groups and somehow find a way

of creating harmony among diverse opinions.

You enjoy music and poetry and require a harmonious environment. You have an eye for beauty and a fine sense of balance and rhythm. You have healing capabilities, especially in such fields as massage, acupuncture, physical therapy, and counseling. However, your sensitivity can also be your downfall.

Your delicate ego bruises easily and can make too much of someone else's thoughtless remarks or criticisms. Because you get hurt easily, you may tend to withhold your own thoughts and contributions to the matter at hand. This can cause you considerable resentment and anger. Too often, you run from confrontation to avoid a battle.

When you employ your considerable inner strength, you will discover your enormous power and abilities to direct difficult situations toward your own goals. It is the awareness of your inner strength that will give you the courage to use your own personal power when it is needed. You are a sensitive and passionate lover; your perceptiveness makes you aware of your partner's needs and desires, which you are able to fulfill with almost magical delicacy.

However, when you feel you have been mistreated or jilted, you can react with devastating power, sometimes using personal criticisms vindictively. Your awareness, diplomatic skills, and organizational talents give you the ability to bring off difficult tasks. You willingly step out of the limelight to facilitate the success of your endeavor. In truth, you are often the power behind the throne. However, you do not always receive the credit you deserve for the fine work you've done, or your role is underestimated, and your accomplishments overlooked.

Rather than brood over your losses, you need to confront those who would make less of your contributions and stand up for your accomplishments. You need security and comfort, quiet settings, and the company of loved ones. You are a perfectionist when it comes to your home and work environment.

You have excellent taste which is obvious in your private surroundings. You are a fine companion and possess a good sense of humor. Friends seek you out for your calming and peaceful company. You are a safe haven to other sensitive people, who recognize your compassion and understanding. When you have found your niche in life, you have all the talents and intelligence for great success. Seek out work that allows your sensitive nature to flourish -- be the glue that binds others together.

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the

approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 20/2



You are sensitive, intuitive, and diplomatic. You are aware of your surroundings and easily influenced by your environment. You love beauty and attention. Your sensitivity makes you highly emotional and vulnerable to being hurt. You can fall victim to depression and lack of confidence.

Your talents lie in personal relations and diplomatic skills. You are keenly aware of what is on the minds of others and can usually adjust to create peace and harmony with others. In the same way, you possess the art of a diplomat, helping others find the middle ground and area of agreement. You may also possess artistic and musical ability.

You are warm and affectionate and need the same from your close friends and loved ones. You want to be hugged and cuddled. There is a tendency to fall into childhood patterns when giving and receiving affection. You like to be made to feel secure and safe.

You are very cooperative and work best in partnerships. You enjoy being the power behind the throne, rather than the figure on stage. You are modest and kind. You have great diplomatic skills. Your intuition allows you to perceive what another wants even before he or she says it. You are the glue that keeps important projects and groups together. While you may not get all the credit you deserve, you are indispensable in any endeavor.

You can continue a project better than start it. You are very attentive to details. You need harmonious and peaceful environments. Without them, you can easily become stressed and high-strung.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 0



Your 0 (zero) Bridge shows that in order for you to get the most out of your particular Life Path and Birth Day numbers, you would do well to pursue a wide world view. Knowledge of other cultures and societies, through books, film, travel, and interacting with strangers can expand your awareness beyond simple

information gathering. It advances your self-awareness by strengthening your bond with humanity and creates a sense of freedom as well as comfort.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 6



Your challenge deals with distorted idealism. Your ideals are unrealistically high, making life difficult for you and others. You have a hard time being satisfied with anything you do, or with what others do for you. You lack gratitude. This prevents you from seeing the beauty in your life. You may also suffer from rigid thinking, which keeps you from having a clear perspective that would otherwise awaken you to the many good things you have received.

At bottom, this challenge is about having blinders on. You are unable to see a broader view, which makes you think you have all the answers. This keeps away information and perspectives that would be helpful to you. Your desire to be of service to others is sincere. However, it may be blocking you from seeing the necessity of working on your own inner development.

You can be domineering and righteous, often telling others what is right and what is wrong. You often feel a lack of appreciation from others.

There is an opportunity to be of service, to teach and heal, but you will have to achieve a balanced perspective between your idealism and your resistance to personal transformation.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 1



You must learn to be independent. You will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power.

You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual.

This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts. You will learn your own set of values; you will develop into an individual with original and innovative ideas.

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

Your Third and Main Challenge is 5



You are in danger of becoming a rolling stone. Your desire to experience and enjoy life can overwhelm every other priority you have. Your need for freedom dominates you. You want to try everything and go everywhere.

You must guard against overindulgence -- and even dependence upon -- alcohol, food, drugs, and sex.

You must work at establishing and maintaining long- lasting relationships. Be tolerant and understanding. This will enable you to have people in your life who are more than mere company.

You need to discipline your urge to change every situation that does not immediately suit you. Stick with projects, maintain your friendships, don't abandon people or situations the minute they become the slightest bit difficult.

If few fives are in the chart you have a fear of change and cannot let go of people and situations.

This holds you in the past, restricting your growth. Learn to take prudent risks and be more adventurous.

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.

Your Fourth Challenge is 7



You are highly skeptical of anything that cannot be proven to you. You are particularly doubtful of anything having to do with spiritual matters. It is, therefore, difficult for you to find a personal philosophy that would give you peace of mind and insight into the purpose of your life.

You repress many of your natural inclinations because they do not fit into your intellectual or rational thinking. You need the part of your being that you are now repressing: the child within.

All the characteristics that have to do with the irrational and holistic side of life -- spirit, humor, playfulness, and intuition -- are being shut out. Your challenge is to find some philosophy and, ideally, a community that will give you additional perspectives, and force you to bring out the many other characteristics that are a fundamental part of you. Otherwise, you risk loneliness and isolation. You have to learn faith.

When you consider that most of life is made up of the invisible world -- thoughts, emotions, insight, and love -- you can begin to appreciate that only a small part of life is within the domain of your senses.

You may have too much pride. You may experience a deep and humbling transformation that will set free the inner being you are keeping trapped within you.

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.

Your Life Path - Expression Bridge number is 9



MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 13/4



Your maturity will find you increasingly practical, organized, and far more down to earth. You will be capable of putting your ideas into concrete form. Your latter days promise to be a time of accomplishment and activity. You become more focused and goal-oriented and less willing to discard details and cut corners. There is little interest in a quiet retirement. You are too involved in seeing your plans and efforts come to life.

Your family and friends will profit from your four-maturity number because of your increasingly helpful and reliable nature. However, you must guard against becoming rigid, narrow minded, and opinionated, especially if already several fours are found in your chart. If you are lacking 4s, or have only one or two of them, you will benefit by your increased understanding of systems,

organization, and the rewards of a methodical approach to life.

It will do you good to take your time to relax and enjoy the flowers every day.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 8 and lasts until age 34



An 8 during your first Period Cycle puts the focus on accomplishment at an early age. You likely grow up under some pressure, perhaps from an overbearing adult. Some children may experience this in a boarding school, foster care, religious organization or institutional environment.

A search for balance is the dominant influence when the 8 is present. Due to its focus on personal growth, extreme circumstances are often part of this cycle. You likely grow up in either a wealthy environment or hardship; part of a large family or as an only child; in a major city or somewhat isolated area. You have a need to modify extreme circumstances in your environment.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 2



The middle part of your life is a period for learning to tune into your sensitive, intuitive side. You are drawn to interact with people on a personal level. You recognize the subtle signs that reveal what others are experiencing, and your ability to influence people improves. You become more diplomatic and tactful and are able to diffuse potentially troubling situations.

However, you may also feel you are growing more fragile. Emotions play a large role during a 2 Period. It is your challenge to maintain a realistic perspective, and to stay grounded. Devoting time to the arts, especially music, ballet, theater, and other performing arts, helps you feel connected and involved.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 1



The latter part of your life will likely find you in a position of leadership. You act rather than react; you are an instigator, a self-starter. You may move in a new direction during this period. You will need to be proactive to overcome obstacles. Courage, self-confidence, and perseverance (more than the support of others) will be required to reach your goals.

Many people become less active or involved when they reach their later years; you experience renewed energy and drive. This is a period of integrating different aspects of who you are and focusing on your life's dream. The people who are close to you may suggest slowing down, but you are meant to make your greatest advancement later in life.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how

you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 1 and runs from birth until approximately age 34



This is a period requiring much independence, courage, resiliency, and initiative. You must bounce back after many difficult experiences. The challenge of this Pinnacle is to gain will power. There is not a lot of support from others or from family. You must draw from your own strength. You will have to guard against self-pity or surrender. Keep focused on your dreams. This Pinnacle will require an iron will to keep hold of your goals, and also the flexibility to maneuver around difficulties, and bend with the winds of adversity.

This is a period of rapid self-improvement and growth. You will be forced to use every talent and capability you possess. You will need to be resourceful. You must continually put out effort, but with it comes great reward. Without it, there is no accomplishment nor satisfaction, only a negative attitude toward life. Be careful not to become too self-centered, headstrong or self-important. Be strong but flexible. Be open to the counsel of others but make up your own mind.

The benefit of this Pinnacle number is a strong sense of your individuality and strength. You will know what you are made of. There are many hidden gifts in this period, perhaps the greatest of which is faith. Your Pinnacle provides you with the characteristics of leadership, boldness, and daring. You will have many unconventional ideas and the skill and courage to make them a reality. Your abilities to manage and organize people and institutions are greatly enhanced. You have vision and confidence in the worth of your dreams.

These characteristics provide great opportunity for success and major accomplishments.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 3 and runs from age 34 until age 43



This is a highly creative period. Your self-expression is greatly enhanced. Your creative and artistic talents will peak. You should do everything possible to refine these abilities and make the most of them. Many under the 3 Pinnacle are drawn to writing, the theater, singing, and dance. Your chances of success are also heightened. Hard work in any artistic field that one has a talent for can result in much reward. This is also a highly social and emotional time. You attract friends and admirers with your charm and gregarious nature. You have the ability to inspire and motivate people. Your upbeat energy causes people to want to work with and for you.

This is a lucky period, as well. You can overcome problems with considerably less effort than in the past. All of this can lead to self-indulgence and lack of productivity. Life is a little easier, which can make you less vigilant. You need focus and discipline. Under the influence of this Pinnacle, hard work is the key and the challenge to making the most of your opportunities.

Be careful of impulsive behavior or doing things on a lark. You must know your limits during this period. Be careful of your money; balance your accounts. Guard against disorderly thinking and behavior. Otherwise, you may do things you regret or simply squander away so many opportunities.

Children born under this Pinnacle must be disciplined and kept from being spoiled. An early education in the arts will inspire the child to make the most of his or her artistic talents.

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 4 and runs from age 43 until age 52



This is a Pinnacle of hard work and many rewards. You have the opportunity to build a foundation that will last. Your ability as an organizer, manager, or simply the rock of any institution is greatly increased. You are dependable and reliable. Your ability to fulfill responsibilities is likewise enhanced. As a result of your industry and perseverance, success is well within your reach. It is a step-by-step process in which you build something by small bricks laid one after another.

You will find yourself caring for others in a very material way. Family and in-laws can be burdensome, since you are seen as the cornerstone of the foundation.

Your life is preoccupied with details and responsibilities that must be taken care of. You have set

in motion projects that are your children, demanding your constant attention. While there are many rewards, there are also many frustrations. Your sense of your own limits and the consuming nature of details may at times seem overwhelming. You must remember that things that last require slow growth. You may mistakenly believe that your progress should be faster or happen with greater ease. The need for efficiency, orderliness, and methodical systems limit your creativity. Your challenge is to be flexible and adaptable. Learn to play more and allow yourself to be more spontaneous.

Children born under this Pinnacle will tend to be serious and affected by the financial limitations of their parents. The child may feel the need to leave home early and start a family of his own. He or she must be encouraged to be more farsighted and flexible. The child should avoid jumping into the harsh realities of life too soon.

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Your Fourth Pinnacle cycle is 9 and runs from age 52 until age death.



This is a period in which you must identify with some larger project or goal that is bigger than you, Michael. Your greatest satisfaction will be in providing for others, as well as for yourself. Those in business will draw much personal gratification in knowing that they are helping their employees support their families. Those involved in social activism -- a particularly appealing choice of careers during the 9 Pinnacle -- will feel themselves strengthened by the knowledge that they are advancing the safety and well-being of society. The 9 Pinnacle is a time in which you apply your energies to the good of the larger community. As a result, there is an element of self-sacrifice present. To some degree, you must subordinate your personal priorities to those of a larger cause. We are not suggesting martyrdom but making a conscious effort on your part to strike a balance between the good of your milieu and your own personal desires.

This is a good time for financial growth and progress in business affairs. It is a period in which you face a large challenge and must give yourself entirely to it.

The 9 Pinnacle also promises much reward in drama, writing and art. You have a heightened esthetic sense, and any latent artistic talent you already possess will be enhanced and brought to the surface. If you have been in business, you may suddenly be drawn to the arts as a benefactor or patron, supplying support for theater productions or artists.

You will feel an increased sense of social responsibility and compassion for the many. You will want to help those less fortunate than yourself and will likely apply yourself to some social cause or philanthropy. This is a period in which you feel a greater love for the good of your community,

country, and the world. Interestingly, you are not restricted by prejudice or boundaries of class or country. You see humanity as a whole. Your love is not personal, however, but for the many.

Many under the 9 Pinnacle are drawn to religion or philosophy and have the capacity to spread some doctrine or teaching. In short, you are highly idealistic. You will likely travel extensively during this period and meet people from many walks of life.

No matter what your area of expertise, you have a chance not only for success but for fame.

PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 8



You are the visionary, and you focus on the larger picture. You ignore the details in favor of spectacular solutions. You love to blow someone's mind.

You understand the balance between the rational and the irrational, and you have no problem combining the two. You have a vivid imagination and you are often surprised that others don't immediately grasp a concept that seems clear and logical to you. You have little patience when others allow fear and caution to slow down a project.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 5



Try to focus on your problem, Michael, rather than avoiding it. You may try to avoid the issue by indulging your senses to keep from feeling the pain of a conflict. Be careful not to escape into food, alcohol, and drugs.

You are capable of finding a highly-creative solution to any situation the minute you put your mind to it. The answer lies well within your grasp.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

Your Hidden Passion number is 1

You have a strong drive to stand out. You have a great ambition and desire to accomplish. You are highly competitive and want to be the best and the first in everything you do. You are highly energetic and creative. You are capable of influencing and even dominating others. You have highly developed political skills and can succumb to manipulation unless your ideals are high. Ironically, there are times when you lack confidence, especially at an earlier age, but you have the strength to overcome this obstacle.

You are a survivor, a warrior, a leader. Many great athletes and politicians have this number as a Hidden Passion.

Your Hidden Passion number is 5

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many

5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Michael, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.

Your Karmic Lesson is 2

You must learn to be more diplomatic and tactful, to stay in the background when necessary and sometimes to accomplish something without the need to be praised and rewarded. Learn to be part of a team. You must learn to be more sensitive to other peoples' needs and feelings. You will regularly find yourself in a situation where the only road to success is through patience and attention, requiring you to work closely cooperatively with others.

The effects of this Karmic Lesson are diminished if you have at least one 2 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 7

You need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own

critic, without self-condemnation, in order to bring your abilities to their full development. You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is M



You are energetic and hardworking with a touch of the workaholic. You are efficient and do not tire easily. You likely have a strong physical constitution. You are domestic and want financial security. You are tolerant and can endure hardships. You must be more patient with others.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 7



You can appear indifferent to your surroundings and somewhat aloof. You are well-balanced and can survive many a stormy time. In time of trial, you withdraw within yourself finding solace and answers, in your creative and analytical mind.

You may be a bit of a loner and do not easily share your feelings with others.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes

of Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 9



You have a strong presence. You are charismatic and have a dramatic flair in your personality, which may direct you to the theater.

You are also drawn to politics, publishing, promotion, and public service -- any career that requires a certain amount of time before the public. You are attracted to doing things on a large scale.

You are a humanitarian. You are concerned about the wellbeing of society. You have a great deal of compassion, tolerance and generosity. You are highly idealistic and a bit of a dreamer. You are not particularly practical, however. Very often, you are not understood by others, and sometimes considered indifferent and aloof.

In some way, you want to please everyone and tend to give promises that may be impossible to keep.

If you develop your abilities, you have a significant chance to become famous.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 31/4



Michael, you are a fine planner with a good eye for details. You are very conscientious and practical. However, you can get lost in the details of a project and lose sight of the larger picture.

You must learn tact and give others -- especially family members -- room to live according to their own standards. You can be somewhat domineering, especially when you are concerned about their general well-being.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 22/4



emotional plane You distrust emotion. You want to control your emotions. You love order, which makes you dislike any sort of emotional situation, or turbulence. But this repression can cause you much anger and even nervous tension. There is an unnecessary acceptance to unfavorable circumstances and relationships. This should be avoided.

You can manage and organize; you are good with details.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 3



You are very original, imaginative and sometimes have fantastic ideas about spiritual matters. You are very artistic and inspiring. You have a talent with words and may be drawn to the pulpit.

Your intuition is above average, but you tend to color and exaggerate your insights.

PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 38/11



Your short name increases your sensitivity, intuition, and perceptiveness. It leads you toward deeper investigation of the mysteries of life. You are attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Expression number makes you more sensitive to your own shortcomings. It encourages you to work on yourself. You cannot avoid personal transformation under this influence.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate. Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

Your capacity to work with others is also improved. You are now humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 9



The shortened version of your name broadens your outlook on life. It makes you more compassionate, socially oriented, and concerned for the welfare of humanity. Your Minor Heart's Desire increases your idealism, and capacity for self-sacrifice toward a higher goal. You want to make a difference in life.

You may be more likely to hold yourself aloof and thereby making it harder to find the personal love you need.

Your appreciation for the arts is increased, and any artistic talent you may have is enhanced. You may want to become more of a teacher and are attracted to knowledge that will further this ambition.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Personality is 11



You appear friendly and unpretentious. You have a soft and warm exterior. Others perceive you as a gentle, safe harbor. People are drawn to you because, among other reasons, you appear warm and unthreatening. You dress neat and clean. Your clothing should be comfortable, soft, and flowing.

You are very patient and understanding, and a wonderful listener. You make others feel important and loved. You are a peacemaker. Arguments leave you drained. People sense your desire for harmony.

PART VI: YOUR FUTURE

The next chapters deal with your ever-changing cycles and how they affect you.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age 35 is M



This is a time for hard work and a practical approach. You may appear reticent or remote which can create distance between you and those you are close to you; try to express your feelings. Relationships may be demanding and require more sacrifice.

Think carefully before making important decisions. Try not being impulsive and don't let your changing moods influence your direction. Take your time!

Your Physical Transit for age 36 is I



This could be a particularly emotional time with many ups and downs. The I Transit can make you feel high-strung and vulnerable to stress - and somewhat accident-prone. This period requires calmness, centeredness, and an acceptance of life. Do your best to control your moods and try not to slip into feelings of self-pity or insecurity. This year should also find you quite competitive, with opportunities to achieve success and financial reward.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age 35 and 36 is O



This is a time of strong emotional experiences, which can affect your health if you are not mindful. You may find yourself worrying unduly. It is likely that more responsibility will be placed on your shoulders, with sensitive, emotional issues involved. You will find yourself more interested in religious, philosophical, and physical studies. Your leadership abilities will be heightened during this transit.

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Your Essence for age 35 is 1



You will now begin an entirely new phase of your life. You are on the threshold of a new beginning. Not only will fresh ideas come into your life, but you will accept and even embrace them. It is a time of radical change, and in all likelihood, you are ready for it. Now is the time to advance the new and let go of the old. All inefficient methods will have to be eliminated from your life. In the same way, you must let go of relationships that no longer serve your future. Discard habits and liabilities that you have been holding on to. A

new identity is emerging, one that is efficient, innovative, highly creative, and courageous.

Your leadership qualities will rush to the surface. Your environment will demand that you stand up to challenges, and face difficulties head on. You can no longer hide from the truths of your life. The facts are now blatantly clear. Michael, you must make a stand. Change is a given. But you possess the power to make those changes. All you need is the will and the energy to enact your plan.

This is a period of struggle and great reward. You have the chance to achieve independence. But it will not be handed to you. You must wrest from old habits and inertia of the past.

As with all beginnings, this one will be marked by false starts and blind alleys. You will be forced to start again and again. You are like a baby learning to walk. There will be falls. You will have to persevere. This is a period in which your willpower will be tested. You are, in fact, forging your own determination. You must not give up. But the rewards are great. The general influences are raising you to new heights of independence, courage, and self-esteem. At the conclusion of this 1 Essence, your self- knowledge and self-respect will be greatly increased, as will your capacity to stand on your own two feet.

Your Essence for age 36 is 6



This is a time of responsibility, duty, family matters, and high ideals. Michael, you will be called upon to support others and maintain a high life condition while you do it. Others look to you as an inspiration and a source of guidance. There is an element of self-sacrifice present in that you must serve those closest to you.

Unselfishness and a willingness to be of help to others are the keys to your success.

You will likely experience advancement in business, career, and financial matters. Progress comes more easily during this period, as new opportunities open up to you. At the same time, your achievements bring added responsibility and new demands. You will have to devote yourself entirely to the task at hand to realize your goals.

This can be an emotional period, as family members may be demanding. The whole issue of love comes to the forefront. Your ability to love and be loved will become starkly clear. This is an essence during which many marriages and divorces take place. People discover how much they truly love their partner, or how little love they have in their lives.

Protect your family relationships. Work to maintain harmony in your home. Especially stay focused on the needs of children.

There can be a domineering figure in your life who can oppress you during this time. The key is to

be balanced and centered when dealing with all authority figures. Refuse to act rashly or emotionally. Remain focused and in harmony with your long-term goals.

If you keep a strong hold on your ideals, you will gain many supporters and admirers. This brings many great rewards and much appreciation. New and lasting friends come into your life now, and many seek to advance you along the lines of your abilities.

There is a strong artistic urge present. Those with artistic talent, or already working in the arts, will find their abilities greatly enhanced, with many new and rewarding chances for advancement. Most people under the 6 Essence will improve their lives and experience growth in their career goals.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2026 is 2



This is a year to carefully protect and nurture your plans. You will be like a mother watching over her children, conscious of every threat, real or imagined. You need tact and cooperation to keep yourself moving forward. There will likely be confrontations with others, requiring a subtle and gentle approach. You will have to stay focused on your goals, yet use intelligent persuasion. Being forceful may work against you; compromises will work in your favor.

You will be unusually sensitive and may wonder at times what happened to the drive and momentum you felt last year. This year requires something else from you now -- a delicate sense of balance and a willingness to go around obstacles, without losing sight of your goal. You may

also experience some emotional depressions and frustrations. The year is marked by struggle, but there are many opportunities to advance your plans. This is a year of slow growth, requiring patience.

Be discriminating in your associations and secretive about your plans. Don't talk too much about your ideas; be a bit secretive; guard yourself and your ideas. You are somewhat vulnerable this year.

This is a good year to improve yourself through reading and research. Your growing awareness of the less visible and less obvious aspects of life will make you much stronger and better prepared for the future.

You must be wise in all your relationships and associations this year. You are far more capable of establishing close, even lifelong relationships this year. Because sensitivity and openness are heightened, many people find their "soul mate" in a two year.

May is the pivotal month in the year. You are extremely intuitive and sensitive. You are also self-reflecting and better able to influence your peers and situation through spiritual awareness. July brings a culmination of plans and a distinct step forward. August sees things become more concrete and brings a new beginning. September is emotional, requiring adjustments, tact, and inner resolve. The 2 year is a year of growth and advancement, but through gentle means, and the indirect use of your personal power.

Your Personal Year cycle for 2027 is 3



This is a year of expansion and personal growth. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events. More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a time to appreciate all that you have.

You are highly dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus. It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration.

This is a pleasant time in which friendship is enjoyed and love shared easily.

This is often a good financial year, particularly if your creativity is well directed. Surround yourself

with upbeat and positive people.

You may travel more than usual, which in all likelihood will be filled with exciting people and pleasure. Control this year's tendencies towards glamour and extravagance, yet allow yourself more room to enjoy and celebrate.

You communicate well this year and are more capable of getting your ideas across.

February brings changes; June sees the completion of a project and July signals a new beginning. August can be emotional, as can November.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality for 2026 is 1 and 2

After reading your 1 Essence and 2 Personal Year chapters, Michael, you probably noticed the two cycles seem to conflict. However, although the 1 and 2 have opposing traits, the combination is not necessarily negative. At their best, these influences balance and supplement each other, not unlike a partnership where one partner is pushy and the other tactful. It is a marriage between

uncompromising force and diplomacy.

But there will also be moments when the two clash. Your 1 Essence state of mind will feel bold, ambitious, and goal-oriented during a period when your 2 Personal Year will often demand cooperation and a sensitive, diplomatic approach. This will require a balancing act. When you feel impatient or realize you are forcing an issue, consider taking a slower, more considered approach and be open to the opinions of others. Keep in mind that forgoing immediate gratification in the interest of reaching long-term goals is usually a prerequisite for success.

Your willpower and ability to blow past obstacles can make you a force to be reckoned with this year. Your main challenge will most likely be controlling your impatient, audacious attitude in favor of a more harmonious approach.

Although not always the case, you will find that the gentle approach works most successfully in your personal life, while your career benefits from a driven, goal-oriented attitude. When you deal with practical and professional matters, take a no-nonsense, direct approach (let your 1 Essence rule). When relationships are involved, especially in your personal life, employ the 2's cooperative, tactful demeanor.

To highlight the conflicting nature of these cycles, consider this: your main challenge under this Duality is to strengthen your independence and individuality; it is the purpose of a 1 Essence. However, the events and circumstances that commonly take place during a 2 year have the potential to leave you emotionally vulnerable and manipulated by others. Knowing this, you can take steps to protect yourself during a period when you will likely feel more sensitive than usual.

Your greatest assets this year will be your ability to relentlessly pursue your goals, and your talent for gaining the trust and support of others.

Your Duality before your birth day in 2027 is 1 and 3

Your 1 Essence will lend a bold, refreshing, ambitious state of mind, and your playful, creative 3 Personal Year has the potential to lighten things up. This is generally a positive combination, Michael, because when you are looking for a way to make a new start (consciously or subconsciously) having a more creative mindset can only help to expand the possibilities.

The challenge in this combination will likely be in choosing your goals carefully and keeping an eye on the details. Make sure your goal is achievable, as the scattered, somewhat irresponsible 3 can be impractical and unrealistic. Although you will be goal-oriented and striving for progress, actual success will require that you bring discipline and order into the mix. Without it, you could lose focus and manage your priorities poorly.

The 1 can be overly direct, even rude, and the 3 can be superficial. In combination, the influences have the potential to make you somewhat insensitive in your relationships. Additionally, you may find you would rather play, work, or pursue creative ideas than deal with emotions (your own and those of others). These distractions can make the 1 and 3 combination difficult for relationships, particularly with friends and co-workers. Romance and family relationships are less likely to be negatively affected. Always important, try to take a gentler approach with personal relationships than you do in your career, and give time and attention to the needs of others.

Your Duality after your birth day 2027 is 6 and 3

Michael, a 6 Essence inspires a warm, caring state of mind and the willingness to take on more responsibility. It is a pragmatic, harmonious influence for your career as well as personal relationships. The 6 helps you feel more stable and comfortable with your emotions, which attracts others seeking support, comfort, and advice.

The chapter on your Personal Year talked about creativity, communication, optimism, and inspiration. It also mentioned the lack of focus and light-hearted (if not frivolous) attitude common to the 3. It is easy to see where the responsible, caring traits of the 6 might conflict with the playful, sometimes superficial manner of the 3.

The 3, although generally a good communicator, often flounders when dealing with serious emotionally charged matters (the opposite way a 6 would respond). Being aware of this incompatibility can help you devote added attention to important personal relationships and inspire you to communicate more intimately.

The 3/6 combination is good for business, career, and other productive endeavors, especially if your job requires personal interaction and creativity. Artists, lawyers, skilled artisans, entrepreneurs, and retailers are well supported. This team is not as well suited for those who deal with personal issues on a deeper level (psychologists, social workers, educators, and healers). Although therapeutic and instructional careers suit the 6 Essence, it does not fit as well when the 6 is present in a 3 Personal Year.

On the upside, your creativity will be enhanced by both cycles, a double windfall for your imagination, originality, and ability to view challenges from a fresh and unique perspective. This aspect is especially helpful for people in highly creative careers and work that requires innovative ideas. Additionally, the 6 Essence is often offered more responsibility, which could expand your range of duties and involvement and make promotion and progress more likely.

This team is also favorable for the early stages of romance when fun, humor, and charisma are important. The 3 easily delivers these upbeat qualities, and the generous, loving 6 is its perfect complement.

PART VII: YOUR MONTHLY CYCLES

Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month cycle for month is ~PERSY~ 7



May leads to powerful self-discoveries and intuitive perceptions. It is a highly spiritual time, causing you to withdraw from the hustle and bustle of daily life. Your focus is inward. You find yourself contemplating the mystery of your existence, your purpose in life, and your direction. You find yourself taking time off to read or meditate. It's an excellent time to take a vacation, but you may want to avoid group activities.

Social demands will make you irritable and out of sorts. Be with yourself or enjoy meaningful discussions with someone close to you. In this way, you may deepen your marriage or romantic relationship.

It is a time for wisdom and insights, even premonitions and revelations that have little to do with intellectual effort but are the result of heightened awareness and a free-flowing channel between your sub-conscious and your conscious. Be particularly alert to your dreams and the direction and insight they offer.

Your Personal Month cycle for month is ~PERSY~ 8



The time is ripe to reach out and receive some of the fruits of your labors. It is a harvesting time, but the rewards are still dependent upon good relations with co-workers. Ask for a promotion, or a raise. Let those in the right positions know that you value the recognition and respect they bestow upon you.

You are in the right state of mind to deal with some tricky personality-clashes; solve

communication problems; turn enemies into friends, and in many ways manipulate events through gentle persuasion. The numbers 2 and 8 allow you to handle sensitive issues with tact and diplomacy, as well as with authority and decisiveness. It is a good time for negotiations in every area of your life, personal as well as professional.

Romance is very favorable but can be spoiled by money issues. On the other hand, domestic affairs can be troublesome and can leave you feeling powerless unless you are willing to cooperate. Leave such issues alone for now. The domestic scene is better handled in July, when dealing with relatives is easier and goes more smoothly.

Your Personal Month cycle for month is ~PERSY~ 9



July is both emotional and demanding. It is a month to take care of loose ends. Relationships that have been rocky of late will reach critical mass, to be worked out and deepened, or separated entirely. This is a testing period for relationships in all areas of your life. The 9 and 2 combination -- diplomatic, sensitive, and service oriented numbers -- advises that you avoid confrontations. Work with issues quietly and patiently.

At the same time, it is an excellent period to look inward and acknowledge your needs and desires. Let go of all that you have outgrown, including people, situations, material objects -- anything that you have out-grown. This month is your opportunity to avoid becoming an emotional and material packrat. July is a time to empty your cup and make room for new gifts coming your way. It is a transition period. You will likely experience deep emotions, even nostalgia, and melancholy. At times, you may feel exhausted. Such feelings are not altogether unpleasant. There is a cleansing and healing taking place at a very deep and personal level. You are not entirely conscious of all that is happening, and consequently you may have difficulty expressing your feelings to others. You may sense that you do not fully understand yourself. Give it time and much will be revealed to you.

An opportunity to be involved in a good cause may present itself, and your sacrifice will help you achieve stability and inner strength. This is a good time financially. Some payment may be received for something you'd forgotten, or for reasons you do not expect.

July is a month that requires balance: you are feeling emotional, but at the same time you must also focus on the needs of others. If you indulge too much in your feelings, especially self-pity, you will suffer more self-doubt than if you remain balanced between your needs and service to others.

Your Personal Month cycle for month is ~PERSY~ 1



August brings new energy and a kind of restoration of life. There is a feeling of rebirth, excitement, a brightness in the air that wipes away the last residues of last month's bouts of gloominess and self-doubt. You want a change, a challenge, some goal toward which you can direct your enthusiasm. Well, that's what this month will bring. A new project, career change, something new. Keep in mind, however, that you are planting seeds now that must be nurtured and cultivated over the next year or so. In other words, you must remain focused on this dream to nurture it properly over time.

Don't take chances financially. Your optimism may make you impulsive and vulnerable. Remain cautious and research all propositions brought to you.

You will be introduced to new people and, if you are not already involved, one may turn into a passionate romance. Here, also, the careful approach can save some future heartache. The child in you is very much alive, trusting and believing that everything is what it seems.

While this is a very promising time for romance, keep in mind that a certain amount of rational examination is necessary to protect yourself. Wait until the end of next month before you surrender your heart to the person you are attracted to.

Your Personal Month cycle for month is ~PERSY~ 2



This is an 11/2 Month. The number 11 (referred to in numerology as a Master number), is highly charged, sensitive and intuitive. You are extremely perceptive. Dreams are full of insight and seemingly irrational, and creative ideas should be examined seriously. Your most powerful asset right now is your inner antenna that is picking up vibrations that escape others.

Your relationship with co-workers is fragile, but this is due largely to your enhanced sensitivity. Don't take your emotions too serious. Increased sensitivity magnifies and exaggerates emotions. If you fixate too much on them, you'll do yourself a disservice. Overlook slights and let things pass without retort. People will come around.

Romance is still strong, but you must remain realistic. Last months' excitement and infatuation has given rise to self-examination. As with co-workers, long-term relationships and friendships are fragile right now. Again, be skeptical of your emotions; it's quite possible that you are making mountains out of molehills.

Cooperation, tact, patience, tolerance, and forgiveness are the key-words to make this month pleasant and successful.

Your Personal Month cycle for month is ~PERSY~ 3



You need a break. If possible, take some time off to recharge your batteries. You need sunshine, relaxation, fun, and laughter with friends. The only career aspects favorably highlighted are those related to creativity, and inspiring and motivating those with whom you work. It's a good time to express the thoughts and ideas that you've been thinking about for the past several months. You can make a favorable impression on superiors, even with ideas that are a little daring.

Avoid stress and working under pressure now. The next five months give you the strength to survive and even prosper under pressure but avoid stressful situations this month. Postpone important financial decisions if possible, unless they have to do with "fun projects", such as travel, exercise equipment, creative endeavors, and the like. A modest amount of gambling can be healthy and has a better chance of paying off this month than most other months.

Romance is light and playful. Again, postpone important decisions in the area of romance.

Your Personal Month cycle for month is ~PERSY~ 4



November is time to get down to business, to focus on work, and finish anything left undone. Pay attention to the details; don't procrastinate; don't cut corners. Get the picture? You are laying a foundation for the future, proving to yourself and others that you are worthy of the responsibilities and challenges you have taken on.

Your energy is strong and focused. You can concentrate even when work becomes routine and boring. You are in a crucial stage in your life, but you've got the energy and a take-no-prisoners attitude that will lead you to success. The best way to balance such determination is to get in touch with nature: take a walk in the woods; sit at the edge of the lake; feel the earth and your connection with it.

If you have recently become involved in a romance, this month will bring commitment and stability to the relationship.

Your Personal Month cycle for month is ~PERSY~ 5



December brings changes and restlessness. You feel a need to be with others, to be social, to laugh and talk and enjoy yourself. You receive opportunities to travel and will meet a new and exciting person on a trip away from home. This person inspires and motivates you to try something new, to get off the beaten path and take a chance.

This is a month that could bring quite a few surprises, most of which invigorate you. It is a dynamic time that brings information and knowledge from unexpected sources. You want change. You are

ready to try a new direction, which causes you to see your career with new eyes. You are in an adventurous mode and willing to take a risk.

This month requires courage and flexibility. There are new opportunities awaiting you and it is up to you to prevent them from slipping by.

Your love relationship is in a vulnerable state, and some suppressed anxieties need to be released. You are somewhat impulsive and may need to force yourself to slow down. You experience a bit of self-indulgence. There is a need for self-discipline.

Your Personal Month cycle for month is ~PERSY~ 4



January offers opportunities for progress in your career. You are inspiring and motivating to yourself and others and know how to express your ideas. Your creativity is enhanced. You find original solutions and manage to implement them.

Your co-workers and superiors are impressed. You are optimistic and light-hearted this month, which further enhances your work situation. However, you will tend to be impulsive and may find yourself with your foot in your mouth. Make sure you have the information to back up any claims. You also may tend to procrastinate, which can spoil opportunities and damage your career.

January is a month to be on your toes and take full advantage of a favorable combination of cycles. If you have considered remodeling or redecorating your house or starting a gardening project, now is the time to get started.

Marriage or a romantic relationship takes on more depth.

Your Personal Month cycle for month is ~PERSY~ 5



February brings changes, excitement, and perhaps some upheaval. You may move, travel, or go on an unexpected trip. Carefully prepared plans confront the unexpected: events and people you had not expected. If you are flexible and not afraid of changes will enjoy this month. However, if you rigidly try to stick to

expectations and refuse to adapt, you may experience a difficult time in which almost nothing works out, no matter how hard you try.

February is a month to allow the forces of nature to guide your ship. Despite these disruptions, do not give in to impulsiveness or irresponsibility. Make the plans you can; adhere to them as well as possible and be flexible.

Love is exciting, adventurous, and playful. You uplift your partner and reveal your deeper self. Hidden thoughts and desires that you have kept hidden during the past two years come freely to

the surface. You are open and childlike and for that reason very attractive to others. A word of caution for those who are uncomfortable with this kind of openness: Do not allow fear to turn this wonderful urge to share your thoughts and feelings into a superficial act.

If you have a tendency to self-indulgence, this month's cycles are dangerous. Be cautious and control your appetite for whatever excesses tempt you.

Your Personal Month cycle for month is ~PERSY~ 6



March brings family affairs and issues involving relationships to center stage. You may be asked to sacrifice some of your time and energy to help others. A parent or child may need more care and attention than usual. Answer the call and you will be rewarded with a wonderful experience of love and closeness.

Many people in the 3 Personal Rhythm Cycle will make a deep commitment of love, or even get married this month. At the same time, separation and divorce are also possible since the theme of this month is to be committed to your true feelings. Confrontations are unavoidable in all troubled relationships. While these trends may be difficult and painful, the forces are working at clarifying your relationships. Your work situation will be rather demanding as more responsibility is transferred to you. However, the reward is right around the corner. (May and June will bring the pay-off.)

This month may be good financially, due to an earlier investment or from payments arriving from previously done work.

Your Personal Month cycle for month is ~PERSY~ 7



April represents a pause for self-evaluation. It is a time of light and shadow, a month of contrasting moods. You may alternate between light-hearted optimism and periods of doubt and even depression. The time requires you to look within. Meditate and contemplate your life. Such self-reflection will awaken deep feelings of gratitude for all the blessings bestowed upon you, including the greatest gift of all: your life itself.

During the first half of the month, you may feel the inner you begin to stir. Your dreams may be intense, graphic, and highly revealing. They are a source of insight if you care to listen. There is a sub-conscious attempt to communicate, not with others but with your deeper self.

Let career, finances, and romance all take a back seat during this important spiritual time. You will be quite safe.

If possible, take some time off. At the very least, walk in the woods, sit at a lake, or otherwise bring

yourself in close contact with nature. Keep a journal and write down your dreams, insights, and revelations. They will offer insight into your life's direction.

Your Personal Month cycle for month is ~PERSY~ 8



May brings financial rewards, as well as respect and recognition. This, of course, is proportional to the effort you have put out during the past year. May is a month to focus on career, to be a visionary, and not to hold back when it comes to showing the world how capable you are. For those who are in business, this is a good time to finalize deals and sign contracts. Investments are generally favorable, as are requests for loans, mortgages, or other methods of financial support. In all worldly matters, this is a time to reach out, to go for your goals. Do not be afraid to take a risk.

As far as matters of the heart are concerned, this is a time to take yourself and your feelings with a grain of salt. You are in a generous mode and feel blessed with so many good friends, but when it comes to commitment, you may want to wait a couple of months, when you are more realistic in these matters.

If you are not involved in a relationship, a coincidental meeting with a person from the past sparks a romance.