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# WORLD NUMEROLOGY



## Personality Profile

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## THE POWER AND LIMITATIONS OF NUMEROLOGY

*Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.*

*To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.*

*A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages.*

*You are unique, and so is your Profile. We hope you enjoy your reading.*

## **YOUR PERSONALITY PROFILE**

*Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with. Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.*

*Your Personality Profile begins with an overview of the combined influence of the core numbers derived from your name: your Expression, Heart's Desire, and Personality. This has never been done before.*

*I hope you will take time to read and reflect on the information below. Many aspects become clearer with time and during subsequent readings. I wish you the best on your journey.*

## SUMMARY

**Birth Name is Michael Johnson**  
**Short Name is Michael Johnson**  
**Birthdate is August-20-1990**  
**Report start date is March-09-2026**

### Your core name numbers

Your Expression is 38/11

Your Heart's Desire is 9

Your Personality is 11

Your Heart's Desire - Personality Bridge is 7

### The path you're on

Your Life Path is 11/2

Your Birthday is 20/2

Your Life Path - Birth Day Bridge is 0

Your First Challenge is 6

Your Second Challenge is 1

Your Third Challenge is 5

Your Fourth Challenge is 7

### The path and you

Your Life Path - Expression Bridge is 9

Your Maturity is 13/4

First Period Cycle is 8

Second Period Cycle is 2

Third Period Cycle is 1

First Pinnacle Cycle is 1

Second Pinnacle Cycle is 3

Third Pinnacle Cycle is 4

Fourth Pinnacle Cycle is 9

### Specifics about you

Your Rational Thought is 8

Your Balance is 5

You have a Hidden Passion of 1,5

You have a Karmic Lesson of 2,7

Your Cornerstone is M

Your Subconscious Self is 7

Your Physical Plane Of Expression is 9

Your Mental Plane Of Expression is 31/4

Your Emotional Plane Of Expression is 22/4

Your Intuitive Plane Of Expression is 3

**How your current name affects you**

Your Minor Expression is 38/11

Your Minor Heart's Desire is 9

Your Minor Personality is 11

## **PART I: ABOUT YOU**

*Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.*

*We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.*

## **HOW YOUR NAME NUMBERS STACK UP**

*Michael, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.*

*All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.*

*This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.*

### **Your Core Name Numbers are 11, 9, 11**

Michael, when the 2 appears twice among your three core numbers, as it does here (your 11 Expression is also a 2 ( $11=1+1=2$ ), as is your Personality number), it carries the potential to have either an extremely positive or a very negative effect on your life.

The 2 is the most emotional of all numbers, and, as such, is more vulnerable to the surrounding environment, peer pressure, family circumstances, and childhood experiences. Your feelings of happiness and sadness are probably also more acute than many. The positive influence of an abundance of 11/2 energy is the natural ability to relate to others, and to accurately read and influence their mental and emotional states. Psychologists, counselors, politicians, and educators benefit from this sensitive, intuitive power. However, when the negative side of the 2 prevails,

lying, gossip, petty crime, and a tendency to blame others, can be the result. It also tends to create intolerance toward other societies and cultures.

Fortunately, your 9 Heart's Desire number is a positive counter-balance, especially as it relates to the intolerance and lack of empathy typical in a negative 2. Tolerance, empathy, and global consciousness are some of the main characteristics of the 9. Nicknamed the Mother Teresa number, your 9 Heart's Desire helps you connect to people from all walks of life. However, there is another contradiction, because the 9 can also be aloof and distant, sometimes arrogant.

As your Heart's Desire, it is the number that reflects your deepest desires, your likes and dislikes, and the type of lifestyle that brings you happiness. A 9 in this position suggests you will be happiest in a career focused on the betterment of mankind. The idealism and passion of the 9, combined with the finely tuned, intuitive interpersonal skills of the 2 create the perfect mix for a career in politics, medicine, or education. Both numbers also have a strong creative streak, in the visual arts (the 9) and in music (the 2).

There are occasions in numerology when the difference between two numbers is just as important as the sum of their parts. Your 11/2 Expression and 11/2 Personality, next to a 9 Heart's Desire, creates a gap of 7 (9 minus 2). This gap becomes the Bridge number, which is precisely the role it plays. It suggests that the key to success in pretty much every aspect of your life hinges in large part on fulfilling the strong suits of the 7: studying, absorbing, analyzing, and most importantly, devoting time to self-examination and contemplation. Observe yourself as you observe others, be honest and objective in what you see, and you will enjoy the best your core numbers offer.

Now let's look at each of your core numbers individually.

## **THE EXPRESSION**

*Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.*

*Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.*

## **Your Expression is 38/11**



Yours is the most highly charged Expression number of all. You are like a lightning rod, attracting powerful ideas, intuitions, and even psychic information like unpredictable bolts. You are a powerful presence without any awareness on your part of having personal power. You are a channel for higher vibrations. But in order to be emotionally and psychologically at peace, you must learn to control that flow of energy. You possess a bridge between the unconscious and the conscious.

The trouble is that the unconscious is an infinite resource, while consciousness by definition is a limited arena. The two are therefore at odds until they can learn to live in harmony with each other. This is where control comes in. Until you are able to control the flow of energy from this infinite source, you may feel like a victim of its whimsy, thrown about by emotional turmoil and nervous tensions.

You have always sensed that you are different, but it was an indefinable feeling. You are enormously sensitive and aware, especially as a child. This made you vulnerable to all conflicts and painful situations. For most of your upbringing, however, you did not realize that other people did not possess the same sensitivity, nor did they see the same things you were seeing. This caused a great reservoir of emotion that was dammed up behind an inability to express your feelings, even to yourself.

For this reason, most 11 Expressions have a difficult childhood. Your extreme sensitivity made you very shy as a child. This usually manifests in adulthood as hesitation and acute vulnerability. You are very careful about sharing your feelings with others and choosing your friends.

You compensated for your sense of separation in childhood by creating an elaborate fantasy world. You daydreamed more than other children. You have a lively imagination and even in adulthood have a hard time separating reality from fantasy.

Your challenge is to bring forth your primitive, earthy strength. You need to be grounded in order to deal with your lightning bolts. The more you are able to call upon your inherent human strength, the greater your capacity to take advantage of your extremely sensitive awareness. Once this is accomplished, your antagonist becomes your benefactor.

You are highly emotional and dependent upon relationships. Emotionally, you go up and down with the fortunes of your love life.

You are idealistic, impractical, and at times disorderly. You are often unrealistic in your expectations. Your reasons for doing things are usually born of a mixture of logic, emotion, and intuition, which can rarely be explained satisfactorily to your more rational associates.

The 11 Expression is the number most dependent upon other core numbers in your chart for insight into your vocation. The 11 charges every area it enters, but it needs a grounding vocation and discipline to be effective. A balanced 11 is one of the most unique and impressive of all people. It is gifted with insight and

illumination, which it can transmit to others. This makes you a natural teacher in whatever area you enter.

## THE HEART'S DESIRE

*The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.*

*It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.*

*You might say that it is in the flow of your breath that you express your deeper self.*

### Your Heart's Desire number is 9



You want to be of service to the world. Your deepest satisfaction comes from knowing that you have advanced the cause of humanity. Your ideals are of the highest order. You are a perfectionist. You strive to make the world a utopia; to make each person's lot in life better; to become perfect yourself. One of your challenges in life is to strive toward your lofty goals and at the same time recognize the good you are doing.

You like and are fascinated by people from all walks of life. Human nature is a lifelong study for you. You are highly intuitive, but not an especially good judge of character. You are a bit naive, as well, thinking perhaps that all people have the same values as you. You dream of having the resources to immediately relieve the suffering of others, whether it is economic, physical, or psychological. You are gifted with a good mind and a great deal of wisdom, which makes you a natural teacher, counselor, or healer.

As much as you desire to be of service to others, you also crave fame and the approval of the masses. Much of the energy you expend in life is directed toward putting yourself before an audience, most often as a salesperson whose product provides some social good; as a philanthropist; or an artist. You are attracted to the arts as a vocation, especially as an actor, photographer, or writer. But whatever your profession, any involvement in the arts, even as a hobby, will provide you with a deep and lasting satisfaction.

Secretly, you dream of having a big impact on the world. Others may see this as egotism, especially when you are still young. But your concern for others is genuine. You must apply yourself in this direction to become psychologically whole and personally satisfied.

Your vision is on the crowds of people, which can cause you to overlook the needs of those closest to you. You need personal love as well but tend to put your needs in the background. Still, you are a loving person, and only need to be reminded to direct and demonstrate that love to those nearby. If, however, you are focused exclusively on the masses, people will perceive you as distant and a bit aloof.

You are emotional, and sensitive. You can also be moody and critical. You have high expectations for yourself and others. This can cause you much anger when your expectations are unfulfilled. One of your most important life lessons is to forgive.

Because you are striving hard to attain high ideals, you may think of yourself as superior to others. Arrogance is a trap many 9s fall into. The danger is that arrogance cuts you off from the thing you love the most: people. Your happiness and contentment are therefore highly dependent on the ease with which you can serve and influence mankind.

It is the paradox of your Heart's Desire that you receive by giving. Both your material success and spiritual satisfaction are made possible through service and sacrifice to others.

## THE PERSONALITY

*The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.*

*Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.*

### Your Personality number is 11



You appear friendly and unpretentious. You have a soft and warm exterior. Others perceive you as a gentle, safe harbor. People are drawn to you because, among other reasons, you appear warm and unthreatening. You dress neat and clean. Your clothing should be comfortable, soft, and flowing. You should avoid plain and understated clothes. Try to be a little more daring and exciting in your appearance. This will balance nicely with your perceptive and open personality. Exercise is important to your appearance and to promote the level of strength you radiate.

You are sensitive and become tense in a disharmonious atmosphere. You have experienced quite a bit of negative criticism as a child, which made you shy growing up. Though you may be well past that shyness, a

bit of the vulnerability has remained with you and is often sensed by others. The opposite sex is attracted to your gentle and attentive nature yet senses the passion beneath your surface. You have sex appeal.

You are very patient and understanding, and a wonderful listener. You make others feel important and loved. You are a peacemaker. Arguments leave you drained. People sense your desire for harmony. But you must avoid being the blank tablet for others' projections. People may underestimate your strength, but this is a mistake. You are strong. You bend, but don't break.

You have a fine sense of beauty and excellent taste. There is a grace in your movements, reflecting your keen sense of harmony and refinement.

Your 11 Personality is a Master number based on the 2 ( $1+1 = 2$ ) but with additional attributes. Even as a child, others may have wondered if you had certain "gifts". Your intuition can be uncanny, although you do not always recognize or trust it (which can be a challenge for you). It is rare, however, for a Master number to mature until at least age 40. However, since it is your Personality number, the effect tends to be visible to others prior to age 40 but may be easily misunderstood. You are likely to be underestimated throughout your life - by yourself as well as others - and may need to work on being more assertive, as well as overcoming self-doubt.

## **THE HEART'S DESIRE - PERSONALITY BRIDGE**

*A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.*

*The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.*

*With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.*

**Your Heart's Desire - Personality Bridge number is 7**



This bridge can come only from a combination of either 8 and 1, or 9 and 2. This number urges you to spend more time and effort on spiritual matters, as either combination can cause a person to become too interested in material matters. Excessive attachment to money, goods, and status quo can make you vulnerable to the temptations of the material world.

## **PART II: THE PATH YOU ARE ON**

*If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.*

*Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.*

### **THE LIFE PATH**

*Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.*

#### **Your Life Path number is 11/2**



You have the potential to be a source of inspiration and illumination for people. You possess an inordinate amount of energy and intuition. There is so much going on in your psyche that you are often misunderstood early in life, making you shy and withdrawn. You have far more potential than you know. You galvanize every situation you enter. You inspire people, but without your conscious effort. Energy seems to flow through you without your controlling it. This gives you both power and sometimes emotional turmoil.

You are a channel for information between the higher and the lower, between the realm of the archetype and the relative world. Ideas, thoughts, understanding, and insight -- all of these can come to you without your having to go through a rational thought process.

There seems to be a bridge, or connection, between your conscious and unconscious realms, attuning you to a high level of intuition through which even psychic information can flow. All of this amounts to a great

capacity for invention. Many inventors, artists, religious leaders, prophets, and leading figures in history have had the 11 prominent in their chart.

Because you are so highly charged, you experience the consequences of a two-edged sword. You possess great abilities but indulge in much self-reflection and self-criticism. You often feel highly self-conscious. You are aware on some level that you stand out. Even when you try to blend with your environment, you often feel conspicuous, alien, and out-of-place.

You are blessed with a message, or a specific role to play in life. But you must develop yourself sufficiently to take full advantage of that opportunity. Until that time, your inner development takes precedence over your ability to materialize the great undertaking you were chosen to perform.

Consequently, 11s seem to develop slowly, but they simply have more to accomplish in their evolution than the average person. Thus, your real success does not usually begin until maturity, between the ages of 35 and 45, when you have progressed further along your path.

You may often be frustrated, largely because you have extremely high expectations of yourself. But these expectations can be unrealistic and can prevent you from accomplishing anything. You can be very impractical, envisioning a skyscraper when all that was necessary was a two-story house.

You may also suffer from bouts of confusion and lack of direction. This gives rise to loss of confidence and the onset of deep depression. The cause of these emotional problems is your lack of understanding of your own sensitivity and potential.

Your desire to achieve some great ambition is enormous. However, a lack of confidence in your own ability to realize this dream may cause you much frustration. You sense the enormous potential you possess, which requires equally enormous confidence in your ability to materialize your dream. Confidence is the key that unlocks your potential.

On a strictly physical level, you must protect your nervous system, which is inordinately vulnerable to stress because of your acute sensitivity. Depression is often the result of long periods of stress that have gone unrelieved. Seek out peaceful and harmonious environments, relaxing music, and follow a healthful diet in order to restore balance and peace.

As an 11 Life Path, you are a highly charged version of the 2 and possess many of the characteristics and talents of that number. You can be extremely diplomatic and tactful. You are also patient and cooperative. You work well with groups and somehow find a way of creating harmony among diverse opinions. You enjoy music and poetry and require a harmonious environment. You have an eye for beauty and a fine sense of balance and rhythm. You have healing capabilities, especially in such fields as massage, acupuncture, physical therapy, and counseling.

You are a sensitive and passionate lover; your perceptiveness makes you aware of your partner's needs and

desires, which you are able to fulfill with almost magical delicacy. However, when you feel you have been mistreated or jilted, you can react with devastating power, sometimes using personal criticisms vindictively.

You are a fine companion and possess a good sense of humor. When you have found your niche in life and begun to realize your true potential, your rewards will more than compensate for your trials earlier in life.

## **THE BIRTH DAY NUMBER**

*The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.*

### **Your Birth Day number is 20/2**



You are sensitive, intuitive, and diplomatic. You are aware of your surroundings and easily influenced by your environment. You love beauty and attention. Your sensitivity makes you highly emotional and vulnerable to being hurt. You can fall victim to depression and lack of confidence.

Your talents lie in personal relations and diplomatic skills. You are keenly aware of what is on the minds of others and can usually adjust to create peace and harmony with others. In the same way, you possess the art of a diplomat, helping others find the middle ground and area of agreement. You may also possess artistic and musical ability.

You are warm and affectionate and need the same from your close friends and loved ones. You want to be hugged and cuddled. There is a tendency to fall into childhood patterns when giving and receiving affection. You like to be made to feel secure and safe.

You are very cooperative and work best in partnerships. You enjoy being the power behind the throne, rather than the figure on stage. You are modest and kind. You have great diplomatic skills. Your intuition allows you to perceive what another wants even before he or she says it. You are the glue that keeps important projects and groups together. While you may not get all the credit you deserve, you are indispensable in any endeavor.

You can continue a project better than start it. You are very attentive to details. You need harmonious and peaceful environments. Without them, you can easily become stressed and high-strung.

## **THE LIFE PATH - BIRTH DAY BRIDGE**

*Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.*

## Your Life Path - Birthday Bridge number is 0



Your 0 (zero) Bridge shows that in order for you to get the most out of your particular Life Path and Birth Day numbers, you would do well to pursue a wide world view. Knowledge of other cultures and societies, through books, film, travel, and interacting with strangers can expand your awareness beyond simple information gathering. It advances your self-awareness by strengthening your bond with humanity and creates a sense of freedom as well as comfort.

### **CHALLENGES; YOUR FIRST CHALLENGE**

*You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.*

*These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.*

*The four Challenges in your chart will influence you during the periods of your life listed below.*

*The duration of your First Challenge usually lasts from birth until age 30 to 35.*

## Your First Challenge is 6



Your challenge deals with distorted idealism. Your ideals are unrealistically high, making life difficult for you and others. You have a hard time being satisfied with anything you do, or with what others do for you. You lack gratitude. This prevents you from seeing the beauty in your life. You may also suffer from rigid thinking, which keeps you from having a clear perspective that would otherwise awaken you to the many good things you have received.

At bottom, this challenge is about having blinders on. You are unable to see a broader view, which makes you think you have all the answers. This keeps away information and perspectives that would be helpful to you. Your desire to be of service to others is sincere. However, it may be blocking you from seeing the necessity of working on your own inner development.

You can be domineering and righteous, often telling others what is right and what is wrong. You often feel a lack of appreciation from others.

There is an opportunity to be of service, to teach and heal, but you will have to achieve a balanced perspective between your idealism and your resistance to personal transformation.

## **THE SECOND CHALLENGE**

*Your Second Challenge is in place from approximately age 30 through 55.*

### **Your Second Challenge is 1**



You must learn to be independent. You will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power. You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual.

This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts. You will learn your own set of values; you will develop into an individual with original and innovative ideas.

## **THE THIRD AND MAIN CHALLENGE**

*This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.*

*As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.*

### **Your Third and Main Challenge is 5**



You are in danger of becoming a rolling stone. Your desire to experience and enjoy life can overwhelm every other priority you have. Your need for freedom dominates you. You want to try everything and go everywhere.

You must guard against overindulgence -- and even dependence upon -- alcohol, food, drugs, and sex.

You must work at establishing and maintaining long- lasting relationships. Be tolerant and understanding. This will enable you to have people in your life who are more than mere company.

You need to discipline your urge to change every situation that does not immediately suit you. Stick with projects, maintain your friendships, don't abandon people or situations the minute they become the slightest

bit difficult.

If few fives are in the chart you have a fear of change and cannot let go of people and situations. This holds you in the past, restricting your growth. Learn to take prudent risks and be more adventurous.

## **THE FOURTH CHALLENGE**

*Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.*

### **Your Fourth Challenge is 7**



You are highly skeptical of anything that cannot be proven to you. You are particularly doubtful of anything having to do with spiritual matters. It is, therefore, difficult for you to find a personal philosophy that would give you peace of mind and insight into the purpose of your life.

You repress many of your natural inclinations because they do not fit into your intellectual or rational thinking. You need the part of your being that you are now repressing: the child within.

All the characteristics that have to do with the irrational and holistic side of life -- spirit, humor, playfulness, and intuition -- are being shut out. Your challenge is to find some philosophy and, ideally, a community that will give you additional perspectives, and force you to bring out the many other characteristics that are a fundamental part of you. Otherwise, you risk loneliness and isolation. You have to learn faith.

When you consider that most of life is made up of the invisible world -- thoughts, emotions, insight, and love -- you can begin to appreciate that only a small part of life is within the domain of your senses.

You may have too much pride. You may experience a deep and humbling transformation that will set free the inner being you are keeping trapped within you.

## **PART III: YOUR PATH AND YOU**

*We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.*

### **THE LIFE PATH - EXPRESSION BRIDGE NUMBER**

*This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.*

#### **Your Life Path - Expression Bridge number is 9**

##### **MATURITY NUMBER**



*Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.*

#### **Your Maturity number is 13/4**



Your maturity will find you increasingly practical, organized, and far more down to earth. You will be capable of putting your ideas into concrete form. Your latter days promise to be a time of accomplishment and activity. You become more focused and goal-oriented and less willing to discard details and cut corners. There is little interest in a quiet retirement. You are too involved in seeing your plans and efforts come to life.

Your family and friends will profit from your four-maturity number because of your increasingly helpful and reliable nature. However, you must guard against becoming rigid, narrow minded, and opinionated, especially if already several fours are found in your chart. If you are lacking 4s, or have only one or two of them, you will benefit by your increased understanding of systems, organization, and the rewards of a methodical approach to life.

It will do you good to take your time to relax and enjoy the flowers every day.

### **PERIOD CYCLES; YOUR FIRST PERIOD CYCLE**

*Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.*

*The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.*

*The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.*

*The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.*

*Your First Period Cycle runs from birth until your mid 30's.*

### **Your First Period Cycle is 8 and lasts until age 34**



An 8 during your first Period Cycle puts the focus on accomplishment at an early age. You likely grow up under some pressure, perhaps from an overbearing adult. Some children may experience this in a boarding school, foster care, religious organization or institutional environment.

A search for balance is the dominant influence when the 8 is present. Due to its focus on personal growth, extreme circumstances are often part of this cycle. You likely grow up in either a wealthy environment or hardship; part of a large family or as an only child; in a major city or somewhat isolated area. You have a need to modify extreme circumstances in your environment.

### **SECOND PERIOD CYCLE**

*Your Second Period Cycle runs from your mid 30's until your late 50's.*

### **Your Second Period Cycle is 2**



The middle part of your life is a period for learning to tune into your sensitive, intuitive side. You are drawn to interact with people on a personal level. You recognize the subtle signs that reveal what others are experiencing, and your ability to influence people improves. You become more diplomatic and tactful and are able to diffuse potentially

troubling situations.

However, you may also feel you are growing more fragile. Emotions play a large role during a 2 Period. It is your challenge to maintain a realistic perspective, and to stay grounded. Devoting time to the arts, especially music, ballet, theater, and other performing arts, helps you feel connected and involved.

### **THIRD PERIOD CYCLE**

*Your Third Period Cycle covers the later part of your life, starting in your early 60's.*

#### **Your Third Period Cycle is 1**



The latter part of your life will likely find you in a position of leadership. You act rather than react; you are an instigator, a self-starter. You may move in a new direction during this period. You will need to be proactive to overcome obstacles. Courage, self-confidence, and perseverance (more than the support of others) will be required to reach your goals.

Many people become less active or involved when they reach their later years; you experience renewed energy and drive. This is a period of integrating different aspects of who you are and focusing on your life's dream. The people who are close to you may suggest slowing down, but you are meant to make your greatest advancement later in life.

### **PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE**

*Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.*

*Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.*

*The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.*

*Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.*

## Your First Pinnacle cycle is 1 and runs from birth until approximately age 34



This is a period requiring much independence, courage, resiliency, and initiative. You must bounce back after many difficult experiences. The challenge of this Pinnacle is to gain will power. There is not a lot of support from others or from family. You must draw from your own strength. You will have to guard against self-pity or surrender. Keep focused on your dreams. This Pinnacle will require an iron will to keep hold of your goals, and also the flexibility to maneuver around difficulties, and bend with the winds of adversity.

This is a period of rapid self-improvement and growth. You will be forced to use every talent and capability you possess. You will need to be resourceful. You must continually put out effort, but with it comes great reward. Without it, there is no accomplishment nor satisfaction, only a negative attitude toward life. Be careful not to become too self-centered, headstrong or self-important. Be strong but flexible. Be open to the counsel of others but make up your own mind.

The benefit of this Pinnacle number is a strong sense of your individuality and strength. You will know what you are made of. There are many hidden gifts in this period, perhaps the greatest of which is faith. Your Pinnacle provides you with the characteristics of leadership, boldness, and daring. You will have many unconventional ideas and the skill and courage to make them a reality. Your abilities to manage and organize people and institutions are greatly enhanced. You have vision and confidence in the worth of your dreams.

These characteristics provide great opportunity for success and major accomplishments.

### THE SECOND PINNACLE CYCLE

*Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.*

## Your Second Pinnacle cycle is 3 and runs from age 34 until age 43



This is a highly creative period. Your self-expression is greatly enhanced. Your creative and artistic talents will peak. You should do everything possible to refine these abilities and make the most of them. Many under the 3 Pinnacle are drawn to writing, the theater, singing, and dance. Your chances of success are also heightened. Hard work in any artistic field that one has a talent for can result in much reward. This is also a highly social and emotional time. You attract friends and admirers with your charm and gregarious nature. You have the ability to inspire and motivate people. Your upbeat energy causes people to want to work with and for you.

This is a lucky period, as well. You can overcome problems with considerably less effort than in the past. All of this can lead to self-indulgence and lack of productivity. Life is a little easier, which can make you less vigilant. You need focus and discipline. Under the influence of this Pinnacle, hard work is the key and the challenge to making the most of your opportunities.

Be careful of impulsive behavior or doing things on a lark. You must know your limits during this period. Be careful of your money; balance your accounts. Guard against disorderly thinking and behavior. Otherwise, you may do things you regret or simply squander away so many opportunities.

Children born under this Pinnacle must be disciplined and kept from being spoiled. An early education in the arts will inspire the child to make the most of his or her artistic talents.

### **THE THIRD PINNACLE CYCLE**

*Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.*

#### **Your Third Pinnacle cycle is 4 and runs from age 43 until age 52**



This is a Pinnacle of hard work and many rewards. You have the opportunity to build a foundation that will last. Your ability as an organizer, manager, or simply the rock of any institution is greatly increased. You are dependable and reliable. Your ability to fulfill responsibilities is likewise enhanced. As a result of your industry and perseverance, success is well within your reach. It is a step-by-step process in which you build something by small bricks laid one after another.

You will find yourself caring for others in a very material way. Family and in-laws can be burdensome, since you are seen as the cornerstone of the foundation.

Your life is preoccupied with details and responsibilities that must be taken care of. You have set in motion projects that are your children, demanding your constant attention. While there are many rewards, there are also many frustrations. Your sense of your own limits and the consuming nature of details may at times seem overwhelming. You must remember that things that last require slow growth. You may mistakenly believe that your progress should be faster or happen with greater ease. The need for efficiency, orderliness, and methodical systems limit your creativity. Your challenge is to be flexible and adaptable. Learn to play more and allow yourself to be more spontaneous.

Children born under this Pinnacle will tend to be serious and affected by the financial limitations of their parents. The child may feel the need to leave home early and start a family of his own. He or she must be encouraged to be more farsighted and flexible. The child should avoid jumping into the harsh realities of life too soon.

### **THE FOURTH PINNACLE CYCLE**

*Your Fourth Pinnacle Cycle lasts for the rest of your life.*

#### **Your Fourth Pinnacle cycle is 9 and runs from age 52 until age death.**



This is a period in which you must identify with some larger project or goal that is bigger than you, Michael. Your greatest satisfaction will be in providing for others, as well as for yourself. Those in business will draw much personal gratification in knowing that they are helping their employees support their families. Those involved in social activism -- a particularly appealing choice of careers during the 9 Pinnacle -- will feel themselves strengthened by the knowledge that they are advancing the safety and well-being of society. The 9 Pinnacle is a time in which you apply your energies to the good of the larger community. As a result, there is an element of self-sacrifice present. To some degree, you must subordinate your personal priorities to those of a larger cause. We are not suggesting martyrdom but making a conscious effort on your part to strike a balance between the good of your milieu and your own personal desires.

This is a good time for financial growth and progress in business affairs. It is a period in which you face a large challenge and must give yourself entirely to it.

The 9 Pinnacle also promises much reward in drama, writing and art. You have a heightened esthetic sense, and any latent artistic talent you already possess will be enhanced and brought to the surface. If you have been in business, you may suddenly be drawn to the arts as a benefactor or patron, supplying support for theater productions or artists.

You will feel an increased sense of social responsibility and compassion for the many. You will want to help those less fortunate than yourself and will likely apply yourself to some social cause or philanthropy. This is a period in which you feel a greater love for the good of your community, country, and the world. Interestingly, you are not restricted by prejudice or boundaries of class or country. You see humanity as a whole. Your love is not personal, however, but for the many.

Many under the 9 Pinnacle are drawn to religion or philosophy and have the capacity to spread some doctrine or teaching. In short, you are highly idealistic. You will likely travel extensively during this period and meet people from many walks of life.

No matter what your area of expertise, you have a chance not only for success but for fame.

## **PART IV: SPECIFICS ABOUT YOU**

*Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.*

### **THE RATIONAL THOUGHT NUMBER**

*Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?*

*Your Rational Thought number suggests the general approach you take in your thought process.*

#### **Your Rational Thought number is 8**



You are the visionary, and you focus on the larger picture. You ignore the details in favor of spectacular solutions. You love to blow someone's mind.

You understand the balance between the rational and the irrational, and you have no problem combining the two. You have a vivid imagination and you are often surprised that others don't immediately grasp a concept that seems clear and logical to you. You have little patience when others allow fear and caution to slow down a project.

### **THE BALANCE NUMBER**

*Your Balance number provides guidance on how to best deal with difficult situations.*

*People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.*

*Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.*

#### **Your Balance number is 5**



Try to focus on your problem, Michael, rather than avoiding it. You may try to avoid the issue by indulging your senses to keep from feeling the pain of a conflict. Be careful not to escape into food, alcohol, and drugs.

You are capable of finding a highly-creative solution to any situation the minute you put your mind to it. The answer lies well within your grasp.

## **THE HIDDEN PASSION**

*Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.*

*Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.*

### **Your Hidden Passion number is 1**

You have a strong drive to stand out. You have a great ambition and desire to accomplish. You are highly competitive and want to be the best and the first in everything you do. You are highly energetic and creative. You are capable of influencing and even dominating others. You have highly developed political skills and can succumb to manipulation unless your ideals are high. Ironically, there are times when you lack confidence, especially at an earlier age, but you have the strength to overcome this obstacle.

You are a survivor, a warrior, a leader. Many great athletes and politicians have this number as a Hidden Passion.

### **Your Hidden Passion number is 5**

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Michael, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

## **KARMIC LESSONS**

*Karmic lessons are recognized by the absence of certain letters in your name and describe areas we are weak in that require recognition and effort to overcome.*

*The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.*

*You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.*

*Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.*

### **Your Karmic Lesson is 2**

You must learn to be more diplomatic and tactful, to stay in the background when necessary and sometimes to accomplish something without the need to be praised and rewarded. Learn to be part of a team. You must learn to be more sensitive to other peoples' needs and feelings. You will regularly find yourself in a situation where the only road to success is through patience and attention, requiring you to work closely cooperatively with others.

The effects of this Karmic Lesson are diminished if you have at least one 2 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

### **Your Karmic Lesson is 7**

You need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self-condemnation, in order to bring your abilities to their full development. You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

## **THE CORNERSTONE**

*The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.*

### **Your Cornerstone is M**



You are energetic and hardworking with a touch of the workaholic. You are efficient and do not tire easily. You likely have a strong physical constitution. You are domestic and want financial security. You are tolerant and can endure hardships. You must be more patient with others.

### **THE SUBCONSCIOUS SELF**

*Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.*

### **Your Subconscious Self number is 7**



You can appear indifferent to your surroundings and somewhat aloof. You are well-balanced and can survive many a stormy time. In time of trial, you withdraw within yourself finding solace and answers, in your creative and analytical mind.

You may be a bit of a loner and do not easily share your feelings with others.

### **PLANES OF EXPRESSION; THE PHYSICAL PLANE**

*You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.*

*Your physical plane links you to the material world.*

*Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.*

*Your emotional plane is preoccupied exclusively with feelings.*

*Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if*

*placed at the doorstep of your mind.*

*In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.*

*The Physical Plane represents the physical letters in your name.*

### Your Physical Plane of Expression is 9



You have a strong presence. You are charismatic and have a dramatic flair in your personality, which may direct you to the theater.

You are also drawn to politics, publishing, promotion, and public service -- any career that requires a certain amount of time before the public. You are attracted to doing things on a large scale.

You are a humanitarian. You are concerned about the wellbeing of society. You have a great deal of compassion, tolerance and generosity. You are highly idealistic and a bit of a dreamer. You are not particularly practical, however. Very often, you are not understood by others, and sometimes considered indifferent and aloof.

In some way, you want to please everyone and tend to give promises that may be impossible to keep.

If you develop your abilities, you have a significant chance to become famous.

### THE MENTAL PLANE

*The Mental Plane is based on the mental letters in your name.*

### Your Mental Plane of Expression is 31/4



Michael, you are a fine planner with a good eye for details. You are very conscientious and practical. However, you can get lost in the details of a project and lose sight of the larger picture.

You must learn tact and give others -- especially family members -- room to live according

to their own standards. You can be somewhat domineering, especially when you are concerned about their general well-being.

## THE EMOTIONAL PLANE

*It is not uncommon for a person to have a name dominated by emotional letters.*

### Your Emotional Plane of Expression is 22/4



emotional plane You distrust emotion. You want to control your emotions. You love order, which makes you dislike any sort of emotional situation, or turbulence. But this repression can cause you much anger and even nervous tension. There is an unnecessary acceptance to unfavorable circumstances and relationships. This should be avoided.

You can manage and organize; you are good with details.

## THE INTUITIVE PLANE

*A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.*

### Your Intuitive Plane of Expression is 3



You are very original, imaginative and sometimes have fantastic ideas about spiritual matters. You are very artistic and inspiring. You have a talent with words and may be drawn to the pulpit.

Your intuition is above average, but you tend to color and exaggerate your insights.

## **PART V: HOW YOUR CURRENT NAME AFFECTS YOU**

*The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.*

### **THE MINOR EXPRESSION**

*Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).*

*The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.*

*The name you currently use, also affects how you feel about yourself.*

*If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.*

### **Your Minor Expression is 38/11**



Your short name increases your sensitivity, intuition, and perceptiveness. It leads you toward deeper investigation of the mysteries of life. You are attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Expression number makes you more sensitive to your own shortcomings. It encourages you to work on yourself. You cannot avoid personal transformation under this influence.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate. Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

Your capacity to work with others is also improved. You are now humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

### **THE MINOR HEART'S DESIRE**

*The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.*

### Your Minor Heart's Desire is 9



The shortened version of your name broadens your outlook on life. It makes you more compassionate, socially oriented, and concerned for the welfare of humanity. Your Minor Heart's Desire increases your idealism, and capacity for self-sacrifice toward a higher goal. You want to make a difference in life.

You may be more likely to hold yourself aloof and thereby making it harder to find the personal love you need.

Your appreciation for the arts is increased, and any artistic talent you may have is enhanced. You may want to become more of a teacher and are attracted to knowledge that will further this ambition.

### THE MINOR PERSONALITY

*Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.*

### Your Minor Personality is 11



You appear friendly and unpretentious. You have a soft and warm exterior. Others perceive you as a gentle, safe harbor. People are drawn to you because, among other reasons, you appear warm and unthreatening. You dress neat and clean. Your clothing should be comfortable, soft, and flowing.

You are very patient and understanding, and a wonderful listener. You make others feel important and loved. You are a peacemaker. Arguments leave you drained. People sense your desire for harmony.