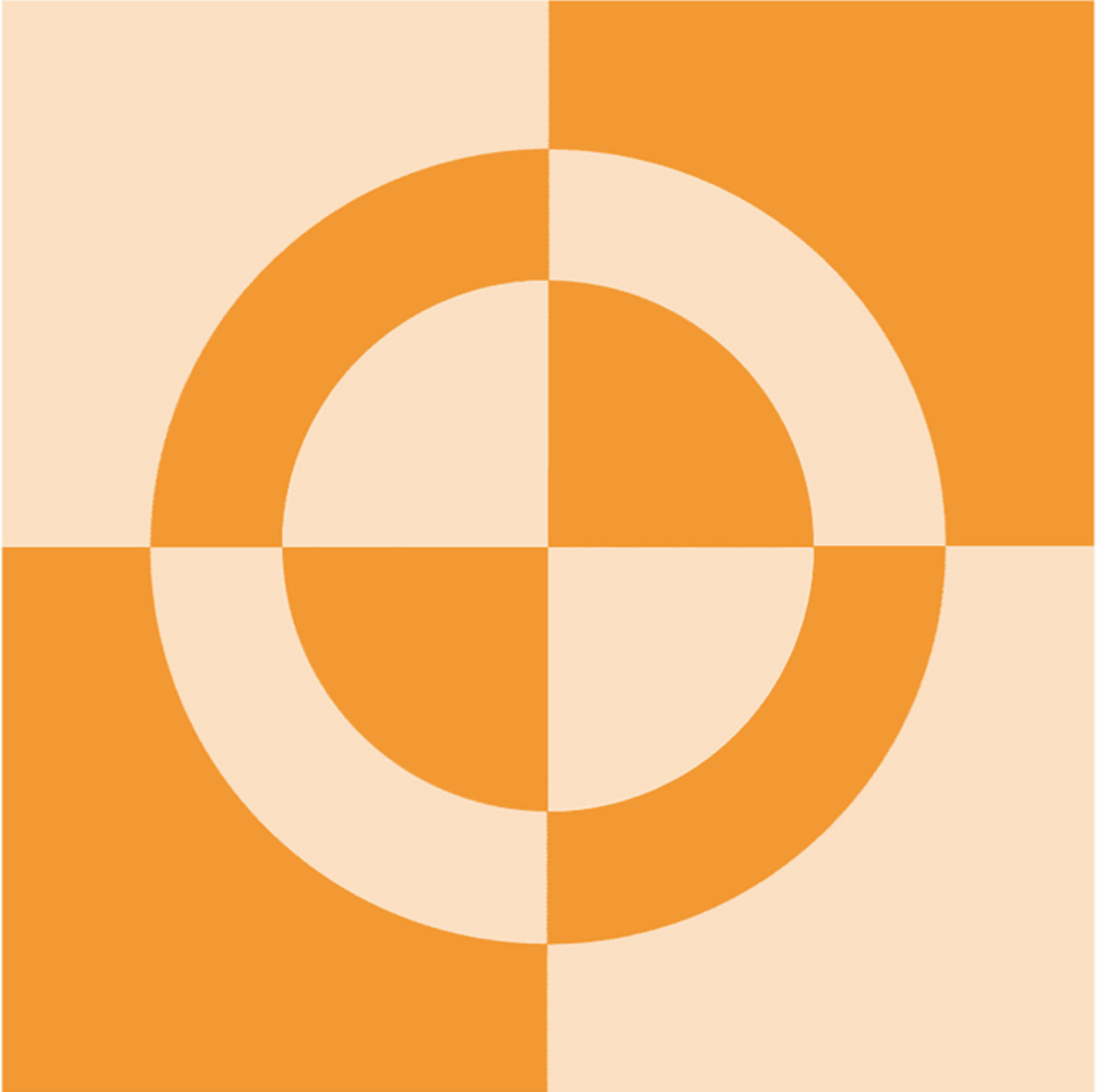


# WORLD NUMEROLOGY



## Personality Profile & Yearly Forecast

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## THE POWER AND LIMITATIONS OF NUMEROLOGY

*Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.*

*To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.*

*A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages. You are unique, and so is your Profile.*

*I hope you enjoy your reading and will find it beneficial to your path of personal growth and insight.*

# YOUR PERSONALITY PROFILE AND YEARLY FORECAST

## PART 1: ABOUT YOU

*Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.*

## PART 2: YOUR PATH

*Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.*

## PART 3: YOUR PATH AND YOU

*This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.*

## PART 4: SPECIFICS ABOUT YOU

*Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.*

## PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

*The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.*

## PART 6: YOUR FUTURE

*This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.*

## **PART I: ABOUT YOU**

*Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.*

*We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.*

### **HOW YOUR NAME NUMBERS STACK UP**

*Hafeez, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.*

*All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.*

*This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.*

Your Core Name Numbers are 11, 11, 9

Hafeez, both your Expression and your Heart's Desire numbers are 11/2 (the 11 is a Master Number, more about that later, but they are based on 2 and we will start with that. This number combination generates a resilient, intuitive, and sensitive energy. Teamed with your 9 Personality number, this arrangement offers a limited range of career options, but with excellent potential. This will be true particularly in fields that rely heavily on an ability to relate to others. Your number combination is found among the greatest politicians and military leaders.

The diplomatic (though somewhat manipulative 2) is extremely competent when dealing with other people, especially those with sensitive egos. The 2 is a peacemaker, someone who can bring harmony and fellowship to the most difficult and conflict-driven environments.

Add to that the global consciousness of the 9 and you can see why politics, or one of its many offshoots, such as diplomacy or civil service, is a popular field for people with these numbers.

Art, music, and a sense of rhythm also come naturally to the 2, although they can be suppressed by insecurity and the inability to cope with criticism - one of the less desirable traits of the 2.

Like anyone, you need to love and feel loved. However, in your case, there is an added dimension. The 2 is your Heart's Desire number, and as such it dominates your needs and desires. This suggests you don't function well unless you are in a partnership.

The 2 normally feels a romantic partner is a necessity and thrives on the support and professional familiarity of coworkers. You would probably be happiest in an environment that supplies frequent interaction with people working toward the same goal. The military, law enforcement, construction, professional sports, or a small or mid-size corporation are a few examples.

Your personal life can be a little challenging, especially when it comes to matters of the heart. You may have difficulty fending off verbal abuse or criticism and likely avoid confrontation. In addition, some people with this combination tend to draw the wrong people into their lives (a surprising inconsistency considering the 2's intuition is significantly more finely tuned than other numbers).

This subconscious drive to help people who are weak or damaged may cause you to ignore the inner voice warning you to back away. If this is your experience, work on self-confidence, and being more selective about the people you allow into your life. Beware of escaping into denial or a propensity to blame others.

Now let's look at each of your core numbers individually.

## **THE EXPRESSION**

*Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.*

*Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are*

*important as well.*

## Your Expression is 38/11



Yours is the most highly charged Expression number of all. You are like a lightning rod, attracting powerful ideas, intuitions, and even psychic information like unpredictable bolts. You are a powerful presence without any awareness on your part of having personal power. You are a channel for higher vibrations. But in order to be emotionally and psychologically at peace, you must learn to control that flow of energy. You possess a bridge between the unconscious and the conscious.

The trouble is that the unconscious is an infinite resource, while consciousness by definition is a limited arena. The two are therefore at odds until they can learn to live in harmony with each other. This is where control comes in. Until you are able to control the flow of energy from this infinite source, you may feel like a victim of its whimsy, thrown about by emotional turmoil and nervous tensions.

You have always sensed that you are different, but it was an indefinable feeling. You are enormously sensitive and aware, especially as a child. This made you vulnerable to all conflicts and painful situations. For most of your upbringing, however, you did not realize that other people did not possess the same sensitivity, nor did they see the same things you were seeing. This caused a great reservoir of emotion that was dammed up behind an inability to express your feelings, even to yourself.

For this reason, most 11 Expressions have a difficult childhood. Your extreme sensitivity made you very shy as a child. This usually manifests in adulthood as hesitation and acute vulnerability. You are very careful about sharing your feelings with others and choosing your friends.

You compensated for your sense of separation in childhood by creating an elaborate fantasy world. You daydreamed more than other children. You have a lively imagination and even in adulthood have a hard time separating reality from fantasy.

Your challenge is to bring forth your primitive, earthy strength. You need to be grounded in order to deal with your lightning bolts. The more you are able to call upon your inherent human strength, the greater your capacity to take advantage of your extremely sensitive awareness. Once this is accomplished, your antagonist becomes your benefactor.

You are highly emotional and dependent upon relationships. Emotionally, you go up and down with the fortunes of your love life.

You are idealistic, impractical, and at times disorderly. You are often unrealistic in your expectations. Your reasons for doing things are usually born of a mixture of logic, emotion, and intuition, which can rarely be explained satisfactorily to your more rational associates.

The 11 Expression is the number most dependent upon other core numbers in your chart for insight into your vocation. The 11 charges every area it enters, but it needs a grounding vocation and discipline to be effective. A balanced 11 is one of the most unique and impressive of all people. It is gifted with insight and illumination, which it can transmit to others. This makes you a natural teacher in whatever area you enter.

## THE HEART'S DESIRE

*The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.*

*It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.*

*You might say that it is in the flow of your breath that you express your deeper self.*

### Your Heart's Desire number is 11



You have wisdom beyond your years. Even as a child, your understanding of life was considerable, though it likely went unrecognized by others.

You are a born peacemaker. You are driven by a desire to settle conflicts and create harmony. You are a healer and a visionary. You long to make the world a better place and cannot rest until you have dedicated your life to some worthwhile cause. Your realm is ideas and philosophy. You are attracted to the world of energy more than to the mechanical or material planes. Philosophy, religion, and less traditional forms of healing are among your specialties. You are obsessed with the quest for enlightenment.

You are extremely sensitive and possess a high degree of intuition. Subtle messages and feelings of others do not escape your attention. You are powerfully aware of the thoughts and feelings of others. Unless you are well grounded, this can throw you about emotionally. Your awareness can be both a gift as well as a problem, because you so deeply desire to please others and keep harmony in your environment.

Many 11s were born into extremely hostile or turbulent families. This often resulted in psychological pain, lack of confidence, and shyness during childhood. Somehow, the child with an 11 heart's desire recognized the sources of his family's problem. This created an internal conflict for the child, who naturally loved the troubled parent, but could not cope with that parent's behavior. Therefore, many 11s are scarred early in life.

They understand the sufferings of others and seek to be of service in some way.

This is, in fact, the easiest way for you to heal yourself and find your greatest satisfaction. You understand the importance of close, loving relationships. Therefore, you are selective in choosing your friends and spouse. You are a romantic, idealistic, but somewhat impractical person. Unless you have other balancing characteristics (as indicated by 1s, 4s, and 8s in your chart), it is wise to team up with a more practical and realistic partner.

You have a magnetic and charismatic personality. You like pondering abstract matters. Your intelligence is electric. Ideas, solutions to problems, and inventions seem to come to you as if out of the blue.

You are highly charged and intense. This can cause nervous tension. You need to care for your nervous system with ample amounts of rest, a peaceful environment, and proper diet -- avoiding extreme foods and drugs.

You are often more concerned with universal justice than with the individual.

The 11 is a master number, possessing great potential. It has been entrusted to you as a gift that you are worthy of. The key is to maintain a hold on your ideals and seek ways to practically implement them.

You have a specific role and gift to give to the world. This requires time and maturity to fully comprehend. But with patience and perseverance, you will discover why you felt different and even unique as a child. At that time, you will discover that what made you feel weak as a child will make you strong and confident as a mature adult.

## **THE PERSONALITY**

*The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.*

*Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.*

**Your Personality number is 27/9**



You have an impressive and aristocratic bearing. No matter how tall you are, you appear noble and upright. You are very much in control of the image you send out to others. Many actors, dancers, and other performers have a 9 Personality Number.

You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate. This is a caution for all 9 Personalities -- they are sometimes aloof and hold themselves above the world. Your challenge is to come down to earth with your fellow man.

Conversely, you have a great compassion for humanity and want to dedicate yourself to improving the lot of others. You are better when dealing with the trials of the many than the trouble of a single person. You are more capable of working on the grand scale, addressing the needs of society, than on a one-to-one basis.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.

## **THE HEART'S DESIRE - PERSONALITY BRIDGE**

*A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.*

*The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.*

*With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.*

**Your Heart's Desire - Personality Bridge number is 7**



This bridge can come only from a combination of either 8 and 1, or 9 and 2. This number urges you to spend more time and effort on spiritual matters, as either combination can cause a person to become too interested in material matters.

Excessive attachment to money, goods, and status quo can make you vulnerable to the temptations of the material world.

## PART II: THE PATH YOU ARE ON

*If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.*

*Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.*

### THE BIRTH DAY NUMBER

*The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.*

#### **Your Birth Day number is 22/4**



You are a hard worker and a conscientious person. You are precise and take great care in what you do. You are highly-principled, disciplined, and responsible. Hafeez, you take your obligations very seriously. You are highly ethical. You can be proud and upright, but, conversely, you are not particularly arrogant. You have compassion for people. You tend to persevere in the face of an obstacle or personality problem.

You love your family and make a wonderful mate. Yet, you are not overly emotional, nor very demonstrative of your love. You tend to understate your affections.

You are constantly focused on the foundations of your life -- whether it is in business, career, or family matters, you take care of the basics. You are highly rational. You are not one for pie-in-the-sky solutions to problems. Nor are you given to get-rich-quick schemes. Yours is the slow, patient

approach, sound and secure.

You are a natural organizer and manager. People -- especially relatives and co-workers -- tend to rely on you. You are perceived as the rock of any endeavor. You can be stubborn and rigid. Your nature is to dig in and wait. This can close you off from solutions or creative ideas. You must work at being more flexible. You often experience frustrations and repression. You are not an emotional person, and perhaps you don't fully understand the emotional realm. This is the reason you can be rather tactless at times.

Be careful to avoid excess work and missing out at smelling the roses of life. You like to be in nature.

## **PART III: YOUR PATH AND YOU**

*We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.*

## **PART IV: SPECIFICS ABOUT YOU**

*Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.*

### **THE BALANCE NUMBER**

*Your Balance number provides guidance on how to best deal with difficult situations.*

*People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.*

*Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.*

#### **Your Balance number is 4**



Hafeez, try to have perspective and a more lighthearted attitude toward emotionally-charged issues. Control your anger. Discipline is your strength.

Also, look at the larger picture and the need for compromise. Your sense of justice must be elevated to another level where such virtues as forgiveness, compassion, and deep understanding are the guiding lights. A practical approach to these ideals, is to try to put yourself in the shoes of the person with whom you are in conflict. There are always more angles to a problem than you tend to acknowledge.

### **THE HIDDEN PASSION**

*Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.*

*Having a talent demands that you nurture and express it. Your Hidden Passion gives you the*

*desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.*

### **Your Hidden Passion number is 5**

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Hafeez, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

## **PLANES OF EXPRESSION; THE PHYSICAL PLANE**

*You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.*

*Your physical plane links you to the material world.*

*Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.*

*Your emotional plane is preoccupied exclusively with feelings.*

*Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.*

*In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least*

utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

*The Physical Plane represents the physical letters in your name.*

### Your Physical Plane of Expression is 10/1



You are active and inspiring; you are daring in business and other areas of life. You have strong likes and dislikes and live according to your opinions. You are charming and witty but get bored easily. You work hard and determined and are very goal-oriented. You thrive on the combination of enthusiasm and challenges, the lack of which makes you dull and disinterested. You are like a flare, burning brightly for a specific duration, but must move on to other projects in order to sustain your excitement.

## THE MENTAL PLANE

*The Mental Plane is based on the mental letters in your name.*

### Your Mental Plane of Expression is 14/5



Hafeez, you have a quick and highly versatile mind. You can absorb great quantities of information quickly and retain the important points. You are impatient with routine procedures and will rebel if forced to conform to any existing pattern for very long. You like to be involved in several projects at the same time. You are dynamic and resourceful.

## THE EMOTIONAL PLANE

*It is not uncommon for a person to have a name dominated by emotional letters.*

### Your Emotional Plane of Expression is 8



Your emotions are powerful, and you tend to dominate in your personal and business relationships. You are likely to be the controlling partner in any relationship. You are highly ambitious. You are driven by your competitive instincts. You tend to be status conscious and want to show the world your success. Money and power are integral parts of your life. You dream of big things in life -- heading corporations, building big businesses, directing large numbers of people.

## THE INTUITIVE PLANE

*A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.*

### Your Intuitive Plane of Expression is 6



You are extremely intuitive and spiritual. You take your spiritual ideas and experiences quite personally. There is a danger of too much attachment to your ideas and thus becoming deluded.

You have talent as a teacher or minister. You have psychic experiences often related to friends and relatives and should take these messages seriously.

## PART V: HOW YOUR CURRENT NAME AFFECTS YOU

*The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.*

### THE MINOR EXPRESSION

*Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).*

*The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.*

*The name you currently use, also affects how you feel about yourself.*

*If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.*

#### **Your Minor Expression is 38/11**



Your short name increases your sensitivity, intuition, and perceptiveness. It leads you toward deeper investigation of the mysteries of life. You are attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Expression number makes you more sensitive to your own shortcomings. It encourages you to work on yourself. You cannot avoid personal transformation under this influence.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate. Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

Your capacity to work with others is also improved. You are now humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

## THE MINOR HEART'S DESIRE

*The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.*

### Your Minor Heart's Desire is 11



Your short name increases your sensitivity, intuition, and perceptiveness. It inspires you to deepen your investigation of the mysteries of life. You are more attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities. At the same time, your Minor Heart's Desire number makes you more sensitive to your own shortcomings. It encourages you to work on yourself.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate.

Your desire to work with others is also improved. You are likely to feel humbler and modest and seek ways to avoid conflict and maintain harmonious relationships.

Your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

## THE MINOR PERSONALITY

*Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.*

### Your Minor Personality is 27/9



You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent

leader, guiding and directing your community toward a better world.

## PART VI: YOUR FUTURE

*The next chapters deal with your ever-changing cycles and how they affect you.*

### YOUR PHYSICAL TRANSIT

*The individual letters of your name are used to find your Transits.*

*Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.*

*Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.*

*The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.*

#### **Your Physical Transit for age is Z**



This is an inspiring period. The Z transit makes it easier for you to overcome limitations and make substantial progress in your life. Financially, this can be a good time as long as you stay focused, work hard, and avoid schemes. You are able to make accurate judgments based on sound intuition. A new and unusual relationship is possible, which could cause numerous changes in your life, including a change in residence.

### YOUR SPIRITUAL TRANSIT

*Your Spiritual Transit is based on your last name.*

#### **Your Spiritual Transit for age is N**



The N transit delivers opportunities to expand your horizon. It is an adventurous period, increasing the possibility of travel or a change in residence.

This is a dynamic time offering new activities and opportunities to make important social contacts. You seek love and fulfillment and are likely to feel more sensual than usual. Sacrifice, adaptability, and flexibility are called for. You will also be concerned with finances and may worry too much about these matters.

You may be more forgetful during this transit. Exercising your intuition is important during this period.

## YOUR ESSENCE CYCLE

*Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.*

*If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.*

### **Hafeez, Your Essence for age is 4**



This a period of much work, attention to detail, and advancement in your career. Your rewards will be directly proportional to your effort. Much will be demanded of you, but you now have the opportunity to lay a sound foundation for your life. You must be orderly and disciplined. Attention to detail in all areas -- especially in personal finances and business -- is a necessity. Your workload will likely increase. Only through the correct management of time and resources will you be able to apportion your energies correctly to meet the increased demands made of you.

You are now being trained in the ways of the world, and only sound practical management will bring you the results you desire. Any flimsy or unsound business practices will likely bring trouble and increased work for you. Only by dealing with reality -- that is, by facing situations exactly as they are, and not how you might like them to be -- will you be able to find the correct path to success.

Avoid feelings of restriction or limitation. Be economical in all your expenditures. Be sure to care for your health. Maintain a healthy diet and follow a sound exercise routine. Pay attention to preventive health methods and get the rest you need. But know when to allow yourself some breathing room. Be moderate in all things, including moderation. Balance is the key to this period.

In-laws and family members can be demanding during this period. People see you as a rock of stability and are naturally attracted to you for support. Be helpful without allowing yourself to be used.

You are being called upon to work hard and establish a firm foundation upon which your life will rest for many years to come.

## YOUR PERSONAL YEAR

*Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.*

*Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.*

*Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.*

### **Your Personal Year cycle for 2026 is 6**



This is a year of progress and financial advancement. Major career opportunities present themselves. It is a challenging year in which personal growth is joined with new responsibilities and challenges. This is a year of domestic responsibility and attention to the needs of family and friends. It is a time of heartfelt emotions and some sacrifice. It is a time for comforting and caring. You realize the importance of your place within your community. You will be called upon to help others bear their burdens. You are the proverbial friend in need. Deep feelings bring renewal to relationships and often a birth in the family.

You must work to create an atmosphere of harmony and balance. It is often a time when marital issues surface and need attention. However, you possess the understanding to deal with such

issues effectively if you apply yourself with love and flexibility.

May is an emotional month filled with the promise and the stress of imminent changes. June is a breakthrough and a relief. September brings advancement, October self- reflection and readjustments, and December brings a sense of completion and fulfillment.

### Your Personal Year cycle for 2027 is 7



You will experience a strong tendency to spend more time alone, to delve inside and find some answers and to reach a better understanding of yourself. This is not a year for social activities nor is it a year to try and reach goals on a material level.

You will find that the necessities of daily life seem to be taken care of by themselves. There is no need to be overly concerned regarding your material needs. Without slacking on your daily duties and responsibilities, you can afford to give more attention to yourself. This is a year for inner growth. It is your spiritual and mental presence that requires attention. Improve the quality of your life, read, contemplate and gain insight in yourself. You are important now. Rest and attend to your health.

It is during this year that you strengthen the foundation of your life, after all your success in all matters rests upon the strength of your inner self. There will be many strange and unusual events inspiring you to take a closer look at life and an opportunity is there to experience the joy and beauty of life without any artificial or exterior involvement but purely the growing awareness of yourself. Too much concern and desire for material rewards, Hafeez, will turn this period of your life into a very bad experience indeed, while a "let go and let god " attitude will make this such a fruitful and pleasant year that you may find yourself wondering what you did to deserve this.

## YOUR DUALITIES

*How the yearly cycles affect each other.*

*Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.*

*Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.*

*Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes*

*even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.*

*For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.*

### **Your Duality before your birth day in 2026 is 1 and 6**

This year, you can expect occasional conflict between your ambitious 1 Essence and your family-oriented 6 Personal Year. The influence of the 1 can make you single minded about reaching your goals. Simultaneously, your Yearly cycle could often be dominated by relationship issues with friends, family, or co-workers. Your challenge Hafeez, will be staying connected to the caring nature of the 6, during a time your state of mind feels particularly independent and ambitious.

A 1 Essence during a 6 Personal Year often brings family issues to the surface (as every 6 year does). The 1 is goal-oriented, concerned with the self, and focused on success; the 6 sacrifices time and energy for others. This can create friction. Focusing on your work and projects will probably be easy. Your challenge will be to meet the needs and expectations of your loved ones, while actively pursuing your goals. This will take concerted effort. Even the strongest relationships can be adversely affected during the 1 and 6 Duality.

Circumstances will arise that bring this challenge to the foreground. In a nutshell: even if you are (generally) not in your most giving mood, that is exactly what this period requires of you.

Your Duality combination is favorable for business and career and provides great potential for growth. Your negotiation skills should be heightened, including handling legal matters if they arise. This is, in part, due to the ruthless side of the 1 teaming up with the empathic ability the 6 has to detect the weak spots in others.

You will probably find it takes little effort to motivate others, even bend them to your will. Although this can be positive when used ethically, it reflects another challenge to the 1/6 combination. Be cautious about manipulating or taking unfair advantage of those less savvy or in a weaker position.

Due to its focus on relationships and responsibilities, the 1 and 6 increases the potential for both positive and negative experiences regarding relationships. It is rare to go through this cycle without a powerful and memorable emotional experience. It is a period of choices, commitment, and the desire to pursue new experiences.

### **Your Duality after your birth day in 2026 is 4 and 6**

Hafeez, when you read your 4 Essence and 6 Personal Year chapters, you may have noticed they have little in common. However, they do share an important trait: they are both realistic and practical (although in different ways). This makes it a better combination than expected, not only for the practical areas of your life - business, finance, household - but also for your relationships, even romance.

Your Essence affects your mindset and the way you feel about the situations you will encounter. Although it is efficient and detail-oriented, the 4 can be slow and rigid. Its plodding, methodical approach can cause frustration and make you feel like you are slogging through mud.

Your 6 Personal Year affects the circumstances and events you will face this year. Unlike the 4, the 6 doesn't get hung up on details and is much better at interacting with people. This will help the 4 speed things up and overcome personality conflicts and other relationship issues.

However, both influences tend to increase the pressure to get things done. The efficient 4 places much of its focus on career and business, and the sacrificing 6 attracts responsibilities and commitments. With so much attention devoted to tasks and obligations, you might feel a bit overwhelmed at times. Patience and persistence will be key to your success during this demanding period.

Another concern for the 6 is its tendency toward gullibility; its nurturing, sympathetic nature can make you more vulnerable than usual. Make sure to stand up for yourself.

Your greatest asset this year lies in your ability to connect with people. Romance and other close relationships are highly favored, and long-term commitments tend to work out well. Even co-workers and business partners are more likely to cooperate with you during this period.

### **Your Duality before your birth day in 2027 is 4 and 7**

When you read about your Essence and Personal Year cycles, Hafeez, they may not have looked like a promising combination. However, when the 4 and 7 team up they inspire a number of deep and positive personal changes. This is one of the strongest combinations for intellectual and spiritual growth.

Normally, the 4 combined with almost any other number, prioritizes practical matters such as business, career, and finances. However, teamed with the 7, you could find yourself drawn to more idealistic and intangible interests, including some you may have considered eccentric, or brushed off as nonsense at a different point in your life.

The 7 inspires the recognition that there is more to life than either work or play. The 7 bends the

path of the 4 away from the practical/material side of life and directs it toward the spiritual, abstract, and philosophical. This influence increases your awareness and the potential for perceptive insight and understanding, if not wisdom. As your Personal Year number, it will deliver the circumstances you need to bring this awareness about.

Although you will still benefit from the sensible, efficient mind of your 4 Essence, you may not be as concerned with the aspects of work and stability it usually inspires. Still, looking back, it is very likely you will view this period as a time of breakthroughs in the way you view yourself and your relationship to the world around you. This is a year for growth, particularly on a personal level.

Although you will grow and become stronger this year, your relationships might not fare as well. With your focus primarily on your own needs, you may not be as responsive as usual to the concerns and priorities of others and have less patience for issues that distract you. Although your loved ones should always be considered, being a little self-centered may be just what you need right now.

## PART VII: YOUR MONTHLY CYCLES

*Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.*

### YOUR PERSONAL MONTH

*The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.*

#### Your Personal Month cycle for month is ~PERSY~ 1



This month brings new beginnings in several areas of your life. You have more energy and are ready to implement some changes in your life. Display aggression in your career and it will progress nicely. Start new projects. Take a chance. A 6 Personal Year often brings considerable financial gain, particularly in or around the months of April (this month) or November.

This is also a time in which matters of the heart come to some kind of climax. Young lovers get married, married people re-commit, and troubled relationships either work it out or separate.

The month of April brings challenges in the area of communication. Be careful what you say and how you say it, so you don't stick your foot in your mouth. Actively pursue the things you want in your career, finances, and love-life. Romance is very positive now and more people find their soul-mate during this period than at any other time during the 9-year cycle.

#### Your Personal Month cycle for month is ~PERSY~ 2



May is a 2 Personal Month in a 6 Personal Year and focuses on harmony and diplomacy in all relationships, including the work-environment. You are more sensitive and aware of the feelings of others than you were last month, and you will be called upon to use those abilities.

You will find yourself in the role of mediator/peacemaker in order to maintain harmony in the work place. Become a hard-nosed yet diplomatic negotiator. Find a balance between tact and sensitivity

on one hand, and persistence and conviction on the other. You will be able to meet these challenges and will come through with flying colors. Financial rewards will come. Keep things organized and take care of details or else you may find yourself in chaos by the end of this month.

If you are involved in a legal tangle, and quite a few people in this stage of their Personal Rhythm Cycle are, you will gain some ground and find good reasons to be optimistic.

Romance is highly favored now, especially for new relationships.

### Your Personal Month cycle for month is ~PERSY~ 3



This is an excellent time to give yourself a break. Take some time off. Enjoy yourself. Don't be too serious. This is a time of enhanced creativity and originality. Become involved in playful activities. Participate in social events. You will meet new people who offer a welcome change to the routine aspects of your life.

Your career may seem unpredictable now but will be much better next month. "Luck" in financial affairs is likely now. Romance is also favorable.

The emphasize of this month is on fun and leisure. Enjoy.

### Your Personal Month cycle for month is ~PERSY~ 4



Hafeez, it is a time to seriously apply yourself to your duties and responsibilities. Take charge in home, career, and community affairs. Be patient and apply yourself to routine and details diligently. Organize your personal life and your career. Tie up loose ends. Start projects that will improve your living situation such as repairing the house or starting a garden.

Someone in your circle of friends and relatives needs help. Usually, this is a younger person who has not yet found stability or purpose in life.

This month may well bring an excellent opportunity in your own career. Focus on legal affairs. Discipline and effort are the key-words for this month.

Romance takes a more serious turn. Expectations are expressed, and commitments made.

### Your Personal Month cycle for month is ~PERSY~ 5



August brings some changes in work and your personal life. It is a dynamic time, and nothing goes according to plans. Play things by ear.

Your career progresses well as a result of your enhanced ability to find creative solutions. You make a good impression on some people who are in a position to reward you. There will, however, be a confrontation between you and a co-worker, with long-ranging affects. The outcome will depend on your personal strength and self-confidence. If you are involved in business deals or legal affairs, some surprising changes may take place. In all areas of your life, flexibility and adaptability are important. Your friends and family require a lot of attention. Social gatherings are frequent and will bring new relationships into your life.

Traveling, perhaps across the ocean, is possible and favorable.

Romance is exciting. Be socially active. If you are single, you could meet someone who will be a permanent part of your life.

#### Your Personal Month cycle for month is ~PERSY~ 6



September will force you to deal with the issues of responsibility and loyalty. Devote your time and energy to the needs of family and community. Become involved in some sort of activity that will benefit others financially. You will, and should be, concerned less with your own financial affairs, than with those involving others. Be selfless and generous in all areas of your life. It is a time to forgive and heal. You are highly aware of your bond with the people you love, as well as with neighbors and co-workers.

Legal affairs you might be involved in come to the foreground. Financially, September has the potential to be very good.

Romance is shaky. Choose your words well and follow up on promises. Don't forget birthdays.

#### Your Personal Month cycle for month is ~PERSY~ 7



Distance yourself somewhat from the affairs and troubles of other people. During the course of this year you have been asked to help, counsel, and advise others many times. Now, give yourself a break. Spend time alone for contemplation and meditation. Study and reading are also favorable. Your workload does not decrease but much of it is routine and allows you to mentally drift. Still, your mind is sharp, and you can easily concentrate when you want to.

Inner healing takes place. Old wounds may be reopened. There is some sadness and nostalgia, but the healing is real and needed. This is a time of spiritual growth. Postpone decisions regarding

financial affairs, if possible, until next month.

Matters of the heart are also a low priority. You are not very clear this month and would rather not be bothered with it. Emphasize your personal well-being. Diet, exercise, and go for walks. Don't distract yourself from soul-searching by watching television or other mind-numbing practices.

In many ways, your experience of this month will set the tone and direction for next year.

### Your Personal Month cycle for month is ~PERSY~ 8



November is an excellent time for business ventures, financial affairs, and all things related to the material world. You receive recognition for past effort in the form of financial rewards, respect, and possibly promotion. Implement any changes you have been considering in your business affairs.

As always, when the 8 shows up in the chart, a certain amount of balancing takes place. Punishment and reward are both possible. If you have put out sincere effort, the reward will be there. However, for some people, an 8 month may bring bad news, after all, the 8 is balance, including the balance between effort and reward.

This is a good time to straighten out financial dealings you may have with friends or relatives as well. This is not a good time to go into debt. But it is a good time for love. Strong feelings and passionate exchanges on the emotional and physical level make this an exciting month.

### Your Personal Month cycle for month is ~PERSY~ 9



December is the second time this year that some letting go has to be done. A relationship is going to end. This can cause some distress, but there are also feelings of gratitude. Your feelings run deep, but you have difficulty expressing them. You feel vulnerable and emotional. You are attracted to giving your time and energy to something outside of yourself. Clean out the garage or attic and donate the excess to charity.

There are changes in the work situation, such as a shift in personnel. In a strange turn of events, you may find yourself having to defend your actions and motivations. Your honesty may be questioned. If you are single, you may meet someone later this month. If you are committed, you may feel you are involved in a roller-coaster kind of relationship. Not to worry, things calm down by the end of the month.

### Your Personal Month cycle for month is ~PERSY~ 8



This, the first month of your 7 Personal Year cycle, brings success and reward from past effort. Self-reliance and confidence are the keys to success this month. Stand up for yourself and show stubborn persistence.

Your career is stable, with few ups and downs, but your finances are less secure.

A conservative attitude to money matters is favorable. Your attention is focused on long-term planning. You have good ideas that may well turn into an additional source of income later this year (during or around October). You also become interested in new avenues of thought or spiritual paths, which will inspire you to study or read.

This month's emphasis is on long-term goals.

Friends and relatives feel that you are a little distant and may get on your case in the hope that you will spend more time with them. Romance is not particularly important. If you are involved with someone, feelings deepen, and the bond becomes stronger.

### Your Personal Month cycle for month is ~PERSY~ 9



February brings a number of changes, most of them occurring inside of you. You awaken to new feelings about your job, your house, and the people around you. It is a time of reevaluating the choices and decisions you have made over the past several years. You gain clarity and understand your motivations and needs better.

You may cause some practical changes as a result of this, and even distance yourself from outdated habits or relationships. There may be some emotional turmoil connected to this, but the feeling of relief is more prominent. This is a tricky time in all areas of relationships. Your irritation threshold is lower than usual. Irrational demands and lack of patience from your side may bring on feelings of guilt and you will probably find yourself apologizing more than once. You have strong idealistic, humanitarian, and spiritual feelings and may want to become more involved in some practical endeavors concerning one or more of these areas of life. However, you will probably postpone any active involvement for the time being, because you feel the time is not right.

Most important this month, is your enhanced clarity in all matters concerning your life and the direction it is taking. It is a time of re-assessment of your values and priorities and the influence of this month will be felt for a long time to come.

The practical aspects of career, business, relationships, and romance are all on the back-burner, but the inner-changes that take place represent a much larger step forward than you will probably realize at this time.

### Your Personal Month cycle for month is ~PERSY~ 1



Hafeez, you may still have a case of the blues on the early days of this month, March soon brings optimism, increased energy, and excitement. You are intellectually sharp and imaginative. You feel that anything is possible and that the sky is the limit. Against the background of self-reflection and soul-searching that's such a major part of this year is this month's sense of spring-time in your heart. This is an excellent time to take on new challenges in your career, to start new endeavors, or, if you are in business or sales, to go out and snare that important new client.

Often, this month brings financial gain, but your attention is more directed towards intellectual accomplishments. Your pride and self-esteem gets a boost.

A more difficult aspect of this month is your relationship with loved ones. You lack the necessary sensitivity to respond properly to the needs of those close to you. Hafeez, you are under the illusion that everyone feels the way you do; that problems are only minor impediments that can be taken in stride. However, your optimistic attitude also inspires them, and they grudgingly respect you for the way you seem to be handling things.

A romantic experience brings passion and excitement either late this month or early next month.

### Your Personal Month cycle for month is ~PERSY~ 2



Now the pendulum swings back from the insensitivity of last month to heightened awareness, especially of others. You are aware of the emotional subtleties that lie beneath the surfaces. You take nothing for granted. Your wisdom and diplomacy will surprise people and prevent several situations from becoming explosive.

Relationships with both subordinates and higher-ups will improve. You receive support and are well-spoken of. Your intuition is keen; rely on it and respect any premonitions you may have. Someone you meet sparks your interest, but you may find that the person is unstable and fragile. You play the role of teacher and counselor in this relationship.

Your understanding and intuition also offer you the means to heal formerly difficult relationships this month.