

WORLD NUMEROLOGY



Personality Profile

HAFEEZ TEST
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THE POWER AND LIMITATIONS OF NUMEROLOGY

Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.

To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.

A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages.

You are unique, and so is your Profile. We hope you enjoy your reading.

YOUR PERSONALITY PROFILE

Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with. Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

Your Personality Profile begins with an overview of the combined influence of the core numbers derived from your name: your Expression, Heart's Desire, and Personality. This has never been done before.

I hope you will take time to read and reflect on the information below. Many aspects become clearer with time and during subsequent readings. I wish you the best on your journey.

SUMMARY

Birth Name is Hafeez N
Short Name is Hafeez Test
Birthdate is December-20-1990
Report start date is February-06-2026

Your core name numbers

Your Expression is 38/11

Your Heart's Desire is 11

Your Personality is 27/9

Your Heart's Desire - Personality Bridge is 7

The path you're on

Your Life Path is 6

Your Birthday is 20/2

Your Life Path - Birth Day Bridge is 4

Your First Challenge is 1

Your Second Challenge is 1

Your Third Challenge is 0

Your Fourth Challenge is 2

The path and you

Your Life Path - Expression Bridge is 5

Your Maturity is 17/8

First Period Cycle is 3

Second Period Cycle is 2

Third Period Cycle is 1

First Pinnacle Cycle is 5

Second Pinnacle Cycle is 3

Third Pinnacle Cycle is 8

Fourth Pinnacle Cycle is 4

Specifics about you

Your Rational Thought is 8

Your Balance is 4

You have a Hidden Passion of 5

You have a Karmic Lesson of 2,3,4,7,9

Your Cornerstone is H

Your Subconscious Self is 4

Your Physical Plane Of Expression is 10/1

Your Mental Plane Of Expression is 14/5

Your Emotional Plane Of Expression is 8

Your Intuitive Plane Of Expression is 6

How your current name affects you

Your Minor Expression is 34/7

Your Minor Heart's Desire is 16/7

Your Minor Personality is 27/9

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.

HOW YOUR NAME NUMBERS STACK UP

Hafeez, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.

All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.

This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.

Your Core Name Numbers are 11, 11, 9

Hafeez, both your Expression and your Heart's Desire numbers are 11/2 (the 11 is a Master Number, more about that later, but they are based on 2 and we will start with that. This number combination generates a resilient, intuitive, and sensitive energy. Teamed with your 9 Personality number, this arrangement offers a limited range of career options, but with excellent potential. This will be true particularly in fields that rely heavily on an ability to relate to others. Your number combination is found among the greatest politicians and military leaders.

The diplomatic (though somewhat manipulative 2) is extremely competent when dealing with other people, especially those with sensitive egos. The 2 is a peacemaker, someone who can bring

harmony and fellowship to the most difficult and conflict-driven environments.

Add to that the global consciousness of the 9 and you can see why politics, or one of its many offshoots, such as diplomacy or civil service, is a popular field for people with these numbers.

Art, music, and a sense of rhythm also come naturally to the 2, although they can be suppressed by insecurity and the inability to cope with criticism - one of the less desirable traits of the 2.

Like anyone, you need to love and feel loved. However, in your case, there is an added dimension. The 2 is your Heart's Desire number, and as such it dominates your needs and desires. This suggests you don't function well unless you are in a partnership.

The 2 normally feels a romantic partner is a necessity and thrives on the support and professional familiarity of coworkers. You would probably be happiest in an environment that supplies frequent interaction with people working toward the same goal. The military, law enforcement, construction, professional sports, or a small or mid-size corporation are a few examples.

Your personal life can be a little challenging, especially when it comes to matters of the heart. You may have difficulty fending off verbal abuse or criticism and likely avoid confrontation. In addition, some people with this combination tend to draw the wrong people into their lives (a surprising inconsistency considering the 2's intuition is significantly more finely tuned than other numbers).

This subconscious drive to help people who are weak or damaged may cause you to ignore the inner voice warning you to back away. If this is your experience, work on self-confidence, and being more selective about the people you allow into your life. Beware of escaping into denial or a propensity to blame others.

Now let's look at each of your core numbers individually.

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 38/11



Yours is the most highly charged Expression number of all. You are like a lightning rod, attracting powerful ideas, intuitions, and even psychic information like unpredictable bolts. You are a powerful presence without any awareness on your part of having personal power. You are a channel for higher vibrations. But in order to be emotionally and psychologically at peace, you must learn to control that flow of energy. You possess a bridge between the unconscious and the conscious.

The trouble is that the unconscious is an infinite resource, while consciousness by definition is a limited arena. The two are therefore at odds until they can learn to live in harmony with each other. This is where control comes in. Until you are able to control the flow of energy from this infinite source, you may feel like a victim of its whimsy, thrown about by emotional turmoil and nervous tensions.

You have always sensed that you are different, but it was an indefinable feeling. You are enormously sensitive and aware, especially as a child. This made you vulnerable to all conflicts and painful situations. For most of your upbringing, however, you did not realize that other people did not possess the same sensitivity, nor did they see the same things you were seeing. This caused a great reservoir of emotion that was dammed up behind an inability to express your feelings, even to yourself.

For this reason, most 11 Expressions have a difficult childhood. Your extreme sensitivity made you very shy as a child. This usually manifests in adulthood as hesitation and acute vulnerability. You are very careful about sharing your feelings with others and choosing your friends.

You compensated for your sense of separation in childhood by creating an elaborate fantasy world. You daydreamed more than other children. You have a lively imagination and even in adulthood have a hard time separating reality from fantasy.

Your challenge is to bring forth your primitive, earthy strength. You need to be grounded in order to deal with your lightning bolts. The more you are able to call upon your inherent human strength, the greater your capacity to take advantage of your extremely sensitive awareness. Once this is accomplished, your

antagonist becomes your benefactor.

You are highly emotional and dependent upon relationships. Emotionally, you go up and down with the fortunes of your love life.

You are idealistic, impractical, and at times disorderly. You are often unrealistic in your expectations. Your reasons for doing things are usually born of a mixture of logic, emotion, and intuition, which can rarely be explained satisfactorily to your more rational associates.

The 11 Expression is the number most dependent upon other core numbers in your chart for insight into your vocation. The 11 charges every area it enters, but it needs a grounding vocation and discipline to be effective. A balanced 11 is one of the most unique and impressive of all people. It is gifted with insight and illumination, which it can transmit to others. This makes you a natural teacher in whatever area you enter.

THE HEART'S DESIRE

The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 11



You have wisdom beyond your years. Even as a child, your understanding of life was considerable, though it likely went unrecognized by others.

You are a born peacemaker. You are driven by a desire to settle conflicts and create harmony. You are a healer and a visionary. You long to make the world a better place and cannot rest until you have dedicated your life to some worthwhile cause. Your realm is ideas and philosophy. You are attracted to the world of energy more than to the mechanical or material planes. Philosophy, religion, and less traditional forms of healing are among your specialties. You are obsessed with the quest for enlightenment.

You are extremely sensitive and possess a high degree of intuition. Subtle messages and feelings of others do not escape your attention. You are powerfully aware of the thoughts and feelings of others. Unless you are well grounded, this can throw you about emotionally. Your awareness can be both a gift as well as a problem, because you so deeply desire to please others and keep harmony in your environment.

Many 11s were born into extremely hostile or turbulent families. This often resulted in psychological pain, lack of confidence, and shyness during childhood. Somehow, the child with an 11 heart's desire recognized the sources of his family's problem. This created an internal conflict for the child, who naturally loved the troubled parent, but could not cope with that parent's behavior. Therefore, many 11s are scarred early in life. They understand the sufferings of others and seek to be of service in some way.

This is, in fact, the easiest way for you to heal yourself and find your greatest satisfaction. You understand the importance of close, loving relationships. Therefore, you are selective in choosing your friends and spouse. You are a romantic, idealistic, but somewhat impractical person. Unless you have other balancing characteristics (as indicated by 1s, 4s, and 8s in your chart), it is wise to team up with a more practical and realistic partner.

You have a magnetic and charismatic personality. You like pondering abstract matters. Your intelligence is electric. Ideas, solutions to problems, and inventions seem to come to you as if out of the blue.

You are highly charged and intense. This can cause nervous tension. You need to care for your nervous system with ample amounts of rest, a peaceful environment, and proper diet -- avoiding extreme foods and drugs.

You are often more concerned with universal justice than with the individual.

The 11 is a master number, possessing great potential. It has been entrusted to you as a gift that you are worthy of. The key is to maintain a hold on your ideals and seek ways to practically implement them.

You have a specific role and gift to give to the world. This requires time and maturity to fully comprehend. But with patience and perseverance, you will discover why you felt different and even unique as a child. At that time, you will discover that what made you feel weak as a child will make you strong and confident as a mature adult.

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 27/9



You have an impressive and aristocratic bearing. No matter how tall you are, you appear noble and upright. You are very much in control of the image you send out to others. Many actors, dancers, and other performers have a 9 Personality Number.

You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate. This is a caution for all 9 Personalities -- they are sometimes aloof and hold themselves above the world. Your challenge is to come down to earth with your fellow man.

Conversely, you have a great compassion for humanity and want to dedicate yourself to improving the lot of others. You are better when dealing with the trials of the many than the trouble of a single person. You are more capable of working on the grand scale, addressing the needs of society, than on a one-to-one basis.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 7



This bridge can come only from a combination of either 8 and 1, or 9 and 2. This number urges you to spend more time and effort on spiritual matters, as either combination can cause a person to become too interested in material matters. Excessive attachment to money, goods, and status quo can make you vulnerable to the temptations of the material world.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 6



You possess great compassion and seek to be of service to others. You have concern for the weak and the downtrodden. You are a healer and a helper to others. You are capable of giving comfort to those in need and will frequently offer a shoulder for others to cry on. Your task in life is to develop the tools necessary to be truly helpful to others, rather than to simply be a sympathetic ear.

You must find the balance between help and interference. In the same way, you must learn the delicate art of the counselor who knows when to leave the struggle to others and when to avoid taking away the necessary experiences and lessons of life. You are naturally balanced. Therefore, you are well equipped to support and ground others in times of trial.

It is in your nature to take on responsibility -- you often fill the void left by others -- and do not turn away from personal sacrifice. At times, you may feel overburdened by the travails of others. However, the love

others bestow upon you is your well-deserved reward. You try to maintain harmony within the family or group, balancing and fusing divergent forces. You seek marriage and are often a wonderful parent, offering warmth, protection, and understanding to children.

You are generous, kind, and attractive. You are often admired even adored which baffles you. You are humble and yet you carry a deep pride. You move well and gracefully but will have to work to stay in shape. Seek out physical exercise and limit the sweets and dairy you crave to keep yourself from becoming plump and round.

When young, you must be careful not to choose partners for the wrong reasons. Do not let sentimentality influence your decision, especially those involving the choice of a spouse. You need to be needed but must learn to discriminate between those you can help and others who are made weaker by your care. After all, it is in your nature to be attracted to the weaker brothers and sisters among us.

The temptation, and the danger for you, is to think of yourself as the savior of the world, carrying the burdens of others on your shoulders.

You are blessed with musical talent, as well as in the visual and performing arts. However, your creativity may well be suppressed due to your willingness to sacrifice, or your inability to fully appreciate your talents.

This is not to say that you cannot excel in these areas; on the contrary, you have the talent, and with effort you can make a success in a number of artistic fields. You also have enormous talent in business. You are blessed with a great deal of charm and charisma, which you use effectively to attract the people and support you need.

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 20/2



You are sensitive, intuitive, and diplomatic. You are aware of your surroundings and easily influenced by your environment. You love beauty and attention. Your sensitivity makes you highly emotional and vulnerable to being hurt. You can fall victim to depression and lack of confidence.

Your talents lie in personal relations and diplomatic skills. You are keenly aware of what is on the minds of others and can usually adjust to create peace and harmony with others. In the same way, you possess the art of a diplomat, helping others find the middle ground and area of agreement. You may also possess artistic

and musical ability.

You are warm and affectionate and need the same from your close friends and loved ones. You want to be hugged and cuddled. There is a tendency to fall into childhood patterns when giving and receiving affection. You like to be made to feel secure and safe.

You are very cooperative and work best in partnerships. You enjoy being the power behind the throne, rather than the figure on stage. You are modest and kind. You have great diplomatic skills. Your intuition allows you to perceive what another wants even before he or she says it. You are the glue that keeps important projects and groups together. While you may not get all the credit you deserve, you are indispensable in any endeavor.

You can continue a project better than start it. You are very attentive to details. You need harmonious and peaceful environments. Without them, you can easily become stressed and high-strung.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 4



Your 4 Bridge tells us that your Life Path and Birth Day numbers will be brought into more harmonious affiliation if you take a disciplined, coordinated approach to your endeavors. In your case, the need to be in accord with the natural timeline of events is particularly important. Procrastination affects everyone, but you will feel the consequences of inaction more strongly. Handling issues in a timely manner prevents chaos and increases the influence you will have on your own circumstances.

Another aspect of a 4 Bridge is the need to keep a close eye on the small, seemingly trivial, details. Everything about your 4 Bridge points to the benefits of running a tight ship.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 1



You must learn to be independent. You will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power. You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual.

This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts. You will learn your own set of values; you will develop into an individual with original and innovative ideas.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 1

Hafeez you are repeating your First Challenge

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

Your Third and Main Challenge is 0



This is a less demanding challenge. Growth is allowed to take place without one particularly serious obstacle. This does not mean that there will not be challenges on your path, but there is no single and consistent challenge during this period. However, you are being challenged to stay faithful and focused on your highest ideals.

There is an opportunity to go deeper within yourself, and discover the inner being that is you.

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at

approximately age of 60.

Your Fourth Challenge is 2



You are overly sensitive and too aware of other peoples' expectations. You suppress yourself to avoid feeling conspicuous. You can be overwhelmed by self-consciousness. You fear gossip about you. As a result, you become inhibited. All of this results in a suppression of your own individuality and uniqueness. You yearn to blend into the crowd.

You let your own feelings and emotions play too big a role. Your hypersensitivity causes fear, timidity and lack of self-confidence. And you experience unnecessary fear and emotional turmoil. Little things seem disproportionately difficult to overcome and sometimes have a paralyzing effect. Jealousy can cause much pain and misunderstanding.

These negative aspects of the challenge actually spring in part from positive characteristics you possess, especially your acute awareness and intuition. You are an antenna for other people's feelings; you know before a word is spoken how they feel.

You lack the inner strength to maintain your own center and try to conform to the prevailing emotional atmosphere.

This challenge makes you understanding and compassionate; you have an enormous empathy for the inner turmoil of others and can do much good for people with emotional problems.

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.

Your Life Path - Expression Bridge number is 5



Your 5 bridge suggests you a need to be more flexible and adaptable. Be willing to go out on a limb; try being more adventurous and unconventional. A dynamic approach will be helpful in the challenges and opportunities you encounter, especially when your career is involved. (This is less the case in your personal life.) Make freedom, and freedom of expression, a high priority in your life.

Your strength lies in using your creative talents in a business-oriented manner. Your weakness is your tendency to suppress your creativity in favor of proven methods, even if you know there are better ways. Don't be afraid to make waves.

MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 17/8



As you mature, you will grow in success and financial reward. You will find yourself deepening your commitment to your work. You will find it easier to overcome difficulties that manifest in your path. Your capacity to use power will grow; you will be recognized as a pillar of influence and dependability within your community. You will have to be strong

and self-disciplined to avoid sudden painful material losses. Beware of ego-inflation, the surest symptom of an imminent fall.

The 8 Maturity Number requires a certain degree of detachment from material success; otherwise it will rule your personality and make money an obsession. Detachment allows you to remain focused on the higher values of mankind. One of your important motivations should be a desire to build, create, or market in order to enjoy the game of business.

Your wisdom and sheer common sense are recognized by many and will attract important positions. It is possible that you will be given responsibility for the care and management of another person's property. You may also be asked to guide large institutions.

If you already have several 8s in your chart, especially in the core numbers, you will have to guard against selfishness, accumulation for the sake of status, and greed. If you have few 8s in your chart, or none at all, your opportunity to achieve the success and financial independence is greatly increased.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 3 and lasts until age 30



The early part of your life revolves around communication and self-expression. You find yourself drawn to the company of artists and eccentrics and are less comfortable in conventional settings. Social events are important and help you burn off some of that restless, creative energy.

You may have difficulty staying focused on a goal to its completion, as you find that boredom kicks in quickly and patience is not your forte. Others find you charming, attractive, even charismatic, but you must be careful not to waste energy on superficial projects or relationships. Discipline and focus are essential to lay a foundation you will build on for the rest of your life.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 2



The middle part of your life is a period for learning to tune into your sensitive, intuitive side. You are drawn to interact with people on a personal level. You recognize the subtle signs that reveal what others are experiencing, and your ability to influence people improves. You become more diplomatic and tactful and are able to diffuse potentially troubling situations.

However, you may also feel you are growing more fragile. Emotions play a large role during a 2 Period. It is your challenge to maintain a realistic perspective, and to stay grounded. Devoting time to the arts, especially music, ballet, theater, and other performing arts, helps you feel connected and involved.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 1



The latter part of your life will likely find you in a position of leadership. You act rather than react; you are an instigator, a self-starter. You may move in a new direction during this period. You will need to be proactive to overcome obstacles. Courage, self-confidence, and perseverance (more than the support of others) will be required to reach your goals.

Many people become less active or involved when they reach their later years; you experience renewed energy and drive. This is a period of integrating different aspects of who you are and focusing on your life's dream. The people who are close to you may suggest slowing down, but you are meant to make your greatest advancement later in life.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 5 and runs from birth until approximately age 30



This is a period that will teach the realities of freedom and expansion. You will travel great distances, meet many new and interesting people, experience many adventures, and essentially come to know the world. You are in a period of accelerated experimentation and learning. Experience is your teacher. Your ability with words is greatly increased. You can write and speak with ease. You are also able to successfully promote yourself. In fact, this is the source of much adventure; new opportunities for work, travel, and exotic experiences present themselves with regularity.

Your challenge is to prevent yourself from becoming a rolling stone. You need to ground yourself in a particular discipline, career, or relationship. This will not limit your freedoms so much as give you a base for operation. Otherwise, you may find yourself skipping from one meaningless job to the next, one superficial relationship after another. You can also fall victim to the abuse of food, alcohol, sex, or drugs. You must accept limitations as a necessary base for your freedom. Freedom cannot exist without limitations, otherwise you would be without identity, and without existence.

You may fear being anchored or tied down, which can cause you to skim the surface of a pursuit you enjoy, or important relationships. You must come to know the true meaning of freedom, which is unconditional love. You give your love and energy without the condition of holding on to a place, a person, or an

occupation; and you expect the same in return -- to be loved for what you are, rather than someone who belongs to another. There is a highly spiritual path offering itself that requires detachment without loss of love. Many turn away from this and instead choose to maintain a superficial relationship with the world, or with other people.

You must cultivate your talents, especially your verbal and writing abilities. You are likely a gifted salesperson, or promoter.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 3 and runs from age 30 until age 39



This is a highly creative period. Your self-expression is greatly enhanced. Your creative and artistic talents will peak. You should do everything possible to refine these abilities and make the most of them. Many under the 3 Pinnacle are drawn to writing, the theater, singing, and dance. Your chances of success are also heightened. Hard work in any artistic field that one has a talent for can result in much reward. This is also a highly social and emotional time. You attract friends and admirers with your charm and gregarious nature. You have the ability to inspire and motivate people. Your upbeat energy causes people to want to work with and for you.

This is a lucky period, as well. You can overcome problems with considerably less effort than in the past. All of this can lead to self-indulgence and lack of productivity. Life is a little easier, which can make you less vigilant. You need focus and discipline. Under the influence of this Pinnacle, hard work is the key and the challenge to making the most of your opportunities.

Be careful of impulsive behavior or doing things on a lark. You must know your limits during this period. Be careful of your money; balance your accounts. Guard against disorderly thinking and behavior. Otherwise, you may do things you regret or simply squander away so many opportunities.

Children born under this Pinnacle must be disciplined and kept from being spoiled. An early education in the arts will inspire the child to make the most of his or her artistic talents.

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 8 and runs from age 39 until age 48



Hafeez, under the influences of this Pinnacle, you will have greatly enhanced talent for dealing successfully with business and finances. This is a time of material growth, a time of expansion and reward. It is the cycle of harvest. The 8 Pinnacle also increases your personal power. You have sound judgment and vision. In fact, this is the basis of your financial success. People sense your power and effectiveness. They defer to you much more easily and look to you for answers. This makes it easier for you to use power without having to be a bully or force your way through situations. They perceive your able-ness and want to join you in your vision. Others have faith in you.

You will be able to organize large enterprises. Problems do not threaten you so much as provide a challenge. You yourself sense your enhanced personal powers and feel a growing sense of stability and centeredness. You will be capable of influencing matter in an almost magical way. As a result, you are extremely goal oriented, moving toward the realization of your dreams with confidence and clarity. Your challenge during this period is to maintain a hold on your human and spiritual values. You must remain balanced between heaven and earth. There will be enormous temptations to make money and status your only priorities, excluding the more human or immaterial matters entirely. This will undoubtedly lead to losses. You are being tested and instructed in the real value of money -- it's natural place in life. If money is placed on a high altar, overshadowing all other facets of life, you will become its slave. If you are balanced in your approach to money, and have proper perspective, this can be a truly rewarding period, both materially and spiritually. That is the true promise of the 8.

The number 8 symbolizes the balance between the finite and infinite, matter and spirit. It offers a great opportunity to grow.

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Your Fourth Pinnacle cycle is 4 and runs from age 48 until age death.



This is a Pinnacle of hard work and many rewards. You have the opportunity to build a foundation that will last. Your ability as an organizer, manager, or simply the rock of any institution is greatly increased. You are dependable and reliable. Your ability to fulfill responsibilities is likewise enhanced. As a result of your industry and perseverance, success is well within your reach. It is a step-by-step process in which you build something by small bricks laid one after another.

You will find yourself caring for others in a very material way. Family and in-laws can be burdensome, since you are seen as the cornerstone of the foundation.

Your life is preoccupied with details and responsibilities that must be taken care of. You have set in motion projects that are your children, demanding your constant attention. While there are many rewards, there are

also many frustrations. Your sense of your own limits and the consuming nature of details may at times seem overwhelming. You must remember that things that last require slow growth. You may mistakenly believe that your progress should be faster or happen with greater ease. The need for efficiency, orderliness, and methodical systems limit your creativity. Your challenge is to be flexible and adaptable. Learn to play more and allow yourself to be more spontaneous.

Children born under this Pinnacle will tend to be serious and affected by the financial limitations of their parents. The child may feel the need to leave home early and start a family of his own. He or she must be encouraged to be more farsighted and flexible. The child should avoid jumping into the harsh realities of life too soon.

PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 8



You are the visionary, and you focus on the larger picture. You ignore the details in favor of spectacular solutions. You love to blow someone's mind.

You understand the balance between the rational and the irrational, and you have no problem combining the two. You have a vivid imagination and you are often surprised that others don't immediately grasp a concept that seems clear and logical to you. You have little patience when others allow fear and caution to slow down a project.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 4



Hafeez, try to have perspective and a more lighthearted attitude toward emotionally-charged issues. Control your anger. Discipline is your strength.

Also, look at the larger picture and the need for compromise. Your sense of justice must be elevated to another level where such virtues as forgiveness, compassion, and deep understanding are the guiding lights. A practical approach to these ideals, is to try to put yourself in the shoes of the person with whom you are in conflict. There are always more angles to a problem than you tend to acknowledge.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

Your Hidden Passion number is 5

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Hafeez, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas

we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.

Your Karmic Lesson is 2

You must learn to be more diplomatic and tactful, to stay in the background when necessary and sometimes to accomplish something without the need to be praised and rewarded. Learn to be part of a team. You must learn to be more sensitive to other peoples' needs and feelings. You will regularly find yourself in a situation where the only road to success is through patience and attention, requiring you to work closely cooperatively with others.

The effects of this Karmic Lesson are diminished if you have at least one 2 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 3

You are highly self-critical. Every time you find yourself at the center of attention, you manage to find something in your performance to be entirely inadequate or embarrassing. You have established an impossible standard of perfection as the only measure of your actions.

You need to lighten up on yourself. Realize that you have within you a critical faculty that must be contained and controlled. Otherwise, it can prevent you from doing what you truly enjoy in life. You're too serious. Be more optimistic and cheerful, enjoy life as it was meant to be and share this joy with others.

Life will put you in situations that require imagination and communication. You will be tested in these areas. You will be forced to face the challenge.

Missing threes will often produce artists, but their success requires much work and perseverance.

The effects of this Karmic Lesson are diminished if you have at least one 3 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 4

You feel confusion about your life's direction. You will have to establish a methodical and disciplined

approach. You need to create a foundation for your life. Otherwise, you will feel lost and tossed about by change. You have trouble finding the work you do best. You tend to be somewhat impractical and disorganized.

You look for the answers to life's problems outside yourself, rather than within. New jobs start off as The Answer, but do not have the same glamour for long. You quickly discover that the new work requires the same effort and perseverance, without the excitement you expected, which may cause you to give up too soon.

Concentration and application need to be strengthened.

The effects of this Karmic Lesson are diminished if you have at least one 4 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 7

You need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self-condemnation, in order to bring your abilities to their full development. You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 9

You must learn to be more compassionate, tolerant, and understanding. You have to learn to identify with the trials of others. There will be times when you will have to sacrifice some egocentric ambition for the good of a particular project or some larger goal.

You must learn to broaden your view of life. You have to see things on a larger scale. You do not realize the enormous potential you have in influencing your own destiny and that of others. Therefore, you hold back your efforts at helping people, or furthering a particular social cause. You have an issue with commitment to community or mankind.

The effects of this Karmic Lesson are diminished if you have at least one 9 among your core numbers (Life Path, Birthday, Expression, Hearts Desire, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is H



You are creative and original. You make and lose money easily. However, you will probably do well financially in the long run. You are independent and you rely on your own judgment. You may be a loner. Skepticism and self-doubt are your greatest enemies. You need time in nature to feel your true self and re-establish your direction and clarity.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 4



You may tend to lose yourself in trivial details, causing confusion and indecisiveness, and even paralyzing your ability to react quickly and forcefully. You have to learn to trust your instincts and to act quickly. Hesitation and procrastination have to be avoided.

You need a solid foundation in your life. You need a family and work-environment in which you have responsibility, dependents, and the rewards that come with completing specific tasks.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a

name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 10/1



You are active and inspiring; you are daring in business and other areas of life. You have strong likes and dislikes and live according to your opinions. You are charming and witty but get bored easily. You work hard and determined and are very goal-oriented. You thrive on the combination of enthusiasm and challenges, the lack of which makes you dull and disinterested. You are like a flare, burning brightly for a specific duration, but must move on to other projects in order to sustain your excitement.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 14/5



Hafeez, you have a quick and highly versatile mind. You can absorb great quantities of information quickly and retain the important points. You are impatient with routine procedures and will rebel if forced to conform to any existing pattern for very long. You like to be involved in several projects at the same time. You are dynamic and resourceful.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 8



Your emotions are powerful, and you tend to dominate in your personal and business relationships. You are likely to be the controlling partner in any relationship. You are highly ambitious. You are driven by your competitive instincts. You tend to be status conscious and want to show the world your success. Money and power are integral parts of your life. You dream of big things in life -- heading corporations, building big businesses, directing large numbers of people.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 6



You are extremely intuitive and spiritual. You take your spiritual ideas and experiences quite personally. There is a danger of too much attachment to your ideas and thus becoming deluded.

You have talent as a teacher or minister. You have psychic experiences often related to friends and relatives and should take these messages seriously.

PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 34/7



Your short name stimulates your desire for knowledge. It helps you to specialize and to deepen your understanding of a particular subject. It helps you to focus.

Your Minor Expression number encourages you to accumulate knowledge regarding the mysteries of life. It makes you a more analytical thinker. You are better able to look below the surface of things. You don't take things at face value. You may desire more time for private contemplation and meditation. This is a pull to spend more time alone.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 16/7



Your shortened name increases your desire to study, focus, and specialize in one particular field. It increases your need for privacy, contemplation, and meditation. You turn inward more and reflect on your inner nature. You are also more likely to ponder the deeper questions of life.

Your Minor Heart's Desire enhances your intelligence and ability to deal with abstract information. You may find yourself expressing a kind of off-beat humor, as well. Sevens are highly refined and intuitive. They do not take things at face value but seek the depths of understanding.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Personality is 27/9



You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.