

WORLD NUMEROLOGY



Yearly & Monthly Forecast

EMILY BROWN

By Master Numerologist Hans Decoz | worldnumerology.com



ABOUT YOUR FORECAST

Your Personal Numerology Forecast reveals the energy and influences you will encounter this year, preparing you for the unexpected changes life can bring.

Your Personal Year describes the external trends and circumstances likely to affect you. Your Transit and Essence cycles identify your mental, emotional, and spiritual state of mind during this period.

Dualities merge the impact these different, overlapping cycles will have and showing what you can do to get the most out of their combined influence.

Personal Month cycles describe the influences of the numbers in place during that month.

About your forecast - we include the current year and next year to ensure your forecast covers a full year, even if you order it late in the year.

Please verify that the name and date of birth showing below are accurate.

Full name at birth: Emily Brown

Current name: Emily Brown

Birthdate: November-10-1992

Report Start Date: August-28-2026

The Path And You

First Period Cycle is 11

Second Period Cycle is 1

Third Period Cycle is 3

First Pinnacle Cycle is 3

Second Pinnacle Cycle is 4

Third Pinnacle Cycle is 7

Fourth Pinnacle Cycle is 5

YOUR PHYSICAL TRANSIT

Your Physical Transit for age 33 and 34 and 35 is M

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit for age 33 and 34 and 35 is R

YOUR ESSENCE CYCLE

Your Essence for age 36 is 4

Your Essence for age 37 is 9

Your Essence for age 38 is 6

Your Essence for age 39 is 6

Your Essence for age 40 is 6

YOUR PERSONAL YEAR

Your Personal Year cycle for 2029 is 7

Your Personal Year cycle for 2030 is 8

Your Personal Year cycle for 2031 is 9

Your Personal Year cycle for 2032 is 1

Your Personal Year cycle for 2033 is 2

YOUR DUALITIES

Your Duality in 2026 is 4 and 4

Your Duality in 2027 is 4 and 5

YOUR PERSONAL MONTH

Your Personal Month for January-12 is 7

Your Personal Month for February-12 is 8

Your Personal Month for March-12 is 9

Your Personal Month for April-12 is 1

Your Personal Month for May-12 is 2

Your Personal Month for June-12 is 3

Your Personal Month for July-12 is 4

Your Personal Month for August-12 is 5

Your Personal Month for September-12 is 6

Your Personal Month for October-12 is 7

Your Personal Month for November-12 is 8

Your Personal Month for December-12 is 9

YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

Your First Period Cycle is 11 and lasts until age 30



The first part of your life is a period of slow and patient development. You are acutely sensitive to your surroundings and highly intuitive. You possess a gift for peacemaking, and early on discover the power of gentle persuasion. This is a time to cultivate your talents for tact, diplomacy, and cooperation with others.

Musical and other artistic talents are developed. Partnerships become important, requiring understanding and compromise. Patience and flexibility are essential for success. Your gentle, cooperative attitude attracts others who are happy to support you. Seeking beauty, harmonious environments, nature, and close companionship brings contentment. This is a period of slow but steady progress.

YOUR SECOND PERIOD CYCLE

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

Emily, your Second Period Cycle is 1 and lasts until age 57



The middle years of your life (approximately ages 30 to 60) find you on an intense path of personal growth. You are required to adapt frequently to the many ups and downs in your life.

When 1 rules the second Period Cycle it focuses on self-empowerment. To facilitate this, situations occur that force you to dig deep to find the courage required to face your challenges. You have love and support, but circumstances will often demand that you rely heavily on your own strengths.

Fortunately, throughout this approximately thirty-year period, you often have confirmation that your

gut feelings are correct and feel you are moving in the right direction. You will likely find yourself in a leadership position, strengthening your self-confidence even more.

YOUR THIRD PERIOD CYCLE

The Third Cycle represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Emily, your Third Period Cycle is 3 and lasts for the rest of your life



The latter part of your life finds you "growing older" more slowly than your peers. The excitable, scattered, creative energy of the 3 can resemble an elixir from the fountain of youth. However, there is a tendency to waste time and energy on unproductive projects.

You have many original ideas, but you may have difficulty differentiating between lead balloons and those that can fly. Your 3 energy is uplifting and motivating, which draws people to you. However, staying focused may be a challenge, which could affect your ability to reach your goal.

Your need to express yourself through art, especially the verbal or performing arts increases with age.

YOUR FIRST PINNACLE CYCLE

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's. This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Emily, your First Pinnacle Cycle is 3 and runs from birth until approximately age 30



This is a highly creative period. Your self-expression is greatly enhanced. Your creative and artistic talents will peak. You should do everything possible to refine these abilities and make the most of them. Many under the 3 Pinnacle are drawn to writing, the theater, singing, and dance. Your chances of success are also heightened. Hard work in any artistic field that one has a talent for can result in much reward. This is also a highly social and emotional time. You attract friends and admirers with your charm and gregarious nature. You have the ability to inspire and motivate people. Your upbeat energy causes people to want to work with and for you.

This is a lucky period, as well. You can overcome problems with considerably less effort than in the past. All of this can lead to self-indulgence and lack of productivity. Life is a little easier, which can make you less vigilant. You need focus and discipline. Under the influence of this Pinnacle, hard work is the key and the challenge to making the most of your opportunities.

Be careful of impulsive behavior or doing things on a lark. You must know your limits during this period. Be careful of your money; balance your accounts. Guard against disorderly thinking and behavior. Otherwise, you may do things you regret or simply squander away so many opportunities.

Children born under this Pinnacle must be disciplined and kept from being spoiled. An early education in the arts will inspire the child to make the most of his or her artistic talents.

YOUR SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Emily, your Second Pinnacle Cycle is 4 and lasts until age 39 and runs from age 30 until age 39



This is a Pinnacle of hard work and many rewards. You have the opportunity to build a foundation that will last. Your ability as an organizer, manager, or simply the rock of any institution is greatly increased. You are dependable and reliable. Your ability to fulfill responsibilities is likewise enhanced. As a result of your industry and perseverance, success is well within your reach. It is a step-by-step process in which you build something by small bricks laid one after another.

You will find yourself caring for others in a very material way. Family and in-laws can be burdensome, since you are seen as the cornerstone of the foundation.

Your life is preoccupied with details and responsibilities that must be taken care of. You have set in motion projects that are your children, demanding your constant attention. While there are many rewards, there are also many frustrations. Your sense of your own limits and the consuming nature of details may at times seem overwhelming. You must remember that things that last require slow growth. You may mistakenly believe that your progress should be faster or happen with greater ease. The need for efficiency, orderliness, and methodical systems limit your creativity. Your challenge is to be flexible and adaptable. Learn to play more and allow yourself to be more spontaneous.

Children born under this Pinnacle will tend to be serious and affected by the financial limitations of their parents. The child may feel the need to leave home early and start a family of his own. He or she must be encouraged to be more farsighted and flexible. The child should avoid jumping into the harsh realities of life too soon.

YOUR THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Emily, your Third Pinnacle Cycle is 7 and lasts until age 48 and runs from age 39 until age 48



This is a period of inner development and soul searching. Emily, you will deal with the deeply important questions of personal existence and the meaning of life. You will need time to be alone to contemplate your inner world. This is a time of spiritual growth. You will experience a heightened sense of faith. The power of the universe will be the force that carries you along. During this 7 Pinnacle, spiritual growth, increased knowledge, and wisdom are the big rewards. The 7 Pinnacle provides the basis for contentment in older age, because you now begin to understand life more deeply.

You have an enhanced appreciation of poetry and nature. Walks in nature provide great therapeutic value and spiritual nourishment.

This is a time of specialization. You will pursue some course of development with fervor and focus. Your ability to concentrate will be greatly increased. Your desire to study in all forms -- reading, self-reflection, and contemplation -- will reach an all-time high. Your intuition is much more sensitive, making your path a little easier and more direct, since you know intuitively the appropriate next step.

Under this Pinnacle, you will become an expert in one particular field. Your capacity to penetrate the depths of a subject area is enormous. You will look below the surface in virtually everything you encounter. It is very possible that you will find yourself in a teaching role.

You must consciously work on your closer relationships, especially with your spouse and children. You must explain that your desire to turn inward is not an escape or an avoidance of those you love, but a deep need for knowledge. Your challenge is to avoid becoming critical or cynical of others. You can become so withdrawn from society that you look down on others. You may forget that you, too, are part of the imperfect human race. Sarcasm is the lowest form of communication, and a trap you could fall victim to.

Your desire to attain some high degree of perfection is sincere. But that pursuit can make you miserable if you lose perspective and fail to realize the relativity of human existence. Perfection is a Utopian goal, but an unrealistic ambition. It can cause you to be dissatisfied with yourself and others.

The 7 provides the possibility of true refinement, insight, and a high degree of wisdom. This deep understanding is the basis for self-love and true happiness.

YOUR FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Emily, your Fourth Pinnacle Cycle is 5 and runs from age 48 until age death.



This is a period that will teach the realities of freedom and expansion. You will travel great distances, meet many new and interesting people, experience many adventures, and essentially come to know the world. You are in a period of accelerated experimentation and learning. Experience is your teacher. Your ability with words is greatly increased. You can write and speak with ease. You are also able to successfully promote yourself. In fact, this is the source of much adventure; new opportunities for work, travel, and exotic experiences present themselves with regularity.

Your challenge is to prevent yourself from becoming a rolling stone. You need to ground yourself in a particular discipline, career, or relationship. This will not limit your freedoms so much as give you a base for operation. Otherwise, you may find yourself skipping from one meaningless job to the next, one superficial relationship after another. You can also fall victim to the abuse of food, alcohol, sex, or drugs. You must accept limitations as a necessary base for your freedom. Freedom cannot exist without limitations, otherwise you would be without identity, and without existence.

You may fear being anchored or tied down, which can cause you to skim the surface of a pursuit you enjoy, or important relationships. You must come to know the true meaning of freedom, which is unconditional love. You give your love and energy without the condition of holding on to a place, a person, or an occupation; and you expect the same in return -- to be loved for what you are, rather than someone who belongs to another. There is a highly spiritual path offering itself that requires detachment without loss of love. Many turn away from this and instead choose to maintain a superficial relationship with the world, or with other people.

You must cultivate your talents, especially your verbal and writing abilities. You are likely a gifted salesperson, or promoter.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age 36 is M



This is a time for hard work and a practical approach. You may appear reticent or remote which can create distance between you and those you are close to you; try to express your feelings. Relationships may be demanding and require more sacrifice.

Think carefully before making important decisions. Try not being impulsive and don't let your changing moods influence your direction. Take your time!

Your Physical Transit for age 37 is I



This could be a particularly emotional time with many ups and downs. The I Transit can make you feel high-strung and vulnerable to stress - and somewhat accident prone. This period requires calmness, centeredness, and an acceptance of life. Do your best to control your moods and try not to slip into feelings of self-pity or insecurity. This year should also find you quite competitive, with opportunities to achieve success and financial reward.

Your Physical Transit for age 38 is I



This could be a particularly emotional time with many ups and downs. The I Transit can make you feel high-strung and vulnerable to stress - and somewhat accident prone. This period requires calmness, centeredness, and an acceptance of life. Do your best to control your moods and try not to slip into feelings of self-pity or insecurity. This year should also find you quite competitive, with opportunities to

achieve success and financial reward.

Your Physical Transit for age 39 is I



This could be a particularly emotional time with many ups and downs. The I Transit can make you feel high-strung and vulnerable to stress - and somewhat accident prone. This period requires calmness, centeredness, and an acceptance of life. Do your best to control your moods and try not to slip into feelings of self-pity or insecurity. This year should also find you quite competitive, with opportunities to achieve success and financial reward.

Your Physical Transit for age 40 is I



This could be a particularly emotional time with many ups and downs. The I Transit can make you feel high-strung and vulnerable to stress - and somewhat accident prone. This period requires calmness, centeredness, and an acceptance of life. Do your best to control your moods and try not to slip into feelings of self-pity or insecurity. This year should also find you quite competitive, with opportunities to achieve success and financial reward.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age 36 is R



You have deeper understanding and insight during this transit. It is a time to deal with money, power, and authority. You have an opportunity to elevate your financial status and personal growth. This is a period where you are likely to meet the best and the worst. You must exercise caution in everything you do and every decision you make. Be aware of your surroundings.

Your Spiritual Transit for age 37 is R



You have deeper understanding and insight during this transit. It is a time to deal with money, power, and authority. You have an opportunity to elevate your financial status and personal growth. This is a period where you are likely to meet the best and the worst. You must exercise caution in everything you do and every

decision you make. Be aware of your surroundings.

Your Spiritual Transit for age 38 is O



This is a time of strong emotional experiences, which can affect your health if you are not mindful. You may find yourself worrying unduly. It is likely that more responsibility will be placed on your shoulders, with sensitive, emotional issues involved. You will find yourself more interested in religious, philosophical, and physical studies. Your leadership abilities will be heightened during this transit.

Your Spiritual Transit for age 39 is O



This is a time of strong emotional experiences, which can affect your health if you are not mindful. You may find yourself worrying unduly. It is likely that more responsibility will be placed on your shoulders, with sensitive, emotional issues involved. You will find yourself more interested in religious, philosophical, and physical studies. Your leadership abilities will be heightened during this transit.

Your Spiritual Transit for age 40 is O



This is a time of strong emotional experiences, which can affect your health if you are not mindful. You may find yourself worrying unduly. It is likely that more responsibility will be placed on your shoulders, with sensitive, emotional issues involved. You will find yourself more interested in religious, philosophical, and physical studies. Your leadership abilities will be heightened during this transit.

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Your Essence for age 36 is 4



This a period of much work, attention to detail, and advancement in your career. Your rewards will be directly proportional to your effort. Much will be demanded of you, but you now have the opportunity to lay a sound foundation for your life. You must be orderly and disciplined. Attention to detail in all areas -- especially in personal finances and business -- is a necessity. Your workload will likely increase. Only through the correct management of time and resources will you be able to apportion your energies correctly to meet the increased demands made of you.

You are now being trained in the ways of the world, and only sound practical management will bring you the results you desire. Any flimsy or unsound business practices will likely bring trouble and increased work for you. Only by dealing with reality -- that is, by facing situations exactly as they are, and not how you might like them to be -- will you be able to find the correct path to success.

Avoid feelings of restriction or limitation. Be economical in all your expenditures. Be sure to care for your health. Maintain a healthy diet and follow a sound exercise routine. Pay attention to preventive health methods and get the rest you need. But know when to allow yourself some breathing room. Be moderate in all things, including moderation. Balance is the key to this period.

In-laws and family members can be demanding during this period. People see you as a rock of stability and are naturally attracted to you for support. Be helpful without allowing yourself to be used.

You are being called upon to work hard and establish a firm foundation upon which your life will rest for many years to come.

Your Essence for age 37 is 9



Emily, this is a period during which your ideals will be tested and forged anew. You will be broadened in ways that you would never have dreamed possible. You will likely experience a dramatic psychological and spiritual expansion. Old relationships that no longer have a place in your life will be let go of. Even old habits or characteristics that you believed were fundamental to your identity seem to evaporate. There is a need to forgive those in your past and let them get on with their lives, as you must with yours. Hanging on to negative attachments, either out of anger or a sense that justice has not yet been done, will bring you much misery and, if the courts are involved, protracted lawsuits.

You now have the ability to reach out to the masses. This is a time requiring much self-sacrifice and service to others. You are deeply affected by the pain and sufferings of others, and will feel a need to change your milieu or society for the better.

Those in the arts, especially actors, writers, and other performers, will see an enhancement of their talents and the opening of many new opportunities for advancement.

Your focus is outward in a big way. Teach, perform, and advance society in your own way. Dedicate yourself to a higher cause. These are the areas that will meet with much success. Conversely, selfishness, negativity, and pettiness will blow up in your face. The time demands a broad view of life. You are now the visionary, who must see the greater trends in humanity. Out of this will come much compassion for all. This is the lesson of the period: That as you work for the greater good of society, you will be personally rewarded, so much so that your cup will runneth over.

Your Essence for age 38 is 6



This is a time of responsibility, duty, family matters, and high ideals. Emily, you will be called upon to support others and maintain a high life condition while you do it. Others look to you as an inspiration and a source of guidance. There is an element of self-sacrifice present in that you must serve those closest to you. Unselfishness and a willingness to be of help to others are the keys to your success.

You will likely experience advancement in business, career, and financial matters. Progress comes more easily during this period, as new opportunities open up to you. At the same time, your achievements bring added responsibility and new demands. You will have to devote yourself entirely to the task at hand to realize your goals.

This can be an emotional period, as family members may be demanding. The whole issue of love comes to the forefront. Your ability to love and be loved will become starkly clear. This is an essence during which many marriages and divorces take place. People discover how much they truly love their partner, or how little love they have in their lives.

Protect your family relationships. Work to maintain harmony in your home. Especially stay focused on the needs of children.

There can be a domineering figure in your life who can oppress you during this time. The key is to be balanced and centered when dealing with all authority figures. Refuse to act rashly or emotionally. Remain focused and in harmony with your long-term goals.

If you keep a strong hold on your ideals, you will gain many supporters and admirers. This brings many great rewards and much appreciation. New and lasting friends come into your life now, and many seek to advance you along the lines of your abilities.

There is a strong artistic urge present. Those with artistic talent, or already working in the arts, will find their abilities greatly enhanced, with many new and rewarding chances for advancement. Most people under the 6 Essence will improve their lives and experience growth in their career goals.

Your Essence for age 39 is 6



This is a time of responsibility, duty, family matters, and high ideals. Emily, you will be called upon to support others and maintain a high life condition while you do it. Others look to you as an inspiration and a source of guidance. There is an element of self-sacrifice present in that you must serve those closest to you. Unselfishness and a willingness to be of help to others are the keys to your success.

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Your Essence for age 40 is 6



This is a time of responsibility, duty, family matters, and high ideals. Emily, you will be called upon to support others and maintain a high life condition while you do it. Others look to you as an inspiration and a source of guidance. There is an element of self-sacrifice present in that you must serve those closest to you. Unselfishness and a willingness to be of help to others are the keys to your success.

You will likely experience advancement in business, career, and financial matters. Progress comes more easily during this period, as new opportunities open up to you. At the same time, your achievements bring added responsibility and new demands. You will have to devote yourself entirely to the task at hand to realize your goals.

This can be an emotional period, as family members may be demanding. The whole issue of love comes to the forefront. Your ability to love and be loved will become starkly clear. This is an essence during which many marriages and divorces take place. People discover how much they truly love their partner, or how little love they have in their lives.

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There is a strong artistic urge present. Those with artistic talent, or already working in the arts, will find their abilities greatly enhanced, with many new and rewarding chances for advancement. Most people under the 6 Essence will improve their lives and experience growth in their career goals.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2029 is 7



You will experience a strong tendency to spend more time alone, to delve inside and find some answers and to reach a better understanding of yourself. This is not a year for social activities nor is it a year to try and reach goals on a material level.

You will find that the necessities of daily life seem to be taken care of by themselves. There is no need to be overly concerned regarding your material needs. Without slacking on your daily duties and responsibilities, you can afford to give more attention to yourself. This is a year for inner growth. It is your spiritual and mental presence that requires attention. Improve the quality of your life, read, contemplate and gain insight in yourself. You are important now. Rest and attend to your health.

It is during this year that you strengthen the foundation of your life, after all your success in all matters rests upon the strength of your inner self. There will be many strange and unusual events inspiring you to take a closer look at life and an opportunity is there to experience the joy and beauty of life without any artificial or exterior involvement but purely the growing awareness of yourself. Too much concern and desire for material rewards, Emily, will turn this period of your life into a very bad experience indeed, while a "let go and let god " attitude will make this such a fruitful and pleasant year that you may find yourself wondering what you did to deserve this.

Your Personal Year cycle for 2030 is 8



After last year's constant involvement with yourself and very possible occasional doubts about the state of your business or career you will find this year to be a relief. Things finally work out. Long postponed checks and promotions come through. You see the light at the end of your financial tunnel and an inner strength and confidence is breaking through. This is your year of harvest and, depending on the effort you put out in the past seven years, your reward will be equally large.

There is a beauty in these cycles we can recognize and understand and in doing so we find ourselves "in the flow" and there is no more need to try and struggle upstream. So this year you will have an opportunity to involve yourself fully in work and material growth and bring home the rewards, at the same time a certain detachment is also necessary, for you and for the experience you have because it is not the reward that brings you happiness but your experience of life, which is why before the rewarding eight year you have had such opportunity for growth during the soul-searching of a seven year. Give in to your ambitions, you will find yourself clearer and more focused and able to pursue and reach your goals. Your power is visible and strong, mental creativity is high, vision and intuition will guide you, and at the same time you are more efficient and focused.

There can be loss, serious loss, bankruptcy and failure, because always the rewards are directly proportionate to your effort and motivation, however you know the effort you put out and you know your motivations, so there must be no room for fear and doubt, only for success and winning and this year will undoubtedly turn out to be a very satisfying year.

Your Personal Year cycle for 2031 is 9



This is your year to finish up all unfinished business, to clean house and make room for new things. On a material level this is a good time to get rid of unnecessary weight, to give away or sell what you do not need anymore and to pay off old debts.

On a spiritual level you will experience a different mode altogether. Your attention should turn to others and their needs, find ways to be of help and give time and energy to worthwhile causes. You must lighten your burden of questions and doubts and the best way to do so is by directing your attention to another direction, away from yourself and you will find yourself becoming lighter and more in touch with yourself. This is a time of completion, problems can be solved and over with, strained relationships relax or disappear, the sources of stress in work or business can be better understood and dealt with. Be social and communicative, enjoy music and other arts. Your creativity is higher than usual.

There can be some difficulties this year due to your desire to face obstacles and overcome them,

decisions have to be taken and courage and strength may be severely tested several times, this is not going to be an easy year all the time but you will feel relieved and on the brink of a positive breakthrough by the end of this year. This is the end of a nine year epicycle and will you will feel many times the excitement of a new and promising era when optimism is your friend but you will also experience the fear of letting go, however the more you let go the more room there is to be filled during the next epicycle.

Your Personal Year cycle for 2032 is 1



Be ready for major changes. You will be inspired to start new projects or enterprises. You will feel a strong forward push toward new goals. This is a time for vision and planning. Share your dream with others; make plans, get the necessary support, but, above all, rely on yourself as the driving force. Be decisive!

You are starting a new nine year Epicycle. Everything you do now will affect your future. Do not hold back the inner force of creation. Be direct, daring, and bold. You will have more confidence and determination this year, particularly in comparison with last year, which was a time of letting go. This year represents a time of birth. It's a time to take charge and to apply yourself to your dream.

This is also a good time to make the personal changes you have long wanted to make: Start a diet and/or an exercise program, or begin a new course of study.

There may be some emotional turmoil, especially in the first two or three months. It takes a while to get the ball rolling. There are many changes you must make and much work to be done. Be open-minded, organized, and focused. Avoid distractions and procrastination. You are at a crossroads. You will need courage and a clear head to stay on the right track. This is a year of opportunities.

The key months in your year ahead are March, in which you are able to lay the foundation to your plans; April, in which changes take place such as a change of residence or career; July and August mark a time in which you will see the fruits of your labors begin to take place; October represents a major turn in events, often fraught with emotional turmoil; the fall marks a coalescing of your plans into more concrete form.

Your Personal Year cycle for 2033 is 2



This is a year to carefully protect and nurture your plans. You will be like a mother watching over her children, conscious of every threat, real or imagined. You need tact and cooperation to keep yourself moving forward. There will likely be confrontations with others, requiring a subtle and gentle approach. You will have to

stay focused on your goals, yet use intelligent persuasion. Being forceful may work against you; compromises will work in your favor.

You will be unusually sensitive and may wonder at times what happened to the drive and momentum you felt last year. This year requires something else from you now -- a delicate sense of balance and a willingness to go around obstacles, without losing sight of your goal. You may also experience some emotional depressions and frustrations. The year is marked by struggle, but there are many opportunities to advance your plans. This is a year of slow growth, requiring patience.

Be discriminating in your associations and secretive about your plans. Don't talk too much about your ideas; be a bit secretive; guard yourself and your ideas. You are somewhat vulnerable this year.

This is a good year to improve yourself through reading and research. Your growing awareness of the less visible and less obvious aspects of life will make you much stronger and better prepared for the future.

You must be wise in all your relationships and associations this year. You are far more capable of establishing close, even lifelong relationships this year. Because sensitivity and openness are heightened, many people find their "soul mate" in a two year.

May is the pivotal month in the year. You are extremely intuitive and sensitive. You are also self-reflecting and better able to influence your peers and situation through spiritual awareness. July brings a culmination of plans and a distinct step forward. August sees things become more concrete and brings a new beginning. September is emotional, requiring adjustments, tact, and inner resolve. The 2 year is a year of growth and advancement, but through gentle means, and the indirect use of your personal power.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality in 2026 is 4 and 4

When a 4 Essence cycle runs concurrent with a 4 Personal Year, Emily, it can lead to significant opportunity as well as considerable frustration. When you read the chapters on your 4 Essence and 4 Personal Year cycles, they probably sounded very much alike. However, although their traits are similar, they affect different areas of your life in distinct ways. Also, when both influences are the same, it can throw things off-balance by concentrating too heavily on one set of characteristics.

Your 4 Essence will lend a focused, disciplined, efficient state of mind; your 4 Year will deliver situations that require these practical aspects. This can be a good match, but it also has the potential to make you somewhat rigid and predictable (even boring).

The 4 is a demanding number concerned with making effort and slow but steady progress. There is little doubt you will overcome one or more major obstacles during this period, but not without some bloodletting - figuratively speaking. Many things you attempt could be more difficult than expected, and there may be times you feel as if you are slogging through mud. During these periods, try to recognize that it is precisely this plodding effort and determination that will help you

achieve your goal.

With a double 4 as your duality, your willpower and efficiency should be at an all-time high, increasing your likelihood for success. However, because the traits of the 4 affect both cycles, their influence can become extreme. The negative side of the 4 might cause you to feel overwhelmed or stuck in a rut of routine tasks. Your biggest complaint during this period will probably be the shortage of "me" time.

Your greatest challenge this year will be getting past the temptation to cut corners or choose the easy option. This period requires you to apply yourself and commit fully to your endeavors. Your greatest asset will be your physical and mental strength and stability.

If there are times you find the tediousness nature of the 4 a bit too stable, you may find solace in the knowledge that next year will bring all the change and variety you could ask for. This year use the efficient 4 to its full capacity, to build the solid foundation that will serve you well for some time to come.

Your Duality in 2027 is 4 and 5

Emily, some numbers are each other's opposite and compete for attention, which can cause turmoil. When numbers follow each other (as the 4 and 5 do) they always have opposing traits. Where the numbers appear in your chart also determines the influence they will have.

Your Personal Year number affects the world around you - the events and changing circumstances you will encounter. With a 5 in this position, you can count on ever-changing events and unplanned opportunities that will require adaptability and quick thinking.

Your 4 Essence, on the other hand, prefers to take a deliberate, focused, disciplined approach to the events you face. Clearly, the two cycles have different plans. The challenge lies in your desire for stability being unsettled by the stream of changes you are apt to encounter throughout the year.

You can help bridge the discordant aspects of this Duality by staying open to the unexpected. To take advantage of the year's opportunities you will need to be as flexible and adaptable as possible. This may be a challenge, as your mindset is likely to be more rigid than it would be if you had a different number influencing your Essence). Try not to get flustered when things don't go as planned; a little commotion shaking things up could make your priorities clearer.

On the plus side, you have the attributes you need to stay focused and headed in the right direction, even with the year's disruptions. (Taking an efficient, disciplined approach will help keep you on track).

Your greatest challenge could be maintaining a clear perspective, while your most valuable assets lie in your personal strength, courage, and purpose. Drawn by your dedication and abilities, these qualities will likely inspire others to help you achieve your goals.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month for January-12 is 7



January brings stability and clarity. Your career shows promise, but there is not any promotion or practical gain just yet. If you are involved in legal affairs or have wanted to take care of something that involves the law, this month is a good time to start the necessary procedures. You may be notified of an impending legal procedure that affects you or a loved one.

Study or read and enjoy the much needed quiet after last year's hectic pace. Domestic affairs play a major role during this year and begin now. However, you will be feeling more intellectual than emotional during this month. Tolerance and forgiveness will not come naturally, and you could be a little self-righteous. Try to be more flexible.

Your Personal Month for February-12 is 8



February may bring upheaval in family affairs or with friends. The 8 carries a powerful balancing energy and much of that will be directed to your relationships. The truth will come out and you will have the opportunity to heal relationships that have been damaged by misconceptions. Real relationships will become stronger but superficial ones will break down.

Rewards and recognition in your career will also come to you this month. Often, the 8 Personal Month/6 Personal Year brings considerable progress and financial gain.

Romance is also strongly represented. You meet an attractive person, but the challenge here is to approach the situation with sensitivity and awareness. If you come on strong, you will blow the opportunity. Focus on sensitivity and avoid the temptation to be rude at all costs.

Your Personal Month for March-12 is 9



Whenever the 6 and 9 team up, it is often emotional because you may have to let go of someone close to you. You experience relationships more deeply and feel greater warmth for others. You reach out for contact and substance. Other people will also be drawn to open up their hearts and minds to you. This reflects strongly in your relationship with family and friends, but also in the work-environment. People will come to you with their problems, seeking an understanding ear and a shoulder to cry on. You feel closer to your fellow man, and because of your attractive disposition you will receive much support from others.

Good news may come from your work that will boost your self-esteem. Move slowly and carefully where romance is concerned, however, because you are not in a position to make long-range plans.

Your Personal Month for April-12 is 1



This month brings new beginnings in several areas of your life. You have more energy and are ready to implement some changes in your life. Display aggression in your career and it will progress nicely. Start new projects. Take a chance. A 6 Personal Year often brings considerable financial gain, particularly in or around the months of April (this month) or November.

This is also a time in which matters of the heart come to some kind of climax. Young lovers get married, married people re-commit, and troubled relationships either work it out or separate.

The month of April brings challenges in the area of communication. Be careful what you say and how you say it, so you don't stick your foot in your mouth. Actively pursue the things you want in your career, finances, and love-life. Romance is very positive now and more people find their soul-mate during this period than at any other time during the 9-year cycle.

Your Personal Month for May-12 is 2



May is a 2 Personal Month in a 6 Personal Year and focuses on harmony and diplomacy in all relationships, including the work-environment. You are more sensitive and aware of the feelings of others than you were last month, and you will be called upon to use those abilities.

You will find yourself in the role of mediator/peacemaker in order to maintain harmony in the work place. Become a hard-nosed yet diplomatic negotiator. Find a balance between tact and sensitivity on one hand, and persistence and conviction on the other. You will be able to meet these challenges and will come through with flying colors. Financial rewards will come. Keep things

organized and take care of details or else you may find yourself in chaos by the end of this month.

If you are involved in a legal tangle, and quite a few people in this stage of their Personal Rhythm Cycle are, you will gain some ground and find good reasons to be optimistic.

Romance is highly favored now, especially for new relationships.

Your Personal Month for June-12 is 3



This is an excellent time to give yourself a break. Take some time off. Enjoy yourself. Don't be too serious. This is a time of enhanced creativity and originality. Become involved in playful activities. Participate in social events. You will meet new people who offer a welcome change to the routine aspects of your life.

Your career may seem unpredictable now but will be much better next month. "Luck" in financial affairs is likely now. Romance is also favorable.

The emphasize of this month is on fun and leisure. Enjoy.

Your Personal Month for July-12 is 4



Emily, it is a time to seriously apply yourself to your duties and responsibilities. Take charge in home, career, and community affairs. Be patient and apply yourself to routine and details diligently. Organize your personal life and your career. Tie up loose ends. Start projects that will improve your living situation such as repairing the house or starting a garden.

Someone in your circle of friends and relatives needs help. Usually, this is a younger person who has not yet found stability or purpose in life.

This month may well bring an excellent opportunity in your own career. Focus on legal affairs. Discipline and effort are the key-words for this month.

Romance takes a more serious turn. Expectations are expressed, and commitments made.

Your Personal Month for August-12 is 5



August brings some changes in work and your personal life. It is a dynamic time, and nothing goes according to plans. Play things by ear.

Your career progresses well as a result of your enhanced ability to find creative solutions. You make a good impression on some people who are in a position to reward you.

There will, however, be a confrontation between you and a co-worker, with long-ranging affects. The outcome will depend on your personal strength and self-confidence. If you are involved in business deals or legal affairs, some surprising changes may take place. In all areas of your life, flexibility and adaptability are important. Your friends and family require a lot of attention. Social gatherings are frequent and will bring new relationships into your life.

Traveling, perhaps across the ocean, is possible and favorable.

Romance is exciting. Be socially active. If you are single, you could meet someone who will be a permanent part of your life.

Your Personal Month for September-12 is 6



September will force you to deal with the issues of responsibility and loyalty. Devote your time and energy to the needs of family and community. Become involved in some sort of activity that will benefit others financially. You will, and should be, concerned less with your own financial affairs, than with those involving others. Be selfless and generous in all areas of your life. It is a time to forgive and heal. You are highly aware of your bond with the people you love, as well as with neighbors and co-workers.

Legal affairs you might be involved in come to the foreground. Financially, September has the potential to be very good.

Romance is shaky. Choose your words well and follow up on promises. Don't forget birthdays.

Your Personal Month for October-12 is 7



Distance yourself somewhat from the affairs and troubles of other people. During the course of this year you have been asked to help, counsel, and advise others many times. Now, give yourself a break. Spend time alone for contemplation and meditation. Study and reading are also favorable. Your workload does not decrease but much of it is routine and allows you to mentally drift. Still, your mind is sharp, and you can easily concentrate when you want to.

Inner healing takes place. Old wounds may be reopened. There is some sadness and nostalgia, but the healing is real and needed. This is a time of spiritual growth. Postpone decisions regarding financial affairs, if possible, until next month.

Matters of the heart are also a low priority. You are not very clear this month and would rather not be bothered with it. Emphasize your personal well-being. Diet, exercise, and go for walks. Don't distract yourself from soul-searching by watching television or other mind-numbing practices.

In many ways, your experience of this month will set the tone and direction for next year.

Your Personal Month for November-12 is 8



November is an excellent time for business ventures, financial affairs, and all things related to the material world. You receive recognition for past effort in the form of financial rewards, respect, and possibly promotion. Implement any changes you have been considering in your business affairs.

As always, when the 8 shows up in the chart, a certain amount of balancing takes place. Punishment and reward are both possible. If you have put out sincere effort, the reward will be there. However, for some people, an 8 month may bring bad news, after all, the 8 is balance, including the balance between effort and reward.

This is a good time to straighten out financial dealings you may have with friends or relatives as well. This is not a good time to go into debt. But it is a good time for love. Strong feelings and passionate exchanges on the emotional and physical level make this an exciting month.

Your Personal Month for December-12 is 9



December is the second time this year that some letting go has to be done. A relationship is going to end. This can cause some distress, but there are also feelings of gratitude. Your feelings run deep, but you have difficulty expressing them. You feel vulnerable and emotional. You are attracted to giving your time and energy to something outside of yourself. Clean out the garage or attic and donate the excess to charity.

There are changes in the work situation, such as a shift in personnel. In a strange turn of events, you may find yourself having to defend your actions and motivations. Your honesty may be questioned. If you are single, you may meet someone later this month. If you are committed, you may feel you are involved in a roller-coaster kind of relationship. Not to worry, things calm down by the end of the month.